



Rare Meat

May 2023



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2022-2023

President:
EVA BASS

1st Vice-President:
JODI SHELTON

2nd Vice-President
GREG SHELTON

3rd Vice-President
IRV ACKERMAN

Secretary:
JERRY GORDON

Treasurer:
RUTH SANO, Club
LARRY KRUG, Char Fund

Tail Twister:
ANDY PITONYAK

Lion Tamer:
JOHN BIANCO

Directors, 1st year of 2:
DAVIA GADDY
SHAWN NEWTON

Directors, 2nd year of 2:
MARYANNE GORDON
MIKE O'BRIEN

Membership Chair:
CHRIS HORAN

Marketing Comm Chair
JORDAN ALEXANDER

Immediate Past Pres:
CAROL QUANTOCK

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Report of the April 5 meetings at the Red Front

DG Ricky spoke about the importance of working cooperatively with all age groups. "Seek first to understand, then to be understood." There is an annual training retreat open to all Lions on Sat, April 23, at the Holiday Inn in Saratoga Springs; the 4th Cabinet Meeting is Sat, May 6, in Long Lake; and the DG Testimonial will be a very casual affair in Chazy on Sun, Jun 4.

DG Ricky inducted Lion Queen Ghaffar-Adjei.

Lion Greg then told us about all the activities planned for Earth Day (4/22) at and around the blueberry orchard. We're working together with Wheels Up, Grateful Villages, Eden's Rose and other area orgs. There will be mural painting, a drum circle, pruning and garden clean-up, free bikes and more.

The importance of publicizing this event re-emphasized our need for a PR person. Our visitor, Lion Erena Doan from Barbados Central LC, will be staying with her daughter in Albany until June. She is her club's PR chair and she volunteered to perform that function for us for the next few months while we train someone permanent.

Lion Jerry reminded folks about our Clynk program for recyclable bottles and cans and gave out a few more bags.

We then voted on our officers and board for next year. Lion Marilyn signed up to be 3rd VP, and Lion Davia volunteered for the new role of Club Administrator, which is essentially someone to help Lion Jerry with the various secretarial duties. However, we still have a crucial need for a Marketing Communications Chair.

Since the meeting, John Bianco has announced that he and Michele will be moving to Phoenix to be near their son and imminent first grandchild, thus leaving an opening for a new Lion Tamer.

The new officers and board are shown at the top of the next page.

Our next meeting

Our next get-together will be on **Wednesday, May 3**, at the **Red Front** at **6 PM**. Please let Jerry know whether or not you'll be there. Our guest speaker is TBA.

Please let me know whether or not you'll be there at 518-235-8232 or jerrygordon@juno.com. (Maybe if I repeat it enough, people will respond.)

If you want a Lions logo embroidered onto your own piece of clothing, please bring it to the meeting on May 3.

MEMBERSHIP

IRVIN ACKERMAN

VICKI ADLER

JORDAN ALEXANDER

MICHELLE BAKER

EVA BASS

JOANN BEACH

BOBBY BEARD

JEFF BENNETT

JOHN BIANCO

MARILYN BRADLEY

DR. ROB BRASS

JANE CHOUINIÈRE

DOUG DAVIS

DENNIS FAGAN

ROBIN FORD

DR. STEFAN FOSCO

DAVIA GADDY

QUEEN GHAFFAR-ADJEI

JERRY GORDON

MARYANNE GORDON

DR. VICI HARRIS

DIANE BURKE HART

TOM HART

CHRIS HORAN

MARTIN KEARY

LARRY KRUG

DR. DAVID LEVINE

KRISTIN McVEIGH

SHAWN NEWTON

MICHAEL O'BRIEN

ANDY PITONYAK

RUTHANN RICHARDS

RUTH SANO

GREG SHELTON

JODI SHELTON

SUE SHIPE

DR. ALLEN ZIEKER



Officers for LY 2023-2024

President	Eva Bass	Club Administrator	Davia Gaddy
1st Vice President	Jodi Sheldon	Director, 1st of 2 years	Maryanne Gordon
2nd Vice President	Greg Sheldon	Director, 1st of 2 years	Mike O'Brien
3rd Vice President	Marilyn Bradley	Director, 2nd of 2 years	Davia Gaddy
Secretary	Jerry Gordon	Director, 2nd of 2 years	Shawn Newton
Treasurer (Club)	Ruth Sano	Membership Chair	Chris Horan
Treasurer (Char Fund)	Larry Krug	Marketing Comm Chair	
Tail Twister	Queen Ghaffar-Adjei	Immediate Past Pres	
Lion Tamer			

Dues ...

Lion Ruth will be sending out dues bills soon. Please pay it promptly.

Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or jer-ygordon@juno.com for more bags.

Sighted Guides are needed

Lion Mike O'Brien reports that the American Council of the Blind of New York State (ACBNY) is looking for possible assistance from members of the Lions Club as sighted guides for its blind members, to help them in reaching offices of various legislators in the New York State Capital complex in Albany, during the organization's legislative day on **Monday, May 1**. They expect to be visiting these offices between 10:00 AM and 5:00 PM at the latest.

Four guides would be needed, who wouldn't be involved in advocacy efforts themselves. The guides would meet us at our table, around 9:30 AM, most likely on the 3rd floor of the Legislative Office Building (LOB), near the well. As our exact table spot is clarified, this will be communicated to everyone concerned.

This assistance would be very much welcomed by ACBNY. Please let me know (ASAP) if you might be interested in helping with this project. At our April meeting, several members indicated interest in assisting with this project. Now's the time to firm up your commitment.

Please get back to Lion Mike via phone or text at 518-272-0905, or by email at m.obrien@samobile.net.

Lions Service Areas



Diabetes



Environment



Hunger Relief

Childhood
Cancer

Vision

On a personal note ...



As they have been doing for many years, the Gordons and the Sanos attended NABA's annual Visionary Gala at Franklin Plaza in Troy. It's always a lovely affair, for a very good cause. Ruth and Bob danced up a storm, while Maryanne and Jerry just ate and drank.





Bring a potential member to a meeting.

What Lions did on Earth Day ...

Greg Sheldon says, "Thank you! My heart, my hands, my hopes, they all thank you! All the people from the Albany & Troy Lions Club, Albany Victory Gardens, Grateful Villages, The Eden's Rose Foundation, The Urban Conga, Van Alen Institute, Paesan's Italian Pizzeria, City of Albany and so many volunteers from the community and beyond... You know who you are and we could have never done this without you!"

The Albany & Troy Lions Club presents



Westhill

EARTH DAY



591 Clinton Ave At the Lions Club
Albany NY 12206 Blueberry Orchard

Fun Activities

Youth Events!

Get Stickers

Earn Prizes

Mural Painting

Drum Circle

Gardening

Clean up




APRIL 22ND

11AM - 5:00pm








More of what Lions did on Earth Day ...

Lion Ruth Sano reports: "Today there was an event in Albany at the Albany & Troy Lions Club Blueberry Orchard & Albany Victory Garden for Earth Day. Neighbors helped clean up trash, weed the gardens, paint murals and join a Drum Circle. If a child participated in all 4 activities they were rewarded with a bike from Wheels Up. There were over 100 really happy kids today! We ran out of bikes and have a waiting list for the kids who didn't get their bike. Your donation of bikes you no longer use would help gets these kids their "new" bike. These kids worked really hard today and it was rewarding for me to be a part of the event.

"Lions who were there: Jordan Alexander, Eva Bass, Bobby Beard, Marilyn Bradley, Davia Gaddy, Queen Ghaffar-Adjei, Larry Krug, Ruth Sano, Greg Sheldon, Jodi Sheldon, Erene Doan (Barbados Central LC), Meena Kri. Keshan Sight for Kids Chair at Lions Club Kolkata Prerna District 322B2 (India), and Leo Swati Keshan (same club). Non-Lions who helped: Neha Keshan - RPI doctorate graduating in May—her mother and sister are here from India for the graduation (Lion & Leo listed above); Joan Lutz (my sister) who showed up as a surprise to me and was an absolute energizer bunny at the event.

"It was a very long exhausting day but probably one of the most rewarding I have had as a Lion."



Joan Lutz with Lions Ruth and Erene



Potential Lion Chavez Gibbes cooking up a storm.



Lions Queen, Marilyn, Erene and Davia



And more of what Lions did on Earth Day ...

“We (Jade, Justine, and myself) were at Colonie Center on Saturday for kids of all ages to learn about Earth Day, Lionism and the Eye bank.

- Planting seeds in small pots
- Coloring pages/crayons

The event was advertised on Colonie Center’s web-site and Facebook - It was tremendous fun!”

Lion Vicki Adler, Executive Director
Lions Eye Bank/Sight Society of NENY



The Produce Market gave out 1200 lb of fresh produce and 135 families were served. Thank you to everyone who participated and keep in mind we are always looking for volunteers





Lion Meena drumming and Leo Swati watching



See all our Earth Day pictures at tinyurl.com/LionsEarthDay2023



The **105th Lions Clubs International Convention** is happening in Boston from **July 7 to July 11, 2023**. To register or learn more, visit tinyurl.com/LCIcon23. If you’ve ever thought about an international convention, this is the one to attend — it will never be closer to us than this!

Make your way to this historic American city to look back at all that we’ve done as Lions, where we are now and where we’ll go next. Join us in Boston as we forge a path for the future.

Enjoy LCIcon and explore Boston!

Boston is a vibrant city with tons of history, perfectly suited for the modern traveler. While you’re in Boston for LCIcon 2023, take advantage of the many historical tours, museums and other attractions around the city.

Learn about the American Revolution on the 2.5-mile red brick [Freedom Trail](#) or see how African Americans lived in 19th century Boston on the [Black Heritage Trail](#).

Want to catch a game? Then watch the Red Sox at historic [Fenway Park](#). Or how about a little retail therapy? The city boasts a number of [chic boutiques](#), [high-end shops](#) and historical [marketplaces](#).

If you’re hungry, you’re in luck — Boston is a major foodie destination with a buzzing restaurant scene. Of course, there’s a Dunkin’ Donuts around the corner from the convention center, but why not grab brunch at [Gather](#) instead? And if you’re looking for that legendary clam chowder, oysters or scallops, then head to [Legal Sea Foods](#) in between sessions.

After a great day at convention, you can end the night with dinner and drinks at [Harpoon Brewery](#). Still not enough? Don’t worry—there’s [something](#) for everyone in Boston.

The Boston Convention and Exhibition Center

The convention center is in Boston’s seaport district — a newly developed, conveniently located area that’s surrounded by hotels, restaurants and bars, so you’ll be able to attend convention, then duck out for a meal or simply relax. And at just 3 miles from Logan International Airport, it won’t take you long to get there.

See you at LCIcon 2023!

We can’t wait to see you at the premier Lion event in Boston, so [register now](#) for our 2023 international convention!

If you intend to march in the International Parade, you must have the official MD20 shirt.

See below for ordering information.

COUNCIL APPROVED MD20 STATE SHIRT		White Polo Style Shirt with Navy Piping <small>60/40 Cotton/Polyester</small>
		
Mens Sizes M - XL		\$35.00*
Mens Sizes 2XL - 4XL		\$37.00*
Ladies Sizes S - XL		\$35.00*
Ladies Sizes 2XL - 4XL		\$37.00*
<p>TO ORDER PLEASE CALL LIONS CAMP BADGER OFFICE 1(800)232-7060 VISA, MASTERCARD, DISCOVER Personal Checks must be received before order is shipped *Lions Camp Badger, 725 LaRue Rd, Spencer, NY 14883*</p> <p>Shirts will also be available for purchase in the LIONS GOODS STORE at the NYS LIONS CONVENTION</p>		
*Plus Shipping & 4% local Sales Tax (Shipping charges will be calculated based on current USPS Priority rates)		

You are cordially invited to
DISTRICT GOVERNOR RICKY LAURIN'S
 Testimonial Brunch

June 4, 2023 from 11 am - 3 pm at Bechard's Sugar House
\$25.00/person

Make checks payable to District 20W and mail to:
 VDG1 Priscilla Laurin, 207 Sheldon Lane, Chazy, NY 12921

RSVP'S need to be in by May 15, 2023

Lion shirts and jeans are acceptable as this is a very informal event!

There are three hotels off Exit 37

Holiday Inn Express
 (518) 561-0403

La Quinta
 (518) 562-4000

Quality Inn
 (518) 561-1500

BECHARD'S SUGAR HOUSE
PURE NEW YORK MAPLE SYRUP



61 Sanger Lane, West Chazy, NY 12992 ~ (2 miles off of Rt. 87-Exit 40)
 (518) 846-7498 ~ tammy@bechardsugarhouse.com ~ bechardsugarhouse.com

**Mark Your
 Calendar**



- MAY is Recycle for Sight month**
- Wed, May 3: LIONS MEETING! See page 1.**
- Sat, May 6: Cabinet meeting; see page 9**
- Sun, May 14: Mother's Day**
- Sat, May 20: Armed Forces Day**
- Mon, May 29: Memorial Day**
- Sun, June 4: DG Testimonial; see above**

For other events around the district, visit 20WLions.org



4th LIONS DISTRICT 20W CABINET MEETING

SATURDAY, May 6th, 2023

Adirondack Hotel, 1245 Main St., Long Lake NY
(off exit 29 of I-87 S)

9:00 – 10:00 AM Registration - Meeting Start Time 10:00 AM
\$30 per person includes muffins & lunch

If you are attending, please **RSVP** with the **bottom part of this form** with your **check for \$30/pp.**

Mail to: CS Gayle Woodruff, 7423 State Rt 22, West Chazy, NY 12992.
Make checks payable to: District 20W Lions Clubs.

Please return this registration form **no later** than **April 23, 2023.**

Please bring canned/non-perishable food items for the local food pantry.

If you have any questions, please do not hesitate to contact CS Gayle Woodruff at 585 704-7422 or CSgwoodruff@gmail.com

Attending: _____ Name(s): _____

Dietary Restrictions/Allergies: _____

Club : _____ Email: _____



Happy Birthday!

Happy **May** birthday to these A&T Lions:

- 7th: Maryanne Gordon
- 10th: Vici Harris
- 26th: Allen Zieker



Happy Anniversary!

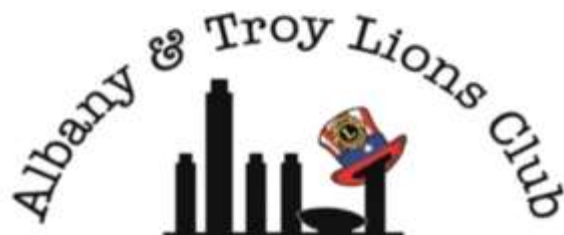
Happy Lions Anniversary to these **May** inductees:

- Marty Keary: 2 years
- Stefan Fosco: 5 years
- Joann Beach: 19 years
- Diane Hart: 29 years
- Jane Chouiniere: 35 years



Got Yarn? Or extra fleece fabric?

If you don't need it anymore,
we can find someone who will use it to make hats,
mittens and scarves for the needy.



Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach our
goal of 500 items by the end of 2022

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com

or

Lion Ruth Sano at 518-859-3796

