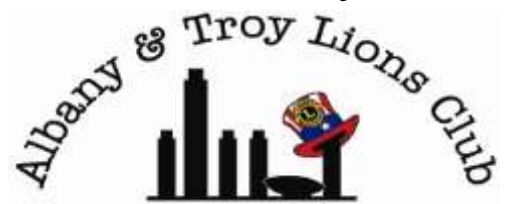




Rare Meat

The newsletter of the



August 2023



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2023-2024

President:
EVA BASS

1st Vice-President:
JODI SHELTON

2nd Vice-President
GREG SHELTON

3rd Vice-President
MARILYN BRADLEY

Secretary:
JERRY GORDON

Treasurer:
RUTH SANO, Club
LARRY KRUG, Char Fund

Tail Twister:
QUEEN GHAFFAR-ADJEI

Lion Tamer:
Larry Krug

Directors, 1st year of 2:
MARYANNE GORDON
MIKE O'BRIEN

Directors, 2nd year of 2:
DAVIA GADDY
SHAWN NEWTON

Membership Chair:
CHRIS HORAN

Marketing Comm Chair

Immediate Past Pres:
CAROL QUANTOCK

ALBANY & TROY LIONS
PO Box 192
TROY, NY 12181-0192
(518) 512-2722
info@albanytroylions.org
ALBANYTROYLIONS.ORG

Rare Meat editor:

JERRY GORDON
JERRYGORDON@JUNO.COM
518-235-8232

YOUR SUBMISSIONS
ARE ENCOURAGED!

As we start a new Lions Year ...

Last month, we introduced you District Governor Priscilla Laurin's pin, which adorns the upper left corner of this page. To the right is the pin of new International President Dr. Patti Hill from Edmonton, Alberta, Canada.



There was no board meeting in July ...

... but in an email vote, we donated \$1000 to Camp Abilities Saratoga.

Our next meeting

We don't hold general meetings in July or August, but the board does meet during the summer. Non-board members are welcome, but they can't vote.

Our next board meeting will be **Wed, Aug 2** at the Metro 7 Diner in Latham, across the street from Keeler Motors. We need a certain minimum to get the back room to ourselves, so **please let me know whether or not you'll be there (jerrygordon@juno.com or 518-235-8232).**

Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, or for any friends or family members who are willing to help us out, contact Lion Jerry at 518-235-8232 or jerrygordon@juno.com for more bags.

MEMBERSHIP

IRVIN ACKERMAN
VICKI ADLER
JORDAN ALEXANDER
MICHELLE BAKER
EVA BASS
JOANN BEACH
JEFF BENNETT
MARILYN BRADLEY
DR. ROB BRASS
JANE CHOUINIÈRE
DOUG DAVIS
DENNIS FAGAN
DR. STEFAN FOSCO
DAVIA GADDY
QUEEN GHAFFAR-ADJEI
CHAVEZ GIBBES
JERRY GORDON
MARYANNE GORDON
DR. VICI HARRIS
CHRIS HORAN
LARRY KRUG
DR. DAVID LEVINE
KRISTIN McVEIGH
SHAWN NEWTON
MICHAEL O'BRIEN
ANDY PITONYAK
RUTHANN RICHARDS
RUTH SANO
GREG SHELTON
JODI SHELTON
SUE SHIPE
DR. ALLEN ZIEKER

Dues are due now! (They're actually a month late.)
If you haven't already done so, send your check for \$75, payable to A&T Lions Club, to Lion Ruth Sano, 26 Birch Ave, Albany, NY 12205. Do it TODAY, please! You can also send your dues via PayPal to rmsano@gmail.com (just put "dues" in the notes).



Since we just completed another Lions year, this seems like a good time to summarize our accomplishments.

Between July 1, 2022 and June 30, 2023, the Albany & Troy Lions Club:

- Collected **16,090** used eyeglasses;
- Provided eyeglasses to 4 kids, 4 teenagers and 2 adults, including two who needed special glasses;
- Continued our ongoing development of the Lions Youth Blueberry Orchard on Clinton Ave;
- Our Warm Woolen Wishes project distributed home-crocheted clothing (507 hats plus an additional 3 dozen scarves, hat/scarf sets, mittens, blankets, ear warmers & slippers) to Ronald McDonald House, Lansingburgh Boys & Girls Club, St Catherine's Center, ERC Community Warehouse and other organizations that serve the needy.
- Provided hearing aids to one 53-yr-old man, two 67-yr-old women and one 94-yr-old woman from Albany, Rensselaer and Guilderland;
- Enabled a 64-yr-old immigrant to receive treatment for various conditions at the Lions Eye Institute;
- For NEWS10's Coats for Kids campaign, we picked up 447 coats at various dry-cleaners and delivered them to central distribution points in Albany and Rensselaer counties;
- Donated to NABA, Ronald McDonald House, Lions Clubs International Foundation, Vanderheyden, St Catherine's



Bring a potential member to a meeting.

Our **membership** usually grows in fits and starts throughout the year, but when it drops, it's almost always when the dues bills become due in June. If you take a look at the list of members on page 1, you'll see it's a lot shorter than it was in the last issue, and it may get even shorter after our board meeting.

What can you do to staunch the flow? **Bring a potential member to a meeting.**

Who are potential members? Friends, family members, neighbors, your barber, classmates, your kids' friends' parents, co-workers, your clergy, your golf or bowling or knitting-circle buddy, etc.

What if they're not sure they want to join? Bring them to a meeting (or two or three) so they see what we're all about and decide for themselves.

What if they say "No"? Don't take it personally and go ask someone else. Meanwhile, you've planted the Lions seed in more head.

Need help? Membership chair Lion Chris Horan and Lion Jerry have printed literature that explains a bit about Lionism.

Or you could use the **new Lions Coloring Book** (see page 5). It's got entertainment for kids plus lots of good info for their parents, including a membership application. Come to the next meeting and get one or two or a dozen!



Wed, Aug 2: Lions Board meeting. See page 1
Sat, Aug 26: District Cabinet Meeting. See page 4

For other events around the district, visit 20WLions.org

Happy Birthday!

Happy **August** birthday to these A&T Lions:

5th: Chris Horan
 30th: Shawn Newton



Happy Anniversary!

Happy Lions Anniversary to these **August** inductees:

Ruthann Richards: 1 year
 Chris Horan: 14 years + 3 years with Guilderland LC
 Vici Harris: 21 years



See all our Earth Day pictures at tinyurl.com/LionsEarthDay2023

Lions Service Areas



Diabetes



Environment



Hunger Relief



Childhood Cancer



Vision

Things you can learn from Snapple® bottle caps:

- ◆ Each year, the moon moves away from the Earth by about 4 centimeters.
- ◆ A full moon is nine times brighter than a half moon.
- ◆ Australia is wider than the moon.
- ◆ Over one million earths would fit inside the sun.
- ◆ A camel has 3 eyelids.



You are Cordially Invited to

The District 20W Cabinet Meeting

Location: Holiday Inn Johnstown-Gloversville

Date: 8/26/2023

(Reservations are to be made under District 20W Lions and must be made by 8/1/2023 for the rates below)

If staying overnight before the event:

Friday Night Room Prices:

King - \$175 or Queen - \$165

Friday August 25th 2023

3:00pm Hotel Check-In,

Event Day:

Saturday August 26th 2023

09:30-10:00am – Cabinet Meeting Registration

10:00am – Cabinet Meeting Begins

Meals:

Snacks Upon Arrival – Bagels & Danishes, Water, Tea & Coffee

Lunch – Assorted Cold Cuts (Roast Beef, Turkey, Ham or Salami) with Cheese (American or Swiss)

Tossed Green Salad, Penne Pasta Marinara, Italian Style Meatballs, Hard Rolls, Fresh Baked Cookies, Water, Lemonade, Tea, & Coffee

Meal Price: \$30 Per Person

Please Bring a Food Item to Donate to a Local Food Pantry

RSVP no later than Monday 8/7/2023 to District Secretary Alexander Guilmette at:

APG200@gmail.com

Make checks payable to District 20W Lions. They can be mailed to Alexander Guilmette at:

P.O. Box 2454 Ballston Spa, NY 12020

District 20W Colorbooks Are HERE!



IPDG Ricky Laurin is busy handing them out to clubs!

When Your Club gets your colorbooks:

1. Please add a label with your club information/QR code. Stamping will just rub off.



2. Keep track of your inventory - where you deliver them to. Check periodically to refill and see how many have been taken.

3. You could include a sign that says, "Please take one".

4. Most important, keep track of any new members who have inquired and joined your club because of the colorbook.



Got Yarn? Or extra fleece fabric?

If you don't need it anymore,
we can find someone who will use it to make hats,
mittens and scarves for the needy.



Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach our
goal of 500 items by the end of 2022

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com

or

Lion Ruth Sano at 518-859-3796

