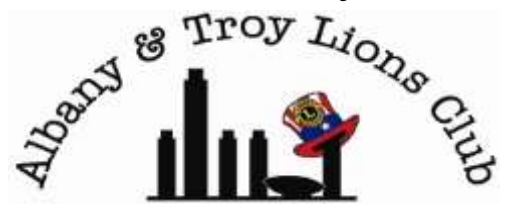




# Rare Meat

The newsletter of the



April 2024



Serving the citizens of Albany, Troy and environs since 1925

## OFFICERS 2023-2024

President:  
EVA BASS

1st Vice-President:  
JODI SHELTON

2nd Vice-President  
GREG SHELTON

3rd Vice-President  
MARILYN BRADLEY

Secretary:  
JERRY GORDON

Treasurer:  
RUTH SANO, Club  
LARRY KRUG, Char Fund

Tail Twister:  
QUEEN GHAFFAR-ADJEI

Lion Tamer:  
Larry Krug

Directors, 1st year of 2:  
MARYANNE GORDON  
MIKE O'BRIEN

Directors, 2nd year of 2:  
DAVIA GADDY  
SHAWN NEWTON

Membership Chair:  
CHRIS HORAN

Marketing Comm Chair

Immediate Past Pres:  
CAROL QUANTOCK

ALBANY & TROY LIONS  
PO Box 192  
TROY, NY 12181-0192  
(518) 512-2722  
info@albanytroylions.org  
ALBANYTROYLIONS.ORG

## Rare Meat editor:

JERRY GORDON  
JERRYGORDON@JUNO.COM  
518-235-8232

**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

The front page of Rare Meat usually contains the minutes of last month's general meeting (on the first Wednesday) and board meetings (on the third Monday), but because a number of our members were away, there were no meetings in March. Actually, there were meetings, but so few of you showed up that nothing was accomplished.



But that doesn't mean that nothing happened. King Lion Eva delivered 50 chocolate Easter bunnies to the South End Children's Café, 47 to St Catherine's and 60 to Elite Barbetts and Greatway mentorship program. Lions Maryanne & Jerry brought 20 to Lansingburgh Boys & Girls Club. Lion Ruth gave 12 to the Pine Grove Community Church Food Pantry.

## Our next meetings

Our next general meeting will be on **Wednesday, April 3**, at **6:00 PM** in Bridge Tha Gap's new office space at **1215 Broadway in Menands**. Food will not be available, so if you'd like to eat during these few hours, bring whatever you want—a sandwich, perhaps, or a prepared meal, along with the beverage of your choice. There will be a



More →

## MEMBERSHIP

VICKI ADLER  
MICHELLE BAKER  
EVA BASS  
JOANN BEACH  
JEFF BENNETT  
MARILYN BRADLEY  
DR. ROB BRASS  
JANE CHOUINIÈRE  
DOUG DAVIS  
DENNIS FAGAN  
DR. STEFAN FOSCO  
DAVIA GADDY  
QUEEN GHAFFAR-ADJEI  
JERRY GORDON  
MARYANNE GORDON  
DR. VICI HARRIS  
CHRIS HORAN  
LARRY KRUG  
DR. DAVID LEVINE  
KRISTIN McVEIGH  
SHAWN NEWTON  
MICHAEL O'BRIEN  
RUTHANN RICHARDS  
RUTH SANO  
GREG SHELTON  
JODI SHELTON  
SUE SHIPE  
DR. ALLEN ZIEKER



microwave available to heat things up but don't plan on cooking. **The meeting will start promptly at 6:00 pm. Please try to get there by 5:45 so you've got time to socialize and get settled.**

Our April board meetings will be on Zoom on **Monday, April 15**. The link will be emailed a few days prior.

### *Our club is in trouble*

We've got 28 members, which is a speck above the average club size for our district, but our problem is that half our members just pay their dues (which we certainly appreciate), but they never come to meetings or participate in any projects. This leaves us with a small cadre to draw from when we're looking for workers for various undertakings. For example, we had hoped to revive our popcorn sales at the Victorian Stroll, but we couldn't get enough people to sign up for a shift. *[Also see SEE on page 4]*

So we should all be on the lookout for new members, not only to help LCI towards Mission 1.5 (see below), but to ensure that we have enough members to be a sustainable club as we head into our second century of service in 2025. Look back at the November '23 issue for some recruitment ideas.



### **We're on a mission to grow!**



**MISSION 1.5**

**MISSION 1.5** is a dedicated effort to grow our membership to 1.5 million. We have committed the next four years to reaching this historic Lions Club membership goal. Every Lion has an important part to play. Together, we can grow Lions Clubs to extraordinary new heights, serving an untold number of people in need. Our Global Membership Approach is designed to revitalize existing clubs, charter new ones and inspire all Lions through fellowship and exciting service.

We will be having several webinars to learn more about **Mission 1.5** in the upcoming months. In the meantime, learn more by visiting [lionsclubs.org/mission1.5](https://lionsclubs.org/mission1.5).

### *A Celebration of 100 Years of NY & Bermuda Lions*

This is the Convention NOT to miss! **May 3rd to 5th, 2024.**

Join fellow Lions in beautiful, centrally-located Binghamton, NY, for the historic 100th Annual New York & Bermuda MD-20 Lions Convention.



Our programs and guest speakers are being finalized now but don't worry, they will all be worthy of 100 years of Lions serving your local communities in New York State and the country of Bermuda.

For registration info, visit <https://md20lionsconvention.org/>

### *Earning Some Green by Going Green*

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com) for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account.

## You are Cordially Invited to

### The District 20W Cabinet Meeting

**La Quinta, 833 Loudon Rd, Latham, NY 12110 Saturday, April 20, 2024**

09:30-10:00am – Cabinet Meeting Registration; 10:00am – Cabinet Meeting Begins

Snacks and Lunch will be catered

**Meal Price: \$29 Per Person**

**RSVP for the Cabinet meeting no later than Monday 04/10/2024** to

District Secretary Alexander Guilmette at [APG200@gmail.com](mailto:APG200@gmail.com)

Make checks payable to District 20W Lions. They can be mailed to Alexander Guilmette at:

**P.O. Box 2454 Ballston Spa, NY 12020**

*Lions SEE needs you!*



The mission of Lions SEE, Inc. (Screening Eyes Early) is to decrease childhood blindness through early detection and treatment of the most common vision disorders that cause amblyopia, ensuring that all children of New York State will be able to SEE their future.



We, as a club, want to be involved in this program, but before we spend \$8000 on a screening camera, we want to be sure we have enough people to conduct the screenings. They will generally be at a kindergarten, pre-school, or day-care center and typically take 2-3 hours. Will you commit to doing 1 or 2 screenings per month? It's a worthwhile way to spend a morning or two. Text, email or call Jerry to accept or ask questions ([jerrygordon@juno.com](mailto:jerrygordon@juno.com) or 518-366-5299).

One of the (very few) Lions to volunteer is Dr. Allen Zieker. During his first 25 years as a Lion, he was too busy being an ophthalmologist to participate much, although we greatly appreciate his ongoing generosity. Now that he has retired, he's been coming to meetings and signed up to do some screenings. You should, too.

By the time we go through the grant process to pay for the screener and train everyone in its use, our first screening will probably not be until September.

**SAVE THE DATE! On Sunday, 4/21/24, PID Dr. Ed Cordes will offer training for anyone who wishes to be certified as an eye screener. See below.**

### *Eye Screening Training*

See above for a description of the Lions SEE program. If you have the slightest interest in volunteering for this program, you should definitely take advantage of the free training being offered by PID Dr. Ed Cordes for anyone who wishes to be certified as an eye screener.

**WHEN: Sunday, 4/21/2024, from 10am-noon. WHERE: La Quinta, 833 Loudon Rd, Latham, NY**

**You must RSVP by 4/10/2024!** You can RSVP by calling DG Priscilla at 518-569-4421 or emailing her at [lionpriscilla2324@yahoo.com](mailto:lionpriscilla2324@yahoo.com), or CS Alexander at [apg200@gmail.com](mailto:apg200@gmail.com)



**Happy Birthday!**

Happy **April** birthday to these A&T Lions:

- 1st: Michelle Baker
- 18th: Sue Shipe
- 19th: Larry Krug
- 19th: Jodi Sheldon



**Happy Anniversary!**

Happy Lions Anniversary to these **April** inductees:

- Davia Gaddy: 3 years + 5 with Troy Lions
- Jeff Bennett: 11 years
- Vicki Adler: 20 years
- Maryanne Gordon: 25 years
- Rob Brass: 26 years
- Mike O'Brien: 26 years
- Allen Zieker: 26 years

**Mark Your Calendar**



**April is Environmental Awareness Month and Leo Club Awareness Month**

Mon, April 1: April Fool's!

Wed, April 3: General meeting; see page 1

Mon, April 8: Watch the solar eclipse, but don't look at it directly without eye protection.

Mon, April 15: Board meetings on Zoom; see page 2. And do your taxes!

Sat, April 20: Cabinet meeting; see page 3

Sun, April 21: Training for sight screeners; see page 3

Mon, April 22: Earth Day. Passover begins at sunset and runs for 8 days

*For other events around the district, visit [20WLions.org](http://20WLions.org)*

**Lions Service Areas**



Diabetes



Disaster Relief



Environment



Humanitarian



Hunger



Vision



Youth



Childhood Cancer



## Got Yarn? Or extra fleece fabric?



**If you don't need it anymore, we will turn it into hats, mittens and scarves for the needy**



## Warm Woolen Wishes Project

**Helping Hands**



**Creating Comfort**



Unites people with yarn or fabric so they can help us reach our goal of 1000 items by the end of 2024.

This helps us help everyone.

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

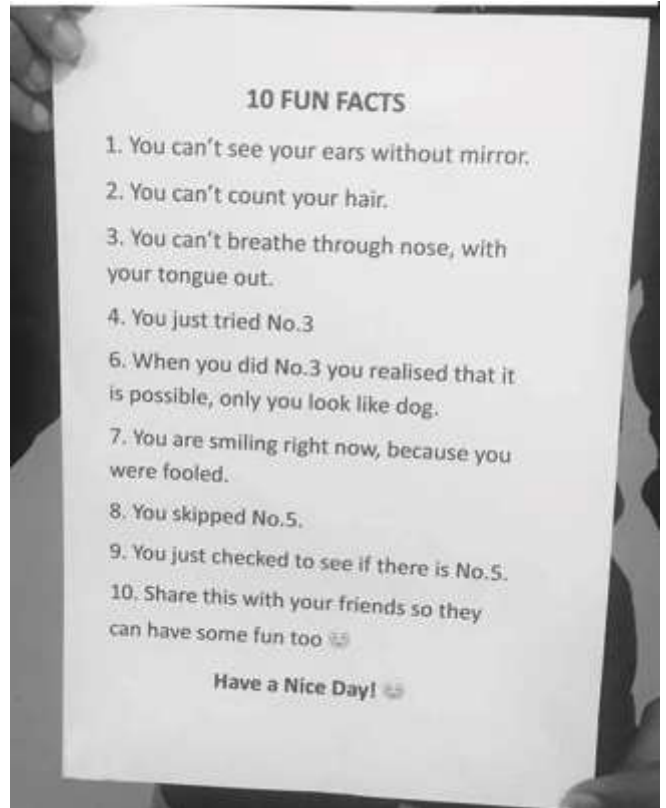
Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at [ALBANYTROYLIONS@GMAIL.COM](mailto:ALBANYTROYLIONS@GMAIL.COM) or Lion Ruth Sano at 518-859-3796



I have nothing for page 6, so here's my perennial chocolate bunny cartoon, plus a few other things for your amusement:



**Things I've learned from Snapple® bottle caps:**

The only one-syllabled U.S. state is Maine.

There are more stars in the universe than grains of sand on earth.

In ancient Greece, the strawberry was a symbol for Venus, the goddess of love.

Strawberries are actually members of the rose family.

Steel is 100% recyclable.

It is physically impossible for a pig to see the sky.

**The Bible is the world's most shoplifted book.**

