



# Rare Meat

December 2012



*Serving the citizens of Albany, Troy and environs since 1925*

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## **Rare Meat** editor:

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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**



*Joe the plumber couldn't understand how the kids recognised him under the Santa suit.*

## *Report of the meeting held on Wednesday, November 7, at the Red Front*

Elisha McMullen, a dietician with Shop-Rite in Niskayuna, gave a very interesting talk on nutrition. As she explained what we should and shouldn't be eating, many of us realized that we're doing it wrong.

Because a number of people are going to be away on Dec. 5, we decided to move the holiday party to Dec.12. Rather than a grab-bag, we will bring canned food to be donated to a local food pantry.

After dinner, we worked on the seal campaign. With many hands helping out, it was done in very short order.

## *Report of the board meetings held on Wednesday, November 21, at the Alexis Diner*

In an e-mail vote on Nov 8-9, we approved \$250 to buy holiday gifts for a 4-person residential unit at Vanderheyden Hall. As in years past, Lion Joann Beach will do all the purchasing.

Lion Tom will be delivering holiday greens on the Friday after Thanksgiving. He reports that our net profit on this program was just under \$1000.

Lion Jerry reported that 6 Lions worked on the Coats for Kids program, picking up about 250 coats from 9 dry cleaners and delivering them to the Trinity Alliance in downtown Albany.

## MEMBERSHIP

- VICKI ADLER
- KATIE ALLEN
- MICHELLE BAKER
- JOANN BEACH
- DR. TED BELHUMEUR
- BARRY BERBERICH \*
- DR. ROB BRASS
- CHRISTOPHER BURKE
- CARL CAFFALETTE
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- TOM HART
- ELAINE HAYNER
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- LARRY KRUG
- DR. DAVID LEVINE \*
- KRISTIN McVEIGH
- MICHAEL O'BRIEN
- TERRY PAGE
- BOB PRATT
- CAROL QUANTOCK
- ROXANA SANCHEZ
- RUTH SANO
- VICKIE SHAHINIAN
- PAUL VERGONI
- DR. ALLEN ZIEKER \*
- \* AFFILIATE MEMBER

To support the Lions Eye Institute, we voted to buy two cases of bunnies, one each of white chocolate and dark chocolate, and to give them a \$50 donation because we're not participating more fully in this project.

Lion Carol reminded us (via email to Lion Jerry) that we need volunteers for the Shoes campaign on 12/1, to sell popcorn on 12/2, and for the blood drive on 12/19. [See page 3]

PDG Dave invited all Lions to the Sight Society Open House on Dec. 13. [See page 5]

We discussed having the club purchase raffle tickets to support the Brandel/Murphy Youth Foundation, but decided it would be more appropriate for individual members to buy them if they're interested.

Lion Terry volunteered to be our PR Chair, with Lion Jerry's tech support.

We voted to donate \$87.50 to the Rensselaer County Sheriff's office program to provide educational material on child safety to school children. This amount is enough for 50 kids.

We will move \$1000 from the Club's treasury to the Charitable Fund and donate it to LCIF for Sandy relief efforts..

We voted to donate \$75 to Tech Valley High School to help them with a project to plant trees in Haiti.

Lion Jerry reported that to date, the seal campaign has received \$410 from 15 donors.

*Our next meeting...*

Our next general meeting will be our Holiday Party on Wednesday, December 12. Note that this is the 2nd Wednesday of the month, not the usual 1st Wednesday.

All Lions, potential Lions and  
their guests are invited to our

***Holiday Party***

**Wednesday, December 12, 2012**



At the

**1760 Manor Inn & Pub**

**499 2nd Ave at 113th St, Lansingburgh**

**6:00 P.M. Attitude Adjustment Hour (Cash Bar)**

**7:00 P.M. Dinner**

**You can order whatever you want off the menu,  
and they'll give us separate checks.**

***In lieu of a grab-bag, please bring a non-perishable food item  
that we will donate to a local food pantry.***

**R.S.V.P. to Kathy Dorn (783-0157) by Friday, Dec. 7**

## Shoes for the Shoeless

On Saturday, December 1, we're meeting in the warehouse area behind Delmar Bootery at Stuyvesant Plaza at 9:00 AM. As we've done in years past, we'll be loading shoes to be delivered to the shoeless in Appalachia. If you can make it, please be there.



## Popcorn Sales

On Sunday, December 2, we're selling popcorn at Troy's Victorian Stroll. We'll be inside First Niagara Bank, as we've been for the last few years, but note that the bank has moved from the Troy Savings Bank building. They're now at the corner of Broadway and 3rd St, diagonally across from the southwest corner of the Atrium. As of this writing, we're still in need of volunteers. If you haven't already signed up for a shift, please contact Lion Carol immediately at [cquantoc@nycap.rr.com](mailto:cquantoc@nycap.rr.com) or 664-3901.



Our next BLOOD DRIVE will be **Wednesday, December 19** at the Holiday Inn Express in Latham. We need volunteers:

- ◆ To make phone calls in the week or two before the drive,
- ◆ To work at the registration desk and the canteen at the drive,
- ◆ And to donate blood.

If you can do any or all of these, please sign up with Lion Carol at [cquantoc@nycap.rr.com](mailto:cquantoc@nycap.rr.com) or 664-3901.

*Future blood drives: March 5 at Hilton Garden Inn, Troy; May at Boght Corner Fire House, Latham; September at Hilton Garden Inn..*

## KidSight

It's a great help to NABA if we can send 1 or 2 Lions to help Kathryn with the paperwork when she does vision screenings of preschoolers. Thanks to Lions Maryanne, Jerry, Terry and Ursula for working at screenings in November. I'll send out the December schedule as soon as I get it.



## Joseph's House

Here's something that I forgot to put in last month's issue: On Sunday, October 21, we provided dinner of ziti, salad and cookies for about 50 residents of Joseph's House. Thanks to Lions Elaine and Vicki S for making sure that everything was served properly, and to Lion Terry for making all the arrangements.



## Coats for Kids

Thanks to Lions Terry, Larry, Tom, Michelle, Joann and Jerry for volunteering to transport cleaned coats from "our" 9 dry-cleaners to the distribution point at the Trinity Alliance in downtown Albany. The program is now over, and we moved about 250 coats. Next year, we hope to add cleaners in Rensselaer County to our list.

## Honor for Lion Mike O'Brien

At the District Cabinet Meeting on November 10, PDG Joan Scott presented a Progressive Robert J. Uplinger Distinguished Service Award to our own Lion Mike for his many years of service to District 20-Y2 as VCB Chairperson. VCB originally stood for Vacation Camp for the Blind, but it's since been changed to Vision Center for Blindness to better signify its expanded scope. The award is "progressive" because he already has one RJU, which the club awarded to him 5 years ago. Congratulations, Lion Mike!


## Pitney Bowes

You may know Pitney Bowes as a maker of postage meters, but they have since expanded into all sorts of machinery, software and services to help companies communicate more effectively. They have a facility in the RPI Tech Park in North Greenbush. Beth Stacey, the company nurse, asked us if we'd be willing to conduct another vision and hearing screening session for their employees, as we did several years ago.

Lion Dr. Vici Harris, the audiologist at HearUSA, readily agreed to donate her services, as did Lion Dr. Allen Zieker's company, Ophthalmic Consultants of the Capital Region. OCCR not only sent Optometrist Kelly Primeau + support staff, but they also donated a Kindle Fire HD to be raffled off to participating PB employees. Shown above is Kelly with Glenda Wilson, the lucky winner.



In a 3-hour period on November 20, Kelly did 13 vision screenings and Vici did 19 hearing screenings. They each identified 1 or 2 people for more extensive follow-up exams.




**Make a note:**

Next Lions Work Night at the **Regional Food Bank:**

**Tuesday, January 8, 2013, 5:30-7:30 PM**

*Friends and family welcome. Tell Lion Carol how many you're bringing at [cquantoc@nycap.rr.com](mailto:cquantoc@nycap.rr.com) or 664-3901.*

**Save the 2nd Tuesday of January, April, July and October.**



We Serve

## On a more personal note ...

The Harts and the Sanos are having grandchildren like they're going out of style, but no one's sent me details or pictures, so that's all I've got to say about it.

In the absence of any other news for this column, I'll have to recycle a little Halloween humor:

Three vampires walked into a bar. "What'll you have?" asked the bartender.

"I'll have a glass of blood," the first replied.

"I'll have a glass of blood, too, please," said the second vampire.

"I think I'll have a glass of plasma," said the third.

"So let me get this straight," said the bartender. "That'll be two bloods and a blood light?"

**Happy Birthday!**

Happy **December** birthday to these A&T Lions:

11th - Katie Allen  
20th - Carol Quantock  
24th - Kristin McVeigh

**Happy Anniversary!**

Happy Lions Anniversary to these **December** inductees:

Vickie Shahinian - 3 years  
Elaine Hayner - 5 years  
Terry Page - 9 years  
Hon Jerry Jennings - 14 years  
Ursula Dessingue - 18 years

**Mark your calendar...**

**Saturday, December 1, 9 AM:** "Shoes for the Shoeless." See page 3

**Sunday, December 2, 11 AM-4 PM:** Popcorn sales at Troy's Victorian Stroll. See page 3

**Friday, December 7:** Deadline for Holiday Party reservations. See page 2

**Wednesday, December 12:** Our holiday party. See page 2.

**Thursday, December 13, 12-3 PM:** Open House at Sight Society/Lions Eye Bank. See below

**Wednesday, December 19, 8 AM:** Board meeting at the Alexis Diner. All members are welcome.

**Wednesday, December 19, 1-6 PM:** Blood drive at the Holiday Inn Express in Latham. See page 3.

*Please join us for a holiday celebration at the*

*Lions Eye Bank at Albany*

*Open House*

*Thursday, December 13, 2012*

*Noon - 3:00 p.m.*

*Sight Society of N.E.N.Y., Inc.*

*Lions Eye Bank at Albany*

*6 Executive Park Drive, Albany, NY*

*Please RSVP by Wednesday, December 6 to (518) 489-7606*

Visit your club's web site: **ALBANYTROYLIONS.ORG**,  
your district web site: **20Y2LIONS.ORG**,  
and International's web site: **LIONSCLUBS.ORG**.

And remember to do your on-line shopping at **ALBANYTROYLIONS.PENNIESATATIME.COM**



***Give the Gift of Sight This  
Holiday Season!***

Support Blind Children by Purchasing a  
**“Through Their Eyes – The Gift of Sight”  
 2013 Calendar**

Each month showcases original artwork created by Capital District children expressing their appreciation for the gift of sight.

Every calendar sold benefits underprivileged children in need of eye care. This calendar is about *children helping children.*



For more information call:  
 Lions Eye Bank at Albany  
[www.lionseyebankalbany.org](http://www.lionseyebankalbany.org)

\$8.00 per Calendar / No Tax Due / Shipping Included

Make checks payable to:  
 Lions Eye Bank at Albany  
 6 Executive Park Drive  
 Albany, NY 12203



*Roses are Reddish*  
*Violets are Blueish*  
**If it weren't for christmas**  
*we all would be Jewish*