



# Rare Meat

September 2012



Serving the citizens of Albany, Troy and environs since 1925

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CARL CAFFALETTE  
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Immediate Past Pres:  
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ALBANY & TROY LIONS  
PO Box 192  
TROY, NY 12181-0192  
(518) 266-7788  
info@AlbanyTroyLions.org  
ALBANYTROYLIONS.ORG

*Rare Meat* editor:

JERRY GORDON  
JERRYGORDON@JUNO.COM  
518-235-8232

YOUR SUBMISSIONS  
ARE ENCOURAGED!



## Report of the board meetings held on Wednesday, August 15, at the Alexis Diner

As of this morning, 11 members (slightly more than a quarter of us) have not paid their dues, but we still have a month and a half before we impose our "pay by 9/30 or get

dropped" rule. The dues situation led to an extended discussion of ways to get more involvement from those Lions that we never see. We now have daytime activities (blood drives, KidSight screenings, NABA Low-vision Fair, etc) and early evening activities (food bank) for those unable to make night-time meetings, and phone calls for blood drives can be made from home at the caller's convenience. We ought to be able to get more people involved.

Lions Maryanne and Elaine each sent out one eyeglass voucher in July, in both cases to an adult.

Lion Jerry reported that DG Linda Walsh's visitation will be on Oct. 3.

Lion Carol reported (via email) that the next blood drive is Sept. 4 at the Hilton Garden Inn.

Lion Carol reported that our food bank sessions will continue to be on the 2<sup>nd</sup> Tuesday of Oct, Jan, Apr and Jul, from 5:30-7:30.

In an email vote on July 26-27, we voted to spend approximately \$125 to buy a special dehumidifier/sanitizer to help care for the hearing aids of a 10-year-old girl with progressive hearing loss. The unit has since been delivered and the mother is extremely grateful.

## Our next meeting...

Our next general meeting will be **Wednesday, September 5 at 6 PM** at the Red Front. Our speakers will be from NABA; they'll tell us all about the KidSight program that we started helping them with.

## MEMBERSHIP

VICKI ADLER  
KATIE ALLEN  
MICHELLE BAKER  
JOANN BEACH  
DR. TED BELHUMEUR  
BARRY BERBERICH \*  
DR. ROB BRASS  
CHRISTOPHER BURKE  
CARL CAFFALETTE  
JANE CHOUINIÈRE  
DOUG DAVIS  
NICK DEMARTE  
URSULA DESSINGUE  
KATHY DORN  
DENNIS FAGAN  
MIKE FARRELL  
JERRY GORDON  
MARYANNE GORDON  
PDG DAVE HARRIS  
PHIL HARRIS  
DR. VICI HARRIS  
DIANE BURKE HART  
TOM HART  
ELAINE HAYNER  
CHRIS HORAN  
HON. JERRY JENNINGS  
BRUNILDA JIMENEZ  
MARYJOY  
PAM KHAMBANONDA  
LARRY KRUG  
DR. DAVID LEVINE \*  
KRISTIN McVEIGH  
MICHAEL O'BRIEN  
SHERIE O'CONNELL  
TERRY PAGE  
BOB PRATT  
CAROL QUANTOCK  
ROXANA SANCHEZ  
RUTH SANO  
VICKIE SHAHINIAN  
PAUL VERGONI  
DR. ALLEN ZIEKER \*  
\* AFFILIATE MEMBER

## Dues

You got your 2012-13 dues bill from Lion Paul two month ago; it's payable immediately. Thank you to those of you who have paid.

Two reminders:

1. Because of a dues increase from International, our dues are now **\$70 per year**.
2. Any members still in arrears on **September 30, 2012** will be dropped for non-payment. If this presents a hardship for you, please talk to Lion Paul (785-5319 or plverg@yahoo.com) well before the deadline.



Our next **BLOOD DRIVE** will be **Tuesday, September 4** at the Hilton Garden Inn on Hoosick St. in Troy. We need volunteers:

- ◆ To make phone calls in the week or two before the drive,
- ◆ To work at the registration desk and the canteen at the drive,
- ◆ And to donate blood.

If you can do any or all of these, please sign up with Lion Carol at [cquantoc@nycap.rr.com](mailto:cquantoc@nycap.rr.com) or **664-3901**.

Future blood drives: **December 19** at Holiday Inn Express, Latham; **March 5** at Hilton Garden Inn, Troy; **May** at Boght Corner Fire House, Latham.

## On a more personal note ...

You may remember that last month, we wrote about Rachael Adler's renal failure. On Aug. 27, Lion Vicki reported that "Rachael is doing better. She is home and going to hemodialysis 3 times a week. We hope that she will be able to start middle school on time. Please pray that her vision improves, her kidneys will respond to the medications and that her hypertension will soon be under control. Thank you all for your support. Cherish every moment – you never know what's around the corner or what is in God's plan for us."

## Happy Birthday!

Happy **September** birthday to only one A&T Lions:

10th - Vicki Adler



## Happy Anniversary!

Happy Lions Anniversary to these **September** inductees:

Ted Belhumeur - 3 years  
Ruth Sano - 16 years  
Kristin McVeigh - 22 years

Visit your club's web site: [ALBANYTROYLIONS.ORG](http://ALBANYTROYLIONS.ORG),  
your district web site: [20Y2LIONS.ORG](http://20Y2LIONS.ORG),  
and International's web site: [LIONSCLUBS.ORG](http://LIONSCLUBS.ORG).

And remember to do your on-line shopping at [ALBANYTROYLIONS.PENNIESATATIME.COM](http://ALBANYTROYLIONS.PENNIESATATIME.COM)

**Mark your calendar...**

**Tuesday, September 4, 1-6 PM:** Blood drive at the Hilton Garden Inn. See page 2, and let Lion Carol know how you can help. **We can use help with phone calls.**

**Wednesday, September 5, 6 PM:** General meeting at the Red Front. See page 1.

**Saturday, September 8, 9 AM:** District cabinet meeting; see below.

**Wednesday, September 19, 8 AM:** Board meeting at the Alexis Diner. All members are welcome.

**Wednesday, October 3, 6 PM:** A busy general meeting at the Red Front. Speakers will be from American Red Cross, plus it's the visitation of DG Linda Walsh; she'll be inducting several new members.

**Make a note:**

Next Lions Work Night at the **Regional Food Bank:**

**Tuesday, October 9, 2012, 5:30-7:30 PM**

*Friends and family welcome.* Tell Lion Carol how many you're bringing at [cquantoc@nycap.rr.com](mailto:cquantoc@nycap.rr.com) or **664-3901**.

**Save the 2nd Tuesday of January, April, July and October.**



**We Serve**

## District Cabinet Meeting

Saturday, September 8, 2012

Winners Circle Restaurant  
3293 NY 5, Fonda, NY

9:00 AM - Registration (\$5 fee)  
9:45 AM - Meeting  
Lunch (\$15; includes registration fee)  
PDG meeting immediately after lunch

Guest speaker: **Lion Sue Shipe on Unity Day**

R.S.V.P by Tues, Sept. 4 to CS Fred Chambers  
at 518-993-2628 or [fchambers1@roadrunner.com](mailto:fchambers1@roadrunner.com)  
or DG Linda Walsh at 518-773-7845 or [lionlinda@frontier.com](mailto:lionlinda@frontier.com)

**The first "senior moment" ever recorded ...**  
How Dinosaurs became extinct



# Kitchen wisdom



## Martha says:

Stuff a miniature marshmallow in the bottom of an ice cream cone to prevent ice cream drips

To keep potatoes from budding, place an apple in the bag with the potatoes.

When a cake recipe calls for flouring the baking pan, use a bit of the dry cake mix instead and there won't be any white mess on the outside of the cake.

If you accidentally over-salt a dish while it's still cooking, drop in a peeled potato and it will absorb the excess salt for an instant 'fix-me-up.'

Wrap celery in aluminum foil when putting in the refrigerator and it will keep for weeks

Brush some beaten egg white over pie crust before baking to yield a beautiful glossy finish.

Cure for headaches: take a lime, cut it in half and rub it on your forehead. The throbbing will go away.

If you have a problem opening jars, try using latex dish washing gloves. They give a non-slip grip that makes opening jars easy.

Don't throw out all that leftover wine. Freeze into ice cubes for future use in casseroles and sauces.



## Maxine's version:

**Just suck the ice cream out of the bottom of the cone, for Pete's sake! You are probably lying on the couch with your feet up eating it anyway!**

**Buy Hungry Jack mashed potato mix. Keeps in the pantry for up to a year.**

**Go to the bakery! They'll even decorate it for you!**

**If you over-salt a dish while you are cooking, that's too bad. Please recite with me the real woman's motto: 'I made it, you will eat it and I don't care how bad it tastes!'**

**Celery? Never heard of it!**

**The Mrs. Smith frozen pie directions do not include brushing egg whites over the crust, so I don't.**

**Take a lime, mix it with tequila, chill and drink! All your pains go away!**

**Go ask that very cute neighbor if he can open it for you.**

**Leftover Wine?????? HELLO!!!!!!!**