



Rare Meat

April 2013



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2012-13

President:
TOM HART

1st Vice-President:
CAROL QUANTOCK

2nd Vice-President
CHRIS HORAN

3rd Vice-President
MARYANNE GORDON

Secretary:
JERRY GORDON

Treasurer:
PAUL VERGONI, Club
LARRY KRUG, Char Fund

Co-Tail Twisters:
DIANE & TOM HART

Lion Tamer:
VICKIE SHAHINIAN

Permanent Director
PDG DAVE HARRIS

Directors, 1st year of 2:
CARL CAFFALETTE
URSULA DESSINGUE

Directors, 2nd year of 2:
KATHY DORN
RUTH SANO

Membership Chair:
MIKE O'BRIEN

Immediate Past Pres:
DIANE BURKE HART

ALBANY & TROY LIONS
PO Box 192
TROY, NY 12181-0192
(518) 266-7788
info@albanytroylions.org

ALBANYTROYLIONS.ORG

Rare Meat editor:

JERRY GORDON
JERRYGORDON@JUNO.COM
518-235-8232

**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Report of the meeting held on Wednesday, March 6, at the Red Front

Melissa Cook of Dale Carnegie spoke about the mission of the Dale Carnegie Organization, which is dedicated to improving performance for companies and individuals in leadership roles in today's ever changing business/work environment.

Lion Tom introduced Lion Fran McDoal and announced that Lion Fran is a transfer member from the Waterford Club and is officially an Albany & Troy Lions Club member, retroactive to January 2, 2013.

Lion Tom announced that Lions Carl Caffalette, Diane Burke Hart and Carol Quantock volunteered at the ARC Blood Bank March 5, where approximately 20 donors participated, including our own Lion Carl Caffalette.

Lion Tom presented the Officer Slate for the Lions Year 2013-2014, which was subsequently approved.

Lion Kathy Dorn will be spearheading the Installation Dinner location and get back to us at either our next Board Meeting or General Meeting with possible venues.

Lion Dave sold Easter Bunnies at the meeting which went over very well. Anyone wishing to purchase any should contact Lion Dave.

These notes were taken by Lion Diane Burke Hart in Jerry's absence.

Report of the board meetings held on Wednesday, March 20, at the Alexis Diner

For mostly weather-related reasons, we haven't had a board meeting since November, so there was a lot to discuss:

At the next general meeting, we will discuss changing the board meeting time to make it more convenient for board members who



MEMBERSHIP

- VICKI ADLER
- KATIE ALLEN
- MICHELLE BAKER
- JOANN BEACH
- DR. TED BELHUMEUR
- BARRY BERBERICH *
- DR. ROB BRASS
- CHRISTOPHER BURKE
- CARL CAFFALETTE
- JANE CHOUINIERE
- DOUG DAVIS
- NICK DEMARTE
- URSULA DESSINGUE
- KATHY DORN
- DENNIS FAGAN
- MIKE FARRELL
- JERRY GORDON
- MARYANNE GORDON
- PDG DAVE HARRIS
- PHIL HARRIS
- DR. VICI HARRIS
- DIANE BURKE HART
- TOM HART
- ELAINE HAYNER
- CHRIS HORAN
- HON. JERRY JENNINGS
- BRUNILDA JIMENEZ
- PAM KHAMBANONDA
- LARRY KRUG
- DR. DAVID LEVINE *
- FRAN MCDOAL
- KRISTIN McVEIGH
- MICHAEL O'BRIEN
- TERRY PAGE
- BOB PRATT
- CAROL QUANTOCK
- ROXANA SANCHEZ
- RUTH SANO
- VICKIE SHAHINIAN
- PAUL VERGONI
- CHRISTINA WEARY
- DR. ALLEN ZIEKER *
- * AFFILIATE MEMBER

are still working.

We reviewed the 15 calls that came in to our voice-mail system from 2/14-3/13. Jerry usually checks these, but PDG Dave did it while Jerry was away. We decided it would be a good idea for Jerry to maintain a written log and to quickly review it at future board meetings.

We have only four white-chocolate bunnies left; two of them were purchased at this meeting.

PDG Dave Harris and Phil Harris will be our delegates to the state convention in Buffalo. We voted to give them \$100 each to help defray their expenses. We voted to direct them to vote against the proposed MD20 dues increase.

We accepted the membership application of Christina Weary. We also decided that if new member comes to us without the efforts of a specific Lion, the president will be the sponsor. The Membership Chair is tasked with making sure we have contact info for potential members who are not brought in by a specific Lion.

While Lion Kathy has been doing an excellent job of providing speakers for our general meetings, we decided it would be a good idea if we had a few more Lion-specific speakers. Lion Jerry will work with her to get district chairs to future meetings.

Lion Kathy has been working to find us a suitable location for the installation dinner on June 5. It will be at Valente's Restaurant in Watervliet. There is a private room, we can order off the menu, and they'll give us separate checks.

Lion Carol couldn't be present, but she e-mailed report that included:

- ◆ "The recent Red Cross Blood Drive turned out to be better than expected, even though it wasn't a "full house". We had several walk-ins who were able to donate, and two double-red donors."
- ◆ "We will be in need of volunteers for the Regional Food Bank work night, to be held on April 9, from 5:30 – 7:30 PM. Hopefully we will have a nice warm evening with no snow!"
- ◆ "Now that I am going to be serving as King Lion, I would like to ask someone to either take over the hearing aid chair position or at least provide some assistance. We have plenty of time to discuss this, either at board meetings or general meetings."
- ◆ "I recommend that the Board approve \$150 in assistance for Jessica T., a woman who is in need of hearing aids and qualifies for our aid. Once approved, I will get Jessica in touch with Vici Harris." The Board approved this expenditure.
- ◆ "I have received a hearing aid application from a woman named Margaret W. (not the same Margaret who we assisted a few months ago). I am in process of reviewing this application and will have more information by our next general meeting."
- ◆ "I sent another application out to a woman named Carmen, who I hope will return the completed application and supporting documentation soon."
- ◆ "Joseph's House: Terry mentioned that our dinner for Joseph's House residents is coming up. Last year we did this in May, but we may want to move it to April." This resulted in a discussion about whether this was any more than a donation, and how many Lions should attend these. We decided that we needed Lion Terry's input.

NABA thanked us for the used CCTV that was donated to us; we in turn have given it to NABA's Low-Vision center.

The Newtown (CT) Lions Club is setting up a psychological counseling center that is intended to supply long-term assistance to students and families affected by the recent shootings. We voted to donate \$100.

The New York State & Bermuda Lions Foundation is selling their annual raffle tickets for \$100 each. If we buy 3, we can present a Robert J Uplinger Distinguished Service Award to someone. We voted to buy 2; PDG Dave will buy one himself, which will complete the requirement for 3.

We voted to donate \$200 to HOBY (Hugh O’Brian Youth Leadership). This is an LCI-affiliated program that develops leadership potential in high-school sophomores. Our donation will fund one student at the Leadership Seminar that will be held from 5/31-6/2 at RPI.

KL Tom received a check from ReSpecs for \$159 for the metal eyeglass frames we have sent them. We discussed how much of this we should send to Guiding Eyes, but tabled a final decision.

Who’s in charge around here?


Here are your Officers and Board of Directors for July 1, 2013 - June 30, 2014, elected at the general meeting on March 6, 2013

President	Carol Quantock	Director, 1 st of 2 years	Phil Harris
1 st Vice President	Chris Horan	Director, 1 st of 2 years	Diane Burke Hart
2 nd Vice President	Maryanne Gordon	Director, 2 nd of 2 years	Carl Caffalette
3 rd Vice President	Michelle Baker	Director, 2 nd of 2 years	Ursula Dessingue
Secretary	Jerry Gordon	Permanent Director	PDG Dave Harris
Treasurer (Club)	Paul Vergoni	Membership Chairman	Ruth Sano
Treasurer (Char Fund)	Larry Krug	* Membership Vice-chair	TBA
Lion Tamer	Roxana Sanchez	* Membership committee	TBA
Tail Twister	Tom Hart	Immediate Past Pres	Tom Hart

** Not members of the Board of Directors*

Our next meeting...

Our next general meeting will be on Wednesday, April 3, at 6 PM at the Red Front. Our speaker will be our own Lion Joann Beach, who will tell us everything you ever wanted to know about the Sight Society of NENY/Lions Eye Bank.




Make a note:

Next Lions Work Night at the **Regional Food Bank:**

Tuesday, April 9, 2013, 5:30-7:30 PM

Friends and family welcome. Tell Lion Carol how many you’re bringing at cquantoc@nycap.rr.com or 664-3901.

Save the 2nd Tuesday of January, April, July and October.



We Serve

Bring a potential member to a meeting

KidSight

It's a great help to NABA if we can send 1 or 2 Lions to help Kathryn with the paperwork when she does vision screenings of preschoolers. On March 18, not-quite-a-Lion-yet Christina Weary helped screen 47 children (4 were flagged) at Helping Hands in Clifton Park. This is out of our normal service area, but Kathryn really appreciates the help when there are a lot of kids.

Kathryn will be away most of April, so no KidSight screenings are scheduled.

Some Lions PR ...

"Life@Home" is a magazine produced by the Times Union and available for free at various locations. This excerpt is on page 61 of the April issue, as part of an article on de-cluttering by donating:

EYEGLASSES AND HEARING AIDS



Albany & Troy Lions Club
P.O. Box 192, Troy
(518) 266-7788
<http://albanytroylions.org>

The Albany & Troy Lions Club has over 80 collection sites for eyeglasses and hearing aids throughout and between Albany and Troy.

Jerry Gordon, the club secretary and webmaster, estimates that the Albany & Troy club collects 14,000 pairs of eyeglasses, and a couple of

hundred hearing aids, each year. The eyeglasses are first cleaned, sorted, and prescription-labeled here in the U.S., and then shipped to developing countries. As Gordon explains, "People get a brief eye exam and then they get the glasses that are closest to what they need. This allows adults to work, and kids to go to school, who otherwise wouldn't." The hearing aids are turned in to a local manufacturer in exchange

for "credits" that are later used to help needy local people obtain hearing aids.

Albany & Troy Lions Club also has about a dozen collection bins for used cell phones and inkjet printer cartridges. Phones and cartridges are either refurbished or recycled, depending on condition. Refurbished items are resold, and the proceeds channeled back into Lions Club humanitarian programs.

On a more personal note ...

Lions in Florida #1: While Lion Jane Chouiniere and her family were having dinner in Celebration, FL, Lions Maryanne & Jerry Gordon were having dinner with their son and daughter-in-law at another restaurant just a block away. We found out about our near miss when we both got back to Troy.

Lions in Florida #2: Lion Paul and Laura Vergoni spent two weeks in the Orlando area, including a trip to Disneyland with their daughter Maria and her two daughters.

Lions in Florida #3: Lions Maryanne & Jerry spent about a month in various parts of Florida and stopped in Hilton Head and Myrtle Beach on the way home. They attended a meeting of the Ormond-by-the-Sea Lions Club and spent a cold and blustery, but otherwise enjoyable, afternoon at the large food and crafts fair that the St Augustine Lions put on every year.

Lions elsewhere: Lion Ruth and Bob Sano spent some time last month in both Washingtons: DS (Da State) and DC (Da Capital). They went to Seattle to celebrate granddaughter Mila's first birthday, and to DC to celebrate St. Patrick's Day. I'll let you figure out which picture is which.



Dues ...

By now you should have received your dues statement for the 2013-14 Lions Year. Our new policy calls for sending them out a few months earlier than previously, so that we won't have to cancel memberships of people for whom we've already paid.

Be a good Lion and get your check to Lion Paul promptly, please.

Happy Birthday!

Happy April birthday to these A&T Lions:

- 1st - Michelle Baker
- 1st - Dave Harris
- 5th - Phil Harris
- 8th - Terry Page
- 19th - Larry Krug
- 20th - Kathy Dorn
- 22nd - Brunilda Jimenez



Happy Anniversary!

Happy Lions Anniversary to these April inductees:

- Nick DeMarte - 4 years (+22 years with Plattsburgh LC)
- Vicki Adler - 9 years
- Mike Farrell - 9 years
- Barry Berberich - 11 years
- Maryanne Gordon - 14 years
- Rob Brass - 15 years
- Mike O'Brien** - 15 years
- Allen Zieker - 15 years

Mark your calendar...



Wednesday, April 3, 6 PM: General meeting at the Red Front. See page 3 for details.

Tuesday, April 9, 5:30-7:30 PM: Work session at Regional Food Bank. See page 3 for details.

Wednesday, April 17, 8 AM: Board meeting at the Alexis Diner. All members are welcome.

Saturday, April 27: District cabinet meeting; all Lions are welcome. See below.

Saturday, April 27, 6 PM: American Council of the Blind's Dinner in the Dark. See page 6.

District Cabinet Meeting ...

If you have any interest in finding out what goes on at the district level, a cabinet meeting is the place to be. All Lions are encouraged to attend.

I've been saving this space for details of the cabinet meeting on April 27, but all I know so far is that it will be in Utica. I can't wait any longer; I've got to get this issue in the mail so that you get it before the next meeting. When I get the information, it will be posted on both the club and district web sites.

Visit your club's web site: **ALBANYTROYLIONS.ORG**,
 your district web site: **20Y2LIONS.ORG**,
 and International's web site: **LIONSCLUBS.ORG**.

And remember to do your on-line shopping at **ALBANYTROYLIONS.PENNIESATATIME.COM**

Come join us for Dinner In The Dark

The Capital District Chapter of the American Council of the Blind is hosting **Dinner In The Dark** to educate the community to the fact that eating does not always require one to see the meal on their plate for it to taste good. We invite you to come and eat a meal with us without using your **eyes to see that meal. During desert, we'll have a** discussion about your experience.

The Menu:

Salad:

Fresh Farmers Market Salad

Entrées:

Catfish w/lemon and garlic,

Chicken Francaise,

Pork Tenderloin w/apple glaze,

mashed potatoes, seasoned vegetable medley, rolls & butter

Dessert:

Chocolate cake,

coffee and tea

Good Dining, Good Friends!

We look forward to seeing YOU there!

The Event:

Dinner In The Dark

Where:

Albany Ramada Plaza Hotel
3 Watervliet Ave. Extension
Albany, NY 12206

When:

Saturday April 27th, 6:00pm

Reservations:

Call Kathy Casey at (518) 462-9487 or
Nancy Murray at (518) 452-3500

Prices:

Individual Ticket: \$50.00

Sponsoring Ticket : \$100.00

Table for Four: \$500.00

Make your check payable to the
CAPITAL DISTRICT ACB and send it to:

Kathy Casey

1 Twiller Street

Albany, NY 12209

Seats are limited, so get yours early to guarantee your seat.



The Grasshopper

A grasshopper walks into a bar. The bartender asks him, "What'll it be, grasshopper?"

The grasshopper says, "I don't care. Anything to kill the pain. Being a grasshopper is awful these days."

The bartender thinks of a suggestion. "Maybe you'd like to try this drink. It's named after you."

The grasshopper looks up at the bartender, "You have a drink called Irving?"