



Rare Meat

November 2023



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2023-2024

President:
EVA BASS

1st Vice-President:
JODI SHELDON

2nd Vice-President
GREG SHELDON

3rd Vice-President
MARILYN BRADLEY

Secretary:
JERRY GORDON

Treasurer:
RUTH SANO, Club
LARRY KRUG, Char Fund

Tail Twister:
QUEEN GHAFFAR-ADJEI

Lion Tamer:
Larry Krug

Directors, 1st year of 2:
MARYANNE GORDON
MIKE O'BRIEN

Directors, 2nd year of 2:
DAVIA GADDY
SHAWN NEWTON

Membership Chair:
CHRIS HORAN

Marketing Comm Chair

Immediate Past Pres:
CAROL QUANTOCK

ALBANY & TROY LIONS
PO Box 192
TROY, NY 12181-0192
(518) 512-2722
info@albanytroylions.org
ALBANYTROYLIONS.ORG

Rare Meat editor:
JERRY GORDON
JERRYGORDON@JUNO.COM
518-235-8232

**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Report of the October General Meeting, Oct 4 at the Red Front

The General Meeting was led by VP Jodi.

General meeting and treasure report minutes from August were not approved due to lack of quorum.

Davia Gaddy, our club's diabetes chair, is a certified diabetes trainer and she gave us a very informative power-point presentation.

Jerry then reminded folks to use their CLYNK bags for recyclables and distributed more.

He also prompted everyone to sell their Boscov's shopping passes and get the money to Lion Ruth.

He read an email request from Lighthouse Guild. They're reaching out to the Lions Club to see if we can provide Albany GuildCare with three to four volunteers any day during Monday 12/18/23 or Tuesday 12/19/23 from 1:00pm to 4:00pm to wrap gifts and for the GuildCare's Holiday Party scheduled for Wednesday 12/20/23 at 1:00pm. This would be at 30 Century Hill Drive, Suite 2, Latham, NY, across Route 9 from the Century House. [See page 3]

Report of the October Board Meetings, Oct 16 on Zoom

KL Eva has received Lions Quest training and will be applying for a Brandel-Murphy grant to support our participation in a program at ?? school.

Blueberry Project: As of 8/2/2023 Greg has resigned as the Chair. He suggests that the committee disband due to lack of support. Eva will set up a meeting to formally close out the project.

PDG Michele O'Hare will be at our general meeting on Nov 1 to talk about a club branch.

We have raised \$270 so far with the Boscov's project.

On Dec 8, St Catherine's is having a cocktail party to benefit their Kinship Art Therapy program. We voted to be Silver sponsors for \$300.

Jerry discussed the three raffle-ticket requests we have received:

- LCIF tickets are \$10 each or 6 for \$50; 1st prize is \$1000. Purchase price goes towards either the individual's or the club's MJF account. Tickets must be mailed by 4/19/24 for a drawing on May 4

More →

MEMBERSHIP

VICKI ADLER
MICHELLE BAKER
EVA BASS
JOANN BEACH
JEFF BENNETT
MARILYN BRADLEY
DR. ROB BRASS
JANE CHOUINIÈRE
DOUG DAVIS
DENNIS FAGAN
DR. STEFAN FOSCO
DAVIA GADDY
QUEEN GHAFFAR-ADJEI
JERRY GORDON
MARYANNE GORDON
DR. VICI HARRIS
CHRIS HORAN
LARRY KRUG
DR. DAVID LEVINE
KRISTIN McVEIGH
SHAWN NEWTON
MICHAEL O'BRIEN
RUTHANN RICHARDS
RUTH SANO
GREG SHELDON
JODI SHELDON
SUE SHIPE
DR. ALLEN ZIEKER



at the MD20 convention in Binghamton.

- NYS & Bermuda Lions Foundation tickets are \$100 each; top prize is \$10,000. Every 3 tickets purchased allows the club to present one Uplinger Distinguished Service Award. Drawing on May 4 at the MD20 convention in Binghamton.
- Sight Society of NENY (Lions Eye Bank) tickets are \$20 each, with a 1st prize of \$2500. Drawing on Dec 7, 2023.

Meeting adjourned around 8:45 p.m.

Our next meeting




Our next **general meeting** will be **Wednesday, November 1**, at the Red Front at 6:00 PM. PDG Michele O'Hare will speak to us about a Club Branch and other things.

The restaurant always likes a head count, so ***please let me know whether or not you'll be there*** (jerrygordon@juno.com or 518-235-8232).

Our November **board meetings** will be on Mon, Nov 20, at 7:00 PM on Zoom. The link will be sent out a few days beforehand.

Membership

This has been in the last few issues, but I think it's worth repeating: Our **membership** usually grows in fits and starts throughout the year, but when it drops, it's almost always when the dues bills become due in June. If you take a look at the list of members on page 1, you'll see we're down to 28 members. And this is at a time when LCI is launching  to increase global membership to 1.5 million.

What can you do to staunch the flow? Bring a potential member to a meeting. 

Who are potential members? Friends, family members, neighbors, your barber, classmates, your kids' friends' parents, co-workers, your clergy, your golf or bowling or knitting-circle buddy, etc.

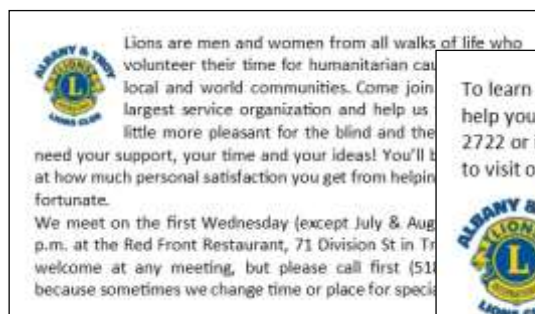
What if they're not sure they want to join? Bring them to a meeting (or two or three) so they see what we're all about and decide for themselves.

What if they say "No"? Don't take it personally and go ask someone else. Meanwhile, you have planted the Lions seed in more head.

Need help? Membership chair Lion Chris Horan and Lion Jerry have printed literature that explains a bit about Lionism.

Or you could use the **new Lions Coloring Book**. It's got entertainment for kids plus lots of good info for their parents, including a membership application. Come to the next meeting and get one or two or a dozen!

Much easier to carry around: Our new business-card-size info card! Get a handful at the next meeting or contact Jerry (518-235-8232 or jerrygordon@juno.com).



Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or jerrygordon@juno.com for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-recyclable. Bring the full bag to your nearest Hanaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account.

Another chance to serve



Lighthouse Guild is the leading not-for-profit healthcare organization dedicated to addressing and preventing vision loss. Our mission is to provide exceptional services that inspire people who are visually impaired to attain their goals. With Lighthouse Guild, people who are at risk for, or affected by, vision loss have access to all the resources necessary to lead full, independent, and productive lives. We provide services, research and education, and advocate to help people with low vision and blindness. Our vision is a world in which no person is limited by their visual capacity.

"The Adult Day Health Care Program (GuildCare) provides healthcare and recreation for multicultural seniors with vision loss, multiple developmental disabilities, and chronic medical conditions.

"We're reaching out to the Lions Club to see if you can provide Albany GuildCare with three to four volunteers any day during Monday 12/18/23 or Tuesday 12/19/23 from 1:00pm to 4:00pm to wrap gifts and for the GuildCare's Holiday Party scheduled for Wednesday 12/20/23 at 1:00pm. This will take place at 30 Century Hill Drive, Suite 2, Latham, NY 12110 (across Route 9 from the Century House)."

If you can commit to some time on any of those afternoons, please let Jerry know immediately (jerrygordon@juno.com or 518-235-8232).

District Cabinet Meeting/Fall Conference

Cabinet meetings are always educational and they expose you to the Lions world beyond your local club. The Fall Conference is especially rewarding because the speaker is an International Director. The next one is Saturday, November 4, at the Holiday Inn in Saratoga Springs. Details are on page 5. It asks for reservations by 10/13, but I'm sure they won't turn you away.



If you haven't yet turned your money in to Lion Ruth from the sale of Boscov's passes, please do so now! You can give it to her at the meeting on Wednesday, or mail a check (payable to Albany & Troy Lions) to her at 26 Birch Ave, Albany, NY 12205, or PayPal it to rmsano@gmail.com.

Happy Birthday!

Happy **November** birthday to these A&T Lions:

25th: Jane Chouiniere
27th: Mike O'Brien



Happy Anniversary!

Happy Lions Anniversary to only one **November** inductees:

Dennis Fagan: 17 years

Mark Your Calendar



November is Diabetes Awareness Month and Lions Eye Bank Month

Wed, Nov 1: Lions general membership meeting. See page 2

Sat, Nov 4: 20W Cabinet Meeting/Fall Conference. See page 5

Sun, Nov 5: Turn your clocks back one hour

Tue, Nov 7: Remember to vote!

Thu, Nov 9: NABA vision screening & speakers. See page 6

Sat, Nov 11: Veterans Day

Tue, Nov 14: World Diabetes Day

Thu, Nov 23: Happy Thanksgiving!

For other events around the district, visit 20WLions.org

We cannot do all the good in the world. But the world needs all the good that Lions can do!



#kindnessmatters

Lions Service Areas



Diabetes



Disaster Relief



Environment



Humanitarian



Hunger



Vision



Youth



Childhood Cancer



You are Cordially Invited to

The District 20W Cabinet Meeting

Location: Holiday Inn Saratoga

232 Broadway, Saratoga Springs, NY 12866

Date: 11/4/2023

Note: Whether attending or not all Zone and Region chairs are required to provide their reports to DS Alexander Guilmette prior to the date of the meeting.

(Reservations are to be called in to 1-518-584-4550 with the group code 'Lions Club 20 W' and must be made by 10/13/2023 for the rates below)

If staying overnight before the event:

Friday Night Room Price: \$159

Friday November 3rd 2023

3:00pm Hotel Check-In,

Event Day:

Saturday November 4th 2023

09:30-10:00am – Cabinet Meeting Registration

10:00am – Cabinet Meeting Begins

Meals:

Snacks Upon Arrival – Homemade scones with sweet cream dip and assorted muffins. Cocoa, tea, and coffee.
Lunch – Fresh fruit salad, a deli salad, and a tossed garden salad. Deli sandwiches: Ham & Swiss; Chicken salad; Fresh mozzarella, Tomato & Balsamic. Homemade chips. BBQ Bourbon Glazed Grilled Chicken (GF).
Dessert bar. Lemonade, tea, and coffee.

Meal Price: \$40 Per Person

RSVP no later than Monday 10/13/2023 to District Secretary Alexander Guilmette at:

APG200@gmail.com

Make checks payable to District 20W Lions. They can be mailed to Alexander Guilmette at:

P.O. Box 2454 Ballston Spa, NY 12020



**VISION AWARENESS, SERVICES,
& TECHNOLOGY**

Sponsored by **VIS-ABILITY INC.** *Serving Those with Visual Needs* & **ALPHA SENSORY**
1-800-598-0635

Free to the public!

Thursday, November 9, 2023

12:30 pm - 3:00 pm

**Troy Senior Center, Suites 1-3,
1520 Sixth Avenue, Troy**

FREE VISION SCREENING & SPEAKERS

Area agencies are providing a variety of services,
support, & information!

Adaptive living experts on living successfully
with low vision and vision rehabilitation therapy.

The latest in low vision technology equipment for reading,
computers, watching television, and adaptive visual aids.

*For more information, please contact: Angel Brassard
518.463.1211 Ext. 241 / abrassard@naba-vision.org*