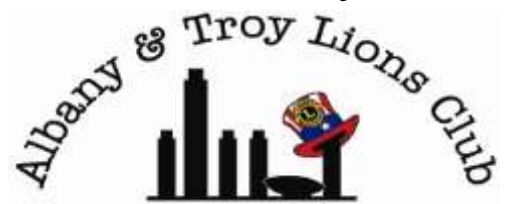




# Rare Meat

The newsletter of the



April 2023



Serving the citizens of Albany, Troy and environs since 1925

## OFFICERS 2022-2023

President:

EVA BASS

1st Vice-President:

JODI SHELDON

2nd Vice-President

GREG SHELDON

3rd Vice-President

IRV ACKERMAN

Secretary:

JERRY GORDON

Treasurer:

RUTH SANO, Club

LARRY KRUG, Char Fund

Tail Twister:

ANDY PITONYAK

Lion Tamer:

JOHN BIANCO

Directors, 1st year of 2:

DAVIA GADDY

SHAWN NEWTON

Directors, 2nd year of 2:

MARYANNE GORDON

MIKE O'BRIEN

Membership Chair:

CHRIS HORAN

Marketing Comm Chair

JORDAN ALEXANDER

Immediate Past Pres:

CAROL QUANTOCK

ALBANY & TROY LIONS

PO Box 192

TROY, NY 12181-0192

(518) 512-2722

info@albanytroylions.org

ALBANYTROYLIONS.ORG

*Rare Meat* editor:

JERRY GORDON

JERRYGORDON@JUNO.COM

518-235-8232

**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

## Report of the March 8 meetings at the Red Front

Greg introduced two potential Lions, Tyhisha "Queen" Ghaffar-Adjei and Mike Messina. In 2007, Queen founded Guardians of Al-Fitrah in New York City, which serves "the poor, hungry, hurt, broken and forgotten." She moved to the Capital Region a few years ago. Having received her completed membership application and check, we voted to accept her as a Lion.

KL Eva suggested cleaning Brotherhood Park in Watervliet as an Earth-Day project. (This is where we installed a playset in 2017.) Other suggestions included helping America Council of the Blind with their lobbying efforts (from Mike O'Brien) and working on the blueberry orchard. Eva will be holding a meeting soon to establish our projects.

[See page 5]

We discussed next year's officers. All of the current board agreed to keep their positions next year except for Jordan. He has recently started a new career in real estate and didn't think he would have the time to devote to PR.

Enough people came forward for us to buy three raffle tickets from the New York State & Bermuda Lions Fund. This will allow us to present an Uplinger Award in the future. We still have more tickets, if anyone else is interested. They're \$100 each, two people can share one, first prize is \$10,000 and the deadline is April 21.

## Our next meeting

Our next get-together will be on **Wednesday, April 5**, at the **Red Front** at **6 PM**. Please let Jerry know whether or not you'll be there.

Our guest speaker will be a return engagement by DG Ricky Laurin. His presentation will include the induction of Queen Ghaffar-Adjei as our newest Lion.

Also, we'll be voting for your officers and board for next year. The slate is on page 2. Please let me know whether or not you'll be there (518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com)).

## Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com) for more bags.

## MEMBERSHIP

IRVIN ACKERMAN

VICKI ADLER

JORDAN ALEXANDER

MICHELLE BAKER

EVA BASS

JOANN BEACH

BOBBY BEARD

JEFF BENNETT

JOHN BIANCO

MARILYN BRADLEY

DR. ROB BRASS

JANE CHOUINIÈRE

DOUG DAVIS

DENNIS FAGAN

ROBIN FORD

DR. STEFAN FOSCO

DAVIA GADDY

JERRY GORDON

MARYANNE GORDON

DR. VICI HARRIS

DIANE BURKE HART

TOM HART

CHRIS HORAN

MARTIN KEARY

LARRY KRUG

DR. DAVID LEVINE

KRISTIN McVEIGH

SHAWN NEWTON

MICHAEL O'BRIEN

ANDY PITONYAK

RUTHANN RICHARDS

RUTH SANO

GREG SHELDON

JODI SHELDON

SUE SHIPE

DR. ALLEN ZIEKER



Slate of Candidates for LY 2023-2024

President	Eva Bass	Lion Tamer	John Bianco
1st Vice President	Jodi Sheldon	Director, 1st of 2 years	Maryanne Gordon
2nd Vice President	Greg Sheldon	Director, 1st of 2 years	Mike O'Brien
3rd Vice President		Director, 2nd of 2 years	Davia Gaddy
Secretary	Jerry Gordon	Director, 2nd of 2 years	Shawn Newton
Treasurer (Club)	Ruth Sano	Membership Chair	Chris Horan
Treasurer (Char Fund)	Larry Krug	Marketing Comm Chair	
Tail Twister	Andy Pitonyak	Immediate Past Pres	

Lion Ruth Reports:

On March 24, another 80 preemie hats were delivered to Julia Geisel at the Ronald McDonald House.



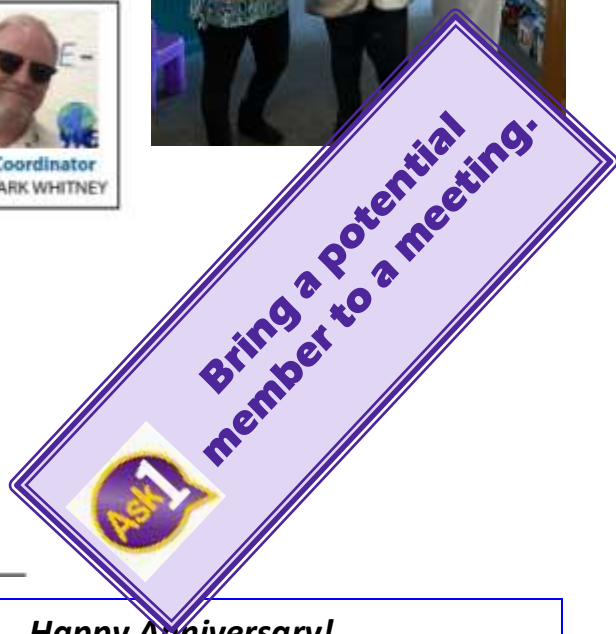
MEMBERS CORNER



Save the date!

Innovative newly redesigned Leadership Forum for Zone Chairs and Club Officer Teams, presented as mentoring workshops in a chronological format as a "Practical Guideline for the Year". This is open to all Lions!

Two separate dates:  
Delta Lake Convention Center in Rome, NY, Saturday April 22nd  
Holiday Inn in Saratoga Springs, NY Sunday April 23rd, 2023



Happy Birthday!

Happy April birthday to these A&T Lions:

- 1st: Michelle Baker
- 18th: Sue Shipe
- 19th: Larry Krug
- 19th: Jodi Sheldon



Happy Anniversary!

Happy Lions Anniversary to these April inductees:

- Davia Gaddy: 2 years (+5 years with Troy LC)
- Jeff Bennet: 10 years
- Vicki Adler: 19 years
- Maryanne Gordon: 24 years
- Rob Brass: 25 years
- Mike O'Brien: 25 years
- Allen Zieker: 25 years

The info on **Shirts** has been in the *Rare Meat* for several months and I've heard from only 4 people. If you want them in time for the International Convention in Boston, we'd better order them soon. **So the deadline for orders is Friday, April 14!**

*Shirts*

We've added quite a few members since we last ordered **Lions-branded shirts**, so Maryanne and I went to Walsh's in Cohoes to get a quote. We asked about two styles, both in navy blue with the logo on the left chest: a long-sleeve twill and a polo shirt. Both shirts are available in both men's and women's styles and sizes. In the table below, the link is to the detailed specs for each shirt.

The final price depends on the total quantity we order. There is a \$35 digitizing fee; it's a one-time charge and I think we can probably get the club to cover this. There is a \$10 embroidery set-up fee that applies once on every order, not per shirt; I suspect we can probably get the club to cover this, too. The logo will be as shown, except that the club name will be the same gold that's in the logo, not black as shown. Please let me know (jerrygordon@juno.com or 518-366-5299) whether you're interested in either or both.

		Qty> 1-4	5-11	12-23
Polo shirt	<a href="http://tinyurl.com/lionspolo">tinyurl.com/lionspolo</a>	\$34.20	31.78	30.20
Long-sleeve	<a href="http://tinyurl.com/lionsleeve">tinyurl.com/lionsleeve</a>	42.75	41.33	38.20
On customer-provided clothing		20.64	19.22	13.05





## Mark Your Calendar

- Wed, April 5: LIONS MEETING!** See page 1. Passover begins at sundown.
- Sun, April 9: Easter
- Fri, April 14: Deadline for Shirts orders; see above**
- Tue, April 18: Taxes due
- Sat, April 22: Earth Day at the blueberry orchard; see page 5**
- Sun, April 23: Leadership Forum in Saratoga Springs; see page 2**
- April 28-30: MD20 Convention in Buffalo; see page 4**

*For other events around the district, visit [20Wlions.org](http://20Wlions.org)*



The **105th Lions Clubs International Convention** is happening in Boston from **July 7 to July 11, 2023**. To register or learn more, visit [tinyurl.com/LCIcon23](https://tinyurl.com/LCIcon23). If you've ever thought about an international convention, this is the one to attend — it will never be closer to us than this!

Make your way to this historic American city to look back at all that we've done as Lions, where we are now and where we'll go next. Join us in Boston as we forge a path for the future.

### Enjoy LCIcon and explore Boston!

Boston is a vibrant city with tons of history, perfectly suited for the modern traveler. While you're in Boston for LCIcon 2023, take advantage of the many historical tours, museums and other attractions around the city.

Learn about the American Revolution on the 2.5-mile red brick [Freedom Trail](#) or see how African Americans lived in 19th century Boston on the [Black Heritage Trail](#).

Want to catch a game? Then watch the Red Sox at historic [Fenway Park](#). Or how about a little retail therapy? The city boasts a number of [chic boutiques](#), [high-end shops](#) and historical [marketplaces](#).

If you're hungry, you're in luck — Boston is a major foodie destination with a buzzing restaurant scene. Of course, there's a Dunkin' Donuts around the corner from the convention center, but why not grab brunch at [Gather](#) instead? And if you're looking for that legendary clam chowder, oysters or scallops, then head to [Legal Sea Foods](#) in between sessions.

After a great day at convention, you can end the night with dinner and drinks at [Harpoon Brewery](#). Still not enough? Don't worry—there's [something](#) for everyone in Boston.

### The Boston Convention and Exhibition Center

The convention center is in Boston's seaport district — a newly developed, conveniently located area that's surrounded by hotels, restaurants and bars, so you'll be able to attend convention, then duck out for a meal or simply relax. And at just 3 miles from Logan International Airport, it won't take you long to get there.

### See you at LCIcon 2023!

We can't wait to see you at the premier Lion event in Boston, so [register now](#) for our 2023 international convention!

#### IMPORTANT UPDATE!

#### MD-20 NEW YORK STATE & BERMUDA BUFFALO CONVENTION

APRIL 28-30, 2023

Attendees must register for the Buffalo Convention  
using the following link:

<https://www.eventbrite.com/e/md-20-lions-clubs-of-nys-and-bermuda-inc-2023-annual-state-convention-tickets-404269369567>

It is important that attendees register for the conference first before  
booking their hotel reservations.

Once registered for the conference they will be directed to book reservations.  
Hotel rooms should not be booked before registering for the conference.

The meal order form is also available on the website.



The Albany & Troy Lions Club presents



# Westhill EARTH DAY

**591 Clinton Ave  
Albany NY 12206**

**At the Lions Club  
Blueberry Orchard**

**Fun Activities  
Youth Events!  
Get Stickers  
Earn Prizes**

**Mural Painting  
Drum Circle  
Gardening  
Clean up**



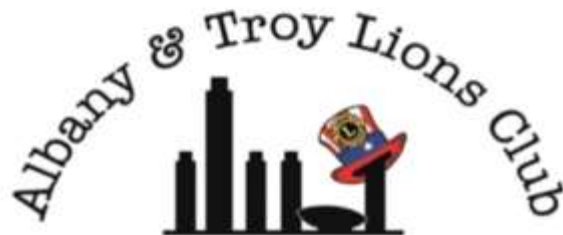
**APRIL 22ND  
11AM - 5:00pm**





## Got Yarn? Or extra fleece fabric?

If you don't need it anymore,  
we can find someone who will use it to make hats,  
mittens and scarves for the needy.



# Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach our  
goal of 500 items by the end of 2022

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.  
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at [albanytroylions@gmail.com](mailto:albanytroylions@gmail.com)

or

Lion Ruth Sano at 518-859-3796

