



Rare Meat

June 2012



Serving the citizens of Albany, Troy and environs since 1925

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**



Report of the general meeting held on Wednesday, May 2, at the Red Front

Chief Hieder spoke first, and among many of the good tips he provided to help protect ourselves from identity theft, he suggested minimizing the number of credit cards we carry. He also advised that we check our credit status annually at annualcreditreport.com. There is much good information on the NYS Attorney General's web site:

www.oag.state.ny.us/internet/consumer-education, such as: "To cut down on "junk mail" simply send your name and address to: Mail Preference Service, Direct Marketing Association, P.O. Box 9008, Farmingdale, New York 11735-9008. For unwanted telephone sales calls, write to: Telephone Preference Service, Direct Marketing Association, P.O. Box 9014, Farmingdale, New York 11735, or call the NYNEX Annoyance Bureau at (212) 890-6200 to report problems with companies that are not members of DMA."

Lion Diane introduced potential Lions Roxanna Sanchez and her mother Brunilda.

KL Tom reminded us of the installation dinner on June 6, and Lion Carol reminded us of the blood drive on May 7; she also requested more volunteers.

Report of the board meetings held on Wednesday, May 16, at the Alexis Diner

Lion Diane hopes that we can get at least 30 to attend the installation dinner.

Lion Elaine reports that our new policy of asking eyeglass applicants for a letter of denial from Medicaid has greatly reduced our requests. Lion Maryanne sent out one voucher this month, to a 7-year-old boy

MEMBERSHIP

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DR. ALLEN ZIEKER *
* AFFILIATE MEMBER

that we had sent to the Lions Eye Institute for an exam.

Lion Carol received 3 requests for hearing aids, one of which was forwarded to the Scotia-Glenville club for a Schenectady resident. The other two are in process.

We accepted the membership application from Phil Harris, PDG Dave's brother.

Lion Jerry is working on setting up another vision- & hearing-screening session at Pitney Bowes, as we did about a year and a half ago.

Lion Jerry met with NABA to discuss working with them on their KidSight pre-school vision screenings. They would like to have two Lions to help with crowd control and paperwork. Their next event is on May 24 at the day care center in Bldg 12 of the NYS Office Campus.

We discussed whether we should participate in Boscov's Home-Town Days program again this year. Lion Tom will contact them to ensure that we get the discount tickets early enough to sell them ahead of time, and that we can get a table at the store entrance.

We voted to donate \$250 to Guiding Eyes; this is the money we got for metal eyeglass frames sent to Respec.. No one from our club will be going to their open house in July, but we will mail the check.

We voted to donate \$225 to Sight Society/Lions Eye Bank for a Tee sign and a ¼-page ad in their golf outing program book.

Lion Carol has two hearing-aid applications in process.

Our next meeting...

Our last general meeting of this Lions year will be our Installation Dinner on **Wednesday, June 6**, at Nichi's in Wynantskill; details are on page 5. If you haven't already made reservations, call Lion Diane **NOW!**

Blood drive

We did another blood drive on May 7, our first at the Boght Corners Fire House. Lion Carol did all the coordinating, and she and Lion Vickie Shahinian made phone calls. Lions Maryanne & Jerry, Terry, PDG Dave, and Vickie S worked at the drive, and especially welcome as a worker was new Lion Carl Caffalette. In the photo, Lions Terry and Carl patiently await donors at the refreshment table. Anna Topping, our ARC contact, said, "Thank you so much for all of your support!! You did an amazing job!! On a goal of 24 whole blood and 4 double red cell we were able to collect 22 whole blood units and 8 double red cell!! That is wonderful-YOU WENT OVER GOAL! Due to your efforts, potentially, 90 lives will be saved!"



KidSight

NABA has asked for our assistance with their KidSight program that provides vision screening in area pre-schools and day-care centers. Kathryn Miklowitz, an LPN at NABA, uses a special camera to do the actual screening, but her job would be easier if she had one or two volunteers to help with paperwork: stapling photos to each kid's consent form and filling in data on the results form. On May 24, Lions Paul and Jerry helped at a screening in the Wee Care Day Care Center at Bldg 12 on the NYS Office Campus. We started at 9:30 and had planned to stay until noon, but because only 18 kids had signed up, we were through by 11:00. It's not a tough job; if we could do it, anyone can. Details will follow on several sessions in June; please consider signing up for one or two.



Make a note:

Next Lions Work Night at the **Regional Food Bank:**

Tuesday, July 10, 2012, 5:30-7:30 PM

Friends and family welcome. Tell Lion Carol how many you're bringing at cquantoc@nycap.rr.com or **664-3901**.

Save the 2nd Tuesday of January, April, July and October.



We Serve



Our next **BLOOD DRIVE** will be in September at the Hilton Garden Inn on Hoosick St. We need volunteers:

- ◆ To make phone calls in the week or two before the drive,
- ◆ To work at the registration desk and the canteen at the drive,
- ◆ And to donate blood.

If you can do any or all of these, please sign up with Lion Carol at cquantoc@nycap.rr.com or **664-3901**.

*Future blood drives: **December** at Holiday Inn Express, Latham; **March** at Hilton Garden Inn, Troy; **May** at Boght Corner Fire House, Latham.*

On a more personal note ...

*“Let me present our newest addition to the Hart Family. I would like you to meet **Arianna Kelly Hart**, born, Wednesday, April 25, 2012, at Phelps Memorial Hospital, Sleepy Hollow, NY, to Mommy and Daddy (TJ & Marian) Hart. **Princess Arianna** is 7 lbs. 12 ounces and 19-3/4 long. She is absolutely beautiful and has a full head of dark hair. Mommy and Baby and Big Sister **Jasmine** and Daddy are all doing great.*

As I have said before, Grandparenthood is fantastic.....nothing like it!

Love, Diane & Tom ❤️ “



Lion Maryanne is looking good, now that she's had cataracts removed from both eyes.

Happy Birthday!

Happy **June** birthday to these A&T Lions:

- 8th - Ted Belhumeur
- 11th - Sherie O'Connell
- 25th - Diane Hart
- 26th - Doug Davis



Happy Anniversary!

Happy Lions Anniversary to these **June** inductees:

- Dave Harris - 14 years (+21 years with Granville LC)
- Bob Pratt - 17 years
- Doug Davis - 23 years

Mark your calendar...

Wednesday, June 6, 6 PM: Annual Installation Dinner - see page 5 for details.

Thursday, June 7, 10 AM - Noon: Vision Health Information Day - see page 6.

Wednesday, June 20, 8 AM: Board meeting at the Alexis Diner. All members are welcome.

Visit your club's web site: **ALBANYTROYLIONS.ORG**,
 your district web site: **20Y2LIONS.ORG**,
 and International's web site: **LIONSCLUBS.ORG**.
 And remember to do your on-line shopping at **ALBANYTROYLIONS.PENNIESATATIME.COM**

Flag Day

On **June 14**, 1777, the Continental Congress approved the design of a national flag.



Since 1916, when President Woodrow Wilson issued a presidential proclamation establishing a national Flag Day on June 14, Americans have commemorated the adoption of the Stars and Stripes by celebrating **June 14** as Flag Day. Prior to 1916, many localities and a few states had been celebrating the day for years. Congressional legislation designating that date as the national Flag Day was signed into law by President Harry Truman in 1949; the legislation also called upon the president to issue a flag day proclamation every year.

According to legend, in 1776, George Washington commissioned Philadelphia seamstress Betsy Ross to create a flag for the new nation. Scholars debate this legend, but agree that Mrs. Ross most likely knew Washington and sewed flags. To date, there have been twenty-seven official versions of the flag, but the arrangement of the stars varied according to the flag-makers' preferences until 1912 when President Taft standardized the then-new flag's forty-eight stars into six rows of eight. The forty-nine-star flag (1959-60), as well as the fifty-star flag, also have standardized star patterns. The current version of the flag dates to July 4, 1960, after Hawaii became the fiftieth state on August 21, 1959.



Fast food

Animal Humor





2012 INSTALLATION DINNER

ALBANY & TROY LIONS CLUB

(ALL 20-Y2 CLUBS ARE INVITED TO PARTICIPATE)

WEDNESDAY EVENING, JUNE 6, 2012

6:00 P.M. ATTITUDE ADJUSTMENT HOUR (Cash Bar)
Cheese, Crackers, Pepperoni

7:00 P.M. DINNER

NICHI'S RESTAURANT

175 MAIN AVENUE
WYNANTSKILL, NY 12198
518-283-8200



\$30.00 per person

Dinner Choices, including salad, dessert and soda, coffee or tea:

CHICKEN PARMIGIANA

*(Hand breaded chicken breast sautéed,
covered with homemade sauce and mozzarella.)*

YANKEE POT ROAST

*(Slow cooked bottom round, no need for a knife,
served with homemade jardinière gravy.)*

SCROD

(Broiled Scrod in a butter sauce.)

R.S.V.P. TO LION DIANE BURKE HART 518-605-8600

or e-mail: dbhart@nycap.rr.com

BY: FRIDAY, MAY 25, 2012

Please make checks payable to: **Albany & Troy Lions Club** and mail to:

LION DIANE BURKE HART
PO BOX 171
WEST SAND LAKE, NY 12196

Vision Health Information Day

presented by



www.shenacc.org

NABA

Northeastern Association
of the Blind at Albany

www.naba-vision.org

FREE TO THE PUBLIC!

Date: June 7, 2012

Time: 10 a.m. - 12 p.m.

Location: Shenendehowa Adult Community Center
6 Clifton Common Court, Clifton Park, NY

Guest Speakers

Ramsey R. Elhosn, MD, Ophthalmologist

◆ *Ophthalmology Associates, Clifton Park, NY* ◆

“What’s New in Eye Disease Research & Treatment”

Cheryl Lawyer, NABA Outreach & Education

“Aging Successfully with Low Vision—What YOU can do!”

Learn about

- *Latest research & treatments of retinal & other eye diseases*
- *Leading causes of vision loss in older Americans*
- *Low vision adaptive aids, technologies & services*

**TO REGISTER, CONTACT TIFFANY TORREY at
ttorrey@shenacc.org, (518) 383-1343**