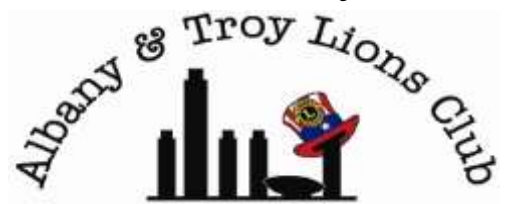




# Rare Meat

The newsletter of the



March 2024



Serving the citizens of Albany, Troy and environs since 1925

## OFFICERS 2023-2024

President:  
EVA BASS

1st Vice-President:  
JODI SHELTON

2nd Vice-President  
GREG SHELTON

3rd Vice-President  
MARILYN BRADLEY

Secretary:  
JERRY GORDON

Treasurer:  
RUTH SANO, Club  
LARRY KRUG, Char Fund

Tail Twister:  
QUEEN GHAFFAR-ADJEI

Lion Tamer:  
Larry Krug

Directors, 1st year of 2:  
MARYANNE GORDON  
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Directors, 2nd year of 2:  
DAVIA GADDY  
SHAWN NEWTON

Membership Chair:  
CHRIS HORAN

Marketing Comm Chair

Immediate Past Pres:  
CAROL QUANTOCK

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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

The front page of *Rare Meat* usually contains the minutes of last month's general meeting (on the first Wednesday) and board meetings (on the third Monday), but because a number of our members were away, there were no meetings in February. Actually, there were meetings, but so few of you showed up that nothing was accomplished.

But that doesn't mean that nothing happened. Lion Emeritus Tom Hart shipped 2400 used glasses to the Lions recycling center in NJ, and Lion Ruth dropped off 4 bags of glasses to Keri Martinez at Colonie High School, where students in the Life Skills Program will sort them out for us.

But here's the best thing that happened:



A well-deserved honor for our hard-working King Lion!

## *Our next meetings*



Our next **general meeting** will be on **Wednesday, March 6**, in Bridge Tha Gap's new office space at **1215 Broadway in Menands**. Food will not be available, so if you'd like to eat during these few hours, bring whatever you want—a sandwich, perhaps, or a prepared meal, along with the beverage of your choice. There will be a micro-wave available to heat things up but don't plan on cooking. *The meeting will start promptly at 6:00 pm. Please try to get there by 5:45 so you've got time to socialize and get settled.*

Our March board meetings will be on Zoom on **Monday, March 18**. The link will be emailed a few days prior.

## MEMBERSHIP

VICKI ADLER  
MICHELLE BAKER  
EVA BASS  
JOANN BEACH  
JEFF BENNETT  
MARILYN BRADLEY  
DR. ROB BRASS  
JANE CHOUINIÈRE  
DOUG DAVIS  
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DAVIA GADDY  
QUEEN GHAFFAR-ADJEI  
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CHRIS HORAN  
LARRY KRUG  
DR. DAVID LEVINE  
KRISTIN McVEIGH  
SHAWN NEWTON  
MICHAEL O'BRIEN  
RUTHANN RICHARDS  
RUTH SANO  
GREG SHELTON  
JODI SHELTON  
SUE SHIPE  
DR. ALLEN ZIEKER



### Our club is in trouble

We've got 28 members, which is a speck above the average club size for our district, but our problem is that half our members just pay their dues (which we certainly appreciate), but they never come to meetings or participate in any projects. This leaves us with a small cadre to draw from when we're looking for workers for various undertakings. For example, we had hoped to revive our popcorn sales at the Victorian Stroll, but we couldn't get enough people to sign up for a shift. [Also see SEE on page 4]



So we should all be on the lookout for new members, not only to help LCI towards Mission 1.5 (see below), but to ensure that we have enough members to be a sustainable club as we head into our second century of service in 2025. Look back at the November '23 issue for some recruitment ideas.

### We're on a mission to grow!



## MISSION 1.5

**MISSION 1.5** is a dedicated effort to grow our membership to 1.5 million. We have committed the next four

years to reaching this historic Lions Club membership goal. Every Lion has an important part to play. Together, we can grow Lions Clubs to extraordinary new heights, serving an untold number of people in need. Our Global Membership Approach is designed to revitalize existing clubs, charter new ones and inspire all Lions through fellowship and exciting service.

We will be having several webinars to learn more about **Mission 1.5** in the upcoming months. In the meantime, learn more by visiting [lionsclubs.org/mission1.5](https://lionsclubs.org/mission1.5).

### A Celebration of 100 Years of NY & Bermuda Lions

This is the Convention NOT to miss! **May 3rd to 5th, 2024.**

Join fellow Lions in beautiful, centrally-located Binghamton, NY, for the historic 100th Annual New York & Bermuda MD-20 Lions Convention.

Our programs and guest speakers are being finalized now but don't worry, they will all be worthy of 100 years of Lions serving your local communities in New York State and the country of Bermuda.

For registration info, visit <https://md20lionsconvention.org/>

### Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com) for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account.





**Happy Birthday!**

Happy **March** birthday to these  
A&T Lions:

- 9th: Stefan Fosco
- 13th: Queen Ghaffar-Adjei
- 16th: Ruth Sano
- 19th: Joann Beach
- 21st: Greg Sheldon



**Happy Anniversary!**

Happy Lions Anniversary to these  
**March** inductees:

- Queen Ghaffar-Adjei: 1 year
- Dave Levine: 45 years

Interesting footnote: Both our youngest and oldest Lions (not in actual age, but in years as a Lion) are March inductees.



Lions SEE needs you!

The mission of Lions SEE, Inc. (Screening Eyes Early) is to decrease childhood blindness through early detection and treatment of the most common vision disorders that cause amblyopia, insuring that all children of New York State will be able to SEE their future.



We, as a club, want to be involved in this program, but before we spend \$8000 on a screening camera, we want to be sure we have enough people to conduct the screenings. They will generally be at a kindergarten, pre-school, or day-care center and typically take 2-3 hours. Will you commit to doing 1 or 2 screenings per month? It's a worthwhile way to spend a morning or two. Text, email or call Jerry to accept or ask questions (jerrygordon@juno.com or 518- 366-5299).

**SAVE THE DATE! On Sunday, 4/21/24, PID Dr. Ed Cordes will offer training for anyone who wishes to be certified as an eye screener.**

By the time we go through the grant process to pay for the screener and train everyone in its use, our first screening will probably not be until September.



**Wed, Mar 6: General meeting. See page 1**

Sun, Mar 10: 1st day of Ramadan. Daylight Saving Time starts

**Mon, Mar 11: Member orientation; see page 5.**

Sun, Mar 17: St Patrick's Day

**Mon, Mar 18: Board meetings on Zoom. See page 1**

Wed, Mar 20: Vernal Equinox (start of spring)

Sun, Mar 24: Palm Sunday

Sun, Mar 31: Easter

*For other events around the district, visit [20WLions.org](http://20WLions.org)*

### Lions Service Areas

  
Diabetes

  
Disaster Relief

  
Environment

  
Humanitarian

  
Hunger

  
Vision

  
Youth

  
Childhood Cancer

## District 20-W New/Current Member Orientation

### Monday, March 11th, 2024 at 7pm via Zoom

Experience has shown that it is a good practice for each Club to hold a formal orientation session for all new members as a way of introducing them to the history and service opportunities available to them as Lions.

To help with this, the District holds an orientation session via Zoom at least twice per Lions year; typically one in the Fall and one in the Spring.

The next date for this year is **Monday, March 11th, 2024 at 7 pm**. This session has been well received in the past and runs around 50 minutes in length with Q and A during and at the end.

Members will be given a brief history and timeline for Lions Clubs International and shown the MD-20 footprint, but will spend most of their time on Club officer and committee opportunities, current Club ideas for local service projects, fundraising, available grants, and an intro to affiliated Lions-supported organizations and programs.

This program is designed to be held on an as-needed basis and can be held more frequently than indicated above.

Additionally, if a Club has multiple new members and wishes to hold an orientation session as part of a Club meeting, that too can usually be arranged either in-person or via Zoom.

For planning purposes, when scheduling it as part of a Club meeting, please be aware that it will be a somewhat pared down version as to content and will take around 30 minutes. Planning for any time less than that will dilute it too much to be useful.

It is encouraged that new members and their sponsor attend either session and of course, current members are always welcome.

An invite will be sent out to Club Presidents and Secretaries a few weeks prior to each date so new members and sponsors can be notified.

Yours in Lionism,  
PDG Rick Brisee





# Got Yarn? Or extra fleece fabric?



**If you don't need it anymore, we will turn it into hats, mittens and scarves for the needy**



## Warm Woolen Wishes Project

**Helping Hands**



**Creating Comfort**



Unites people with yarn or fabric so they can help us reach our goal of 1000 items by the end of 2024.

This helps us help everyone.



Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at [ALBANYTROYLIONS@GMAIL.COM](mailto:ALBANYTROYLIONS@GMAIL.COM)  
or Lion Ruth Sano at 518-859-3796

