



Rare Meat

April 2014



Serving the citizens of Albany, Troy and environs since 1925

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Report of the general meeting held on Wednesday, March 5, at the Red Front

In KL Carol's absence, 2nd VP Maryanne Gordon ran the meeting. (Several Lions, in addition to KL, cancelled at the last minute, complaining of flu-like symptoms.)

Lion Jerry announced that after the last *Rare Meat* came out, we got news of a KidSight screening in March. [See page 3]

Also announced: Saturday, March 29, is the next district cabinet meeting, in Johnstown. April 25-27 is the MD20 convention in Lake Placid, and July 4-8 is the Lions International Convention in Toronto, about as close as it's ever going to get to us. All Lions are encouraged to attend any or all of these. Info on the two conventions is on the district web site.

Our nominating committee, Lions Diane & Ruth, is putting together the slate of officers for next year, to be voted on at the April meeting. Anyone interested in any office should contact either one of them.

Dues notices will be in the mail before the end of the week. Please pay as soon as possible, but no later than June 25.

We discussed the auction that will replace the meeting on May 7. [See page 6]

Chris Small, Disaster Services Liaison from Stakeholders, spoke to us about their mission: To inspire and equip people to take action in their communities. They are one of 10 independent Regional Volunteer Centers in New York. Their programs include National Days of Service events, volunteer management resources, volunteer referral services, and training for capacity building. For us specifically: (a) they could get volunteers to help us with a project that we couldn't handle with just Lions; (b) they could find us opportunities to serve as a group; and (c) we could perhaps find additional Lions through their network.

Tail-twister Tom used his Snapple book of iced-tea-bottle-cap trivia, which proved to be as difficult as his "Big Book of Impossibly Hard Questions." Thus, he was able to raise about \$10 for the treasury.



"I can't stand it when nature throws us an April Fools joke!"

MEMBERSHIP

VICKI ADLER
KATIE ALLEN
DAVID AROCHO
MICHELLE BAKER
JOANN BEACH
DR. TED BELHUMEUR
JEFF BENNETT
BARRY BERBERICH
DR. ROB BRASS
CHRISTOPHER BURKE
CARL CAFFALETTE
JANE CHOUINIÈRE
DOUG DAVIS
MEGAN DAVIS
NICK DEMARTE
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KATHY DORN
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JERRY GORDON
MARYANNE GORDON
PDG DAVE HARRIS
PHIL HARRIS
DR. VICI HARRIS
DIANE BURKE HART
TOM HART
ELAINE HAYNER
CHRIS HORAN
HON. JERRY JENNINGS
PAM KHAMBANONDA
LARRY KRUG
DR. DAVID LEVINE
FRAN MCDOAL
KRISTIN McVEIGH
LAURA MONA
MICHAEL O'BRIEN
TERRY PAGE
BOB PRATT
CAROL QUANTOCK
RUTH SANO
VICKIE SHAHINIEN
SUE SHIPE
PAUL VERGONI
CHRISTINA WEARY
DR. ALLEN ZIEKER

Report of the board meetings held on Wednesday, March 19, at the Route 7 Diner

Lion Jerry reported the results of the March 4 blood drive. [See page 3]

KL Carol reported on the zone meeting that was held on March 15; A&T attendees were Lions Carol, Laura and Jerry. The zone project will help NABA, and has two parts: (1) Have dinner at the Century House [See page for 4 details]. (2) Donate used cell phones (with batteries) to NABA, who will refurbish them for sale, sell them for scrap or use them for parts. As a zone project, this will end on June 30, but it is an ongoing program for NABA. It's probably better for us to participate in this, rather than just sending our used phones to Texas for money, which is what we've been doing. Lion Jerry will get together with Lion Michele O'Hare from NABA for more details.

We reviewed the slate of officers to be voted on at the next general meeting. We clarified that the nominating committee should be the Immediate Past President and preceding Past Pres, so next year it will be Lions Tom and Diane. [See page 3]

Because of our membership growth last year, Lions Clubs International sent us a nice banner patch, plus a commemorative pin for IPP Lion Tom. And for sponsoring a new member this year, KL Carol got a nice pin from LCI.

NABA is holding a Volunteer Recognition Breakfast from 9-10:30 AM on Thursday, April 24. All Lions who have worked on NABA projects like KidSight or the Low-Vision tech Fair are welcome. It will be held at the Albany Airport Observation Level 3. RSVP by 4/18 to Lion Jerry.

Sunday, May 4, is the annual membership meeting of the Sight Society/Lions Eye Bank with cocktails at noon and luncheon at 1 PM. Menu choices are Chicken Teriyaki, Sirloin Steak Sandwich or Grilled Salmon. It's at the Desmond, and it's \$25/person. If you're interested, contact Lion Joann Beach at 489-7606 or jbeach@lionseyebankalbany.org.

Lion Maryanne reported that since Jan 1, we have provided eyeglasses to 3 adults and 1 child from Albany County and 2 children from Rensselaer County.

Lion Jerry announced receipt of a \$150 seal-campaign donation, bringing total income to \$873. This is the first time since 2006 that income is below \$1000.

We received an application from a 25-yr-old man with pigmentary glaucoma. He has to pay \$1500/year out of pocket for his medical expenses before his insurance kicks in, and he's looking for some financial assistance. We voted to give him \$100.

For quite a few years, we have been presenting a Klingaman Citizenship Award of \$100 to graduating seniors from 14 high schools in our area. (The award is named after Lion Dave Klingaman, who died in 2005. The many donations that we received in his memory funded the initial awards.) Lion Paul raised the question of whether our current practice is the best way for us to spend \$1400/year. We discussed various ways of presenting fewer but larger stipends. We decided to continue what we have been doing for this year, and we appointed a committee comprising Lions Paul, Tom, Diane and Fran to consider the question and report back to the board with some other ideas.

We received thank-you notes from Vanderheyden for the gifts we provided last December, and from LCIF for our donation

Lion Sue Shipe is the founder and executive director of the International Institute for Human Empowerment. She spoke to us about getting involved with the "Celebrate Diversity!" program that she has developed for children and teens. There are quite a few ideas in the 125-page booklet she wrote, and we need some Lions to volunteer to work with her on coming up with a program that we can get involved in. If you have any interest in this, please contact Lion Sue (sshipe@nycap.rr.com or 377-6497) or KL Carol (cquantoc@nycap.rr.com or 664-3901).

BRING A POTENTIAL MEMBER TO A MEETING

Our next meeting ...

Our next meeting will be on the Wednesday, April 2 at 6 PM at the Red Front. Our speaker will be ophthalmologist Lion Dr Allen Zieker. It's also time to vote for next year's officers.

Election time ...

Here is the slate of candidates that your nominating committee has proposed for the next Lions year of July 1, 2014 - June 30, 2015 . Voting will be at the April 2 meeting.

| | | | |
|--------------------------------|-----------------|--------------------------------------|------------------|
| President | Carol Quantock | Director, 1 st of 2 years | Maryanne Gordon |
| 1 st Vice President | Chris Horan | Director, 1 st of 2 years | Mike O'Brien |
| 2 nd Vice President | Laura Mona | Director, 2 nd of 2 years | Phil Harris |
| 3 rd Vice President | Michelle Baker | Director, 2 nd of 2 years | Diane Burke Hart |
| Secretary | Jerry Gordon | Permanent Director | PDG Dave Harris |
| Treasurer (Club) | Paul Vergoni | Membership Chairman | Ruth Sano |
| Treasurer (Char Fund) | Larry Krug | * Membership Vice-chair | TBA |
| Lion Tamer | Vicki Shahinian | * Membership committee | TBA |
| Tail Twister | Tom Hart | Immediate Past Pres | Tom Hart |

* Not a voting member of the Board of Directors

Bunnies

Lion Michelle Baker is chairing our Bunny Committee. If you want some chocolate bunnies, contact her at michelle.baker@suny.edu or H: 281-8865 or W: 320-1164. They're \$5 each, and four flavors are available: solid milk chocolate (6.2 oz), white chocolate (6.2 oz), dark chocolate (3.5 oz) and no-sugar-added milk chocolate (3.5 oz). Each sale helps the Lions Eye Institute.



Blood drive

We sponsored a blood drive at the Hilton Garden In on Hoosick Street on March 4. Thanks to Lion Carl for donating, and to workers Lions Carl, Fran, Diane, Tom, Maryanne, Jerry and scheduler KL Carol. The Red Cross collected 18 donations, including 3 first-timers, enough to help 54 people.

KidSight

Lion Paul helped with a screening on March 11 at the New Scotland School in Albany. They screened 65 kids and flagged 1 as needing follow-up by an ophthalmologist. There are no screenings within our territory during April, but there are two nearby ones that Kathryn could use help with:

Tuesday, April 22, 9:30 AM - Bethlehem Child Care, Glenmont

Monday, April 28, 9:30 AM - Schenectady Jewish Community Center, 2565 Balltown Rd., Schenectady

If you can do one or both, please contact Lion Jerry at jerrygordon@juno.com or 235-8232.



Make a note:

Next Lions Work Night at the **Regional Food Bank:**

Tuesday, April 8, 2014, 5:30-7:30 PM

Friends and family welcome. Tell **Lion Carol** how many you're bringing at cquantoc@nycap.rr.com or **664-3901**.

Save the 2nd Tuesday evening of January, April, July and October to work at the Food Bank.



We Serve

Zone Project

Part 1 of our zone project is very simple: Go to the Century House for dinner on Wednesday, April 9, between 5-9 PM and tell your waitress you're with the Lions. 10% of the tab will go to NABA, and for each meal ordered, a meal will be donated to the Regional Food Bank. Even non-Lions can partake of this deal, so bring your friends and family. (The Century House is at 997 New Loudon Rd (Route 9) in Latham, about 1.7 miles north of the Latham Circle. Call 785-0834 for reservations.)

Something we can sink our teeth into ...

"I am a Lion from the Melville Lions Club in MD-20S. I am also a Dentist and an active member of organized Dentistry. Across the country, Non-Governmental Organizations and State Dental Associations have been organizing free dental care clinics for those in need.

"This year the New York State Dental Foundation, in conjunction with the America's Dentists Care Foundation, is organizing a "Mission of Mercy" event at Hudson Valley Community College's Edward F. McDonough Sports Complex on June 13 and 14, 2014. We are expecting to treat over a 1,000 patients in those 2 days.

"We need volunteers to fill many positions including, but not limited to, setup and breakdown of the clinic, administrative, computer, supply, sterilization, escort and security.

"Across the country at all of these events, the local Lions Clubs are there giving a hand. We hope all of the members of District 20-Y2 will join us.

"Please go to <https://www.nysmom.org> for more information and to register to volunteer. Please call the Foundation with any questions at [\(518\) 465-0044](tel:5184650044) or email: nysdf@nysdental.org, and feel free to call me at [516-459-9258](tel:5164599258)

"Alone we can do so little. Together we can do so much." Helen Keller

"Thank you so much,
Lion Scott Firestone, DDS, FAGD
Dr.Scott.Firestone@henryschein.com "



Abundant April

April seems to be a very fecund month for us. More A&T Lions were born in April than in any other month. And more became A&T Lions in April than in any other month. If anyone has an explanation for either of these phenomena, I'd love to hear it.

Happy Birthday!

Happy April birthday to these A&T Lions:

- 1st - Michelle Baker
- 1st - PDG Dave Harris
- 5th - Phil Harris
- 8th - Terry Page
- 18th - Sue Shipe
- 19th - Larry Krug
- 20th - Kathy Dorn
- 28th - John Falance



Happy Anniversary!

Happy Lions Anniversary to these April inductees:

- Jeff Bennett - 1 year
- Nick DeMarte - 5 years (+22 yrs with Plattsburgh LC)
- Vicki Adler - 10 years
- Mike Farrell - 10 years
- Barry Berberich - 12 years
- Maryanne Gordon - 15 years
- Dr Rob Brass - 16 years
- Mike O'Brien - 16 years
- Dr Allen Zieker - 16 years

| April 2014 | | | | | | |
|---|----------------------------------|---|---|---|-------------------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | | 1 | 2 6pm: Meeting at Red Front. See p 3 | 3 | 4 | 5 |
| 6 | 7 | 8 5:30-7:30pm: Regional Food Bank. See p 4 | 9 5-9pm: eat at Century House. See p 4 | 10 | 11 | 12 |
| 13 | 14 Passover begins at sundown | 15 | 16 6pm: Board meeting at Rte 7 Diner | 17 | 18 Good Friday | 19 |
| 20 Easter Sunday | 21 | 22 KidSight. See p 3 | 23 | 24 9-10:30am: NABA volunteer b'fast. See p 2 | 25 | 26 |
| 27 Auction reservations due. See p 6 | 28 KidSight. See p 3 | 29 | 30 | | | |



For those who care about such things, the Smithsonian has declared April to be Jazz Appreciation Month, and April 30 is International Jazz Day. To find some live jazz locally, visit aplaceforjazz.com/calendar.htm





Hilton Garden Inn, 235 Hoosick St, Troy

*Wednesday, May 7 - cash bar at 5:30,
dinner at 6:15, auction at 7:00*

Clean out your attic and basement, bring all your friends,
and don't forget your checkbook. Enjoy an evening
of dinner, fun and camaraderie - all for only \$25!

Menu: Salad, rolls, butter, coffee/tea, dessert, and your choice of:

Chicken w/Mushrooms & Madeira Butter

(Thyme Sautéed Duet of Chicken Pillard, Savory Cremini and Madeira Pan Gravy)

Shrimp & Crab Stuffed Filet of Sole

(With a Lobster Tomato Cream Sauce)

Stuffed Portobello (Vegan)

(Roasted Peppers, Asparagus and Spinach w/Red Pepper Coulis)

Reservations: Lion Diane Burke Hart

H: 283-6099 or C: 605-8600 or

dbhart@nycap.rr.com

**Reservations, dinner choices and payment
due by Monday, April 28, 2014. (Uncanceled
reservations must be paid for.)**

Make checks payable to ALBANY &
TROY LIONS CLUB and mail them to

Lion Diane Burke Hart

PO Box 171

West Sand Lake, NY 12196

