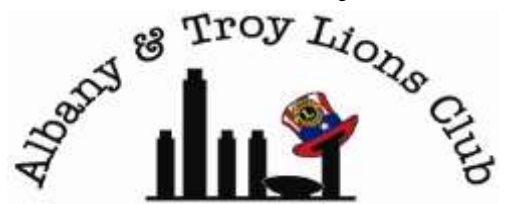




Rare Meat

The newsletter of the



January 2023



Serving the citizens of Albany, Troy and environs since 1925

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Rare Meat editor:

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Holiday Party on Dec 7 at the Gordon residence

Unfortunately, last-minute illnesses and other factors limited attendance to six Lions and five spouses, but thanks to Lion Maryanne's excellent hostessing skills as evidenced by the holiday-themed dinner and games, everyone enjoyed themselves.



Clockwise from the upper left: Lion Chis & Heather; the setting; the food; Lion Mike O'Brien; Michele & Lion John; Lions Larry, Ruth & Maryanne with Mary and Bob; Lion Jerry.

MEMBERSHIP

- IRVIN ACKERMAN
- VICKI ADLER
- JORDAN ALEXANDER
- MICHELLE BAKER
- EVA BASS
- JOANN BEACH
- BOBBY BEARD
- JEFF BENNETT
- JOHN BIANCO
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- DIANE BURKE HART
- TOM HART
- CHRIS HORAN
- MARTIN KEARY
- LARRY KRUG
- DR. DAVID LEVINE
- KRISTIN McVEIGH
- SHAWN NEWTON
- MICHAEL O'BRIEN
- ANDY PITONYAK
- RUTHANN RICHARDS
- RUTH SANO
- GREG SHELTON
- JODI SHELTON
- SUE SHIPE
- DR. ALLEN ZIEKER



Our next meeting



Will be back at the Red Front on Wednesday, January 4, at 6:00 PM. Our speaker will be Rifat Filkins from the Capital District YMCA. As usual, the board meetings will follow the general meeting. So we can give the restaurant a head count, please let me know whether or not you'll be there (jerrygordon@juno.com or voice or text to 518-366-5299).

Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, or for any friends or family members who are willing to help us out, contact Lion Jerry at 518-235-8232 or jerrygordon@juno.com for more bags.



Warm Woolen Wishes

Lion **Ruth Sano** reports, "In November we donated 60 hats to ERC Community Warehouse, 30 hats to St. Catherine's Center, 30 hats, 2 scarves, 3 pairs of gloves and 2 headband ear warmers to Trinity Alliance, 22 chemo hats to Sunmark Credit Union and 30 hats to the Delaware Community School. We also gave **Greg Sheldon** 40 pairs of reading glasses and 15 pairs of sunglasses for distribution at the Popup Produce Market."

WWW + Toys for Tots



As part of our Warm Woolen Wishes project, Lions **Maryanne & Jerry** delivered 24 crocheted hats to Cathy Conroy at the Lansingburgh Boys & Girls Club. Thanks to the efforts of King Lion **Eva Bass**, they also brought 30 toys from Eva's Toys for Tots program.

Also, Warm Woolen Wishes Project delivered 15 hats and 4 pair of fingerless gloves to St. Catherine's Center in December. Also 30 hats were delivered to Eden's Rose Foundation for distribution at their Albany Community Corner Project.



St. Catherine's Center for Children would like to thank Lion **Ruth Sano** from the Albany & Troy Lions Club for all her support by picking up and delivering to us the many holiday gifts donated by our generous community friends. (From Facebook, 12/06/2022)





Three things to go out of town for

1. **The 3rd district cabinet meeting** is in Saratoga Springs on Saturday, Feb 11. See details on page 5.
2. **Lions Day with the U.N.** is in New York City on Friday, March 3. This is a great event, especially for Leos. Learn all about it at tinyurl.com/LDUN23.
3. The **105th Lions Clubs International Convention** is happening in Boston from July 7 to July 11, but here's what you have to know NOW: Registration fee through January 13, 2023 is **\$175**. January 14 through June 30, 2023, the regular registration fee is **\$250**. (It's only \$20 for Leos, now or later.) To register or learn more, visit tinyurl.com/LCIcon23. If you've ever thought about an international convention, this is the one to attend — it will never be closer to us than this.



Here's what's in store for Lions at the convention:

- Enjoy world-class music and live entertainment
- Hear from our leaders and keynote speakers
- March in the Parade of Nations with fellow Lions and Leos
- Learn and grow your skills in expert-lead seminars
- Meet Lions staff in the Exhibit Hall
- Get involved in service projects around Boston

Register by Jan 13 and save \$75 per person!
Visit tinyurl.com/LCIcon23

Enjoy LCIcon and explore Boston!

Boston is a vibrant city with tons of history, perfectly suited for the modern traveler. While you're in Boston for LCIcon 2023, take advantage of the many historical tours, museums and other attractions around the city.

Learn about the American Revolution on the 2.5-mile red brick [Freedom Trail](#) or see how African Americans lived in 19th century Boston on the [Black Heritage Trail](#).

Want to catch a game? Then watch the Red Sox at historic [Fenway Park](#). Or how about a little retail therapy? The city boasts a number of [chic boutiques](#), [high-end shops](#) and historical [marketplaces](#).

If you're hungry, you're in luck — Boston is a major foodie destination with a buzzing restaurant scene. Of course, there's a Dunkin' Donuts around the corner from the convention center, but why not grab brunch at [Gather](#) instead? And if you're looking for that legendary clam chowder, oysters or scallops, then head to [Legal Sea Foods](#) in between sessions.

After a great day at convention, you can end the night with dinner and drinks at [Harpoon Brewery](#). Still not enough? Don't worry—there's [something](#) for everyone in Boston.





Mark Your Calendar

January is Hunger Awareness Month and Glaucoma Awareness Month

Sun, Jan 1: Happy New Year!

Wed, Jan 4, 6 PM: Lions meeting; see page 2.

Fri, Jan 13: Melvin Jones's birthday

Mon, Jan 16: Martin Luther King, Jr Day

Sun, Jan 22: Chinese New Year (Year of the Rabbit)

Sat, Feb 11: 3rd Cabinet Meeting; see page 5.

For other events around the district, visit 20Wlions.org

Coats for Kids

Our thanks to the "coats" team: Lions Michelle Baker, Doug Davis, Dennis Fagan, Jerry Gordon, Diane & Tom Hart, Larry Krug and Ruth Sano . They picked up a total of **447 kid's coats** from several area dry cleaners and brought them to designated distribution points in Albany and Rensselaer counties. We've been doing this project every year since 2012 in cooperation with WXXA-TV, News10/Fox23.



Seal Campaign



This is our annual request for donations that goes out to all A&T Lions as well as a select list of community members. As of 12/22, we've raised **\$1075**, which will go a long way towards helping us to continue to serve our community. If you haven't sent your donation in yet, please consider doing it now.

Shirts

We've added quite a few members since we last ordered **Lions-branded shirts**, so Maryanne and I went to Walsh's in Cohoes to get a quote. We asked about two styles, both in navy blue with the logo on the left chest: a long-sleeve twill and a polo shirt. Both shirts are available in both men's and women's styles and sizes. In the table below, the link is to the detailed specs for each shirt.

The final price depends on the total quantity we order. There is a \$35 digitizing fee; it's a one-time charge and I think we can probably get the club to cover this. There is a \$10 embroidery set-up fee that applies once on every order, not per shirt; I suspect we can probably get the club to cover this, too. The logo will be as shown, except that the club name will be the same gold that's in the logo, not black as shown. Please let me know (jerrygordon@juno.com or 518-366-5299) whether you're interested in either or both.

		1-4	5-11	12-23
Polo shirt	tinyurl.com/lionspolo	\$34.20	31.78	30.20
Long-sleeve	tinyurl.com/lionssleeve	42.75	41.33	38.20
On customer-provided clothing		20.64	19.22	13.05





3rd LIONS DISTRICT 20W CABINET MEETING

SATURDAY, February 11, 2023

Holiday Inn Saratoga Springs, 232 Broadway, Saratoga Springs, NY 12866
(off exit 14 of I-87)

9:30 AM Registration - Meeting Start Time 10:00 AM
\$30 per person includes coffee, donuts, pastries, and buffet lunch

If you are attending, **please RSVP with the bottom part of this form with your check for \$30/pp.**
Mail to: CS Gayle Woodruff, 7423 State Rt 22, West Chazy, NY 12992.
Make checks payable to: District 20W Lions Clubs.

Please return this registration form **no later** than **Tuesday, January 31, 2023.**

Please bring canned/non-perishable food items for the local food pantry.

Hotel Reservations for Friday Night February 10th Simply click the **link** to go directly to the
Holiday Inn Saratoga Springs reservation page: [Lions Club 20W District Meeting](#)
Group code is LCD. Price is \$139

The hotel encourages guests to make their reservations as early as possible to take advantage of the special rate set up for this group.

If you have any questions, please do not hesitate to contact CS Gayle Woodruff at
585-704-7422 or CSgwoodruff@gmail.com

Attending: _____ Name(s): _____

Dietary Restrictions/Allergies: _____

Club: _____ Email: _____



BUY A ROSE PIN

It's not possible for everyone to travel to Irwindale, California, to help decorate the Lions Float. The "Buy a Rose" program gives you a digital front-row seat in the creation of the Float.

Your donation helps Lions Float, Inc. cover the costs that go into putting a float in the Rose Parade. This float represents Lions all over the world - this is **your** float. Be proud and promote your float. <https://lionsfloat.org/rose>



Happy Birthday!

Happy **January** birthday to these A&T Lions:

- 7th: Jeff Bennett
- 14th: Davia Gaddy
- 25th: Rob Brass



Happy Anniversary!


Happy Lions Anniversary to only one **January** inductee:

Andy Pitonyak - 1 year



Got Yarn? Or extra fleece fabric?

If you don't need it anymore,
we can find someone who will use it to make hats,
mittens and scarves for the needy.



Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach our
goal of 500 items by the end of 2022

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com
or
Lion Ruth Sano at 518-859-3796

