



# Rare Meat

May 2014



*Serving the citizens of Albany, Troy and environs since 1925*

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JERRY GORDON

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LARRY KRUG, Char Fund

Tail Twister:

TOM HART

Lion Tamer:

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PDG DAVE HARRIS

Directors, 1st year of 2:

PHIL HARRIS

DIANE BURKE HART

Directors, 2nd year of 2:

CARL CAFFALETTE

URSULA DESSINGUE

Membership Chair:

RUTH SANO

Immediate Past Pres:

TOM HART

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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

*Report of the general meeting held on Wednesday, April 2, at the Red Front*

Lion Jerry introduced potential Lion Nancy Murdock; she works at the Capital District Psychiatric Center and has been collecting used glasses and cell phones for us for several years. Her granddaughter goes to Waterford-Half Moon HS, and she's trying to start an eyeglass-collection program there.

KL Carol reminded everyone about the work night at Regional Food Bank on 4/8, the zone-project dinner at the Century House to help NABA on 4/9, and of course the auction on 5/7.

Cheryl Lawyer has been NABA's Outreach Coordinator for 6 years, but she's been a puppy-raiser for Guiding Eyes for the Blind for 10 years, and that's what she spoke to us about. Guiding Eyes was founded in Yorktown Heights in 1954, and they've graduated over 7000 dogs in the past 60 years. Although it costs upwards of \$45,000 and takes about two years to breed, raise, train, and match each dog with its visually-impaired handler, there is absolutely no charge for these services. Puppy raisers, who come from all walks of life, take eight-week-old puppies into their homes. They love, nurture and educate them for 12-16 months, and then return the puppy to Guiding Eyes for formal guide-dog training. Most dogs end up as "seeing-eye" dogs, but some go on to "careers" in law enforcement, autism companions, or other service work. They're always looking for more puppy-raisers, so if you're interested, contact Cheryl.

The proposed slate of officers for next year was unanimously elected. See page 3

Lion Tail-Twister Tom questioned us about state capitals, and quite a few Lions discovered how much they didn't know.

*Report of the board meetings held on Wednesday, April 16, at the Route 7 Diner*

Only three Lions (Doug Davis and the Gordons) showed up to work at the Regional Food Bank on April 8. The general feeling seems to be



*Happy Mother's Day  
to all the mothers in  
our club!*

## MEMBERSHIP

VICKI ADLER

KATIE ALLEN

DAVID AROCHO

MICHELLE BAKER

JOANN BEACH

DR. TED BELHUMEUR

JEFF BENNETT

BARRY BERBERICH

DR. ROB BRASS

CHRISTOPHER BURKE

CARL CAFFALETTE

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PHIL HARRIS

DR. VICI HARRIS

DIANE BURKE HART

TOM HART

ELAINE HAYNER

CHRIS HORAN

HON. JERRY JENNINGS

PAM KHAMBANONDA

LARRY KRUG

DR. DAVID LEVINE

FRAN MCDOAL

KRISTIN MCVEIGH

LAURA MONA

MICHAEL O'BRIEN

TERRY PAGE

BOB PRATT

CAROL QUANTOCK

RUTH SANO

VICKIE SHAHINIEN

SUE SHIPE

PAUL VERGONI

CHRISTINA WEARY

DR. ALLEN ZIEKER

that the physical requirements are too strenuous for many of our members. KL Carol will talk to RFB folks about the possibility of some other ways we can support them.

KL Carol is waiting to hear from the Red Cross to set up the rest of our blood drives for the year.

KL Carol got a call from the Albany County DA's office about an 18-yr-old boy who got into trouble fooling around with a BB gun. He's apparently a "good kid who did something stupid" and he's been assigned community-service hours working with the blind. The DA's office is hoping we can provide some supervision with an appropriate task; KL Carol is working with them to come up with something suitable.

Lion Tom reported that we have received a check for \$145 from ReSpecs for the metal eyeglass frames we sent them. The ReSpecs money is generally earmarked for donation to Guiding Eyes for the Blind.

Now that the weather is (allegedly) warming up, we'll be able to get into Lion Tom's garage to pack glasses, which hasn't been done in several months. There are probably at least 4000 pairs waiting for us. We approved buying pizza for anyone who shows up for this task. The date is TBD.

Lion Diane reports that to date, she has 26 paid reservations for the auction. She's hoping for 50, so please get your reservations in to her. *[See page 8 for details.]*

We voted to appoint Lions Jerry and Ruth as our Delegates at the International Convention in Toronto; Lion Maryanne is an Alternate.

We voted to donate \$25 toward the District Governor's gift, to be presented at his testimonial on May 16.

We approved moving \$1400 from the general fund to the charitable fund for the Klingaman Award scholarships.

Lion Maryanne read a thank-you note from a young man we got glasses for. An Albany family-court judge recognized that he needed his vision corrected (he's blind in one eye) before she could do anything else to help his situation, and so she called us.

KL Carol is working on a hearing-aid request from a resident at Carondelet.

KL Carol is working on a request from a board member at Dollars for Scholars for us to cooperate on a fundraiser for scholarships at South Colonie HS. Lion Paul pointed out that S. Colonie is one of the schools that we give a Klingaman Award to.

KL Carol got a request from a stroke victim to help get her a new service dog. Since it's not a vision situation, KL Carol referred her to some other organizations that might be able to help more than we could.

We had helped a Guatemalan woman get eye surgery at the Lions Eye Institute. Lion Jerry reported that we just got a seal campaign donation from her advocate.

Lion Jerry read a note from Lion Sandie Clark, president of the 20Y2 Hearing Conservation Society, thanking us for the 45 hearing aids we recently gave them.

We got a thank-you note from a young man to whom we had donated \$100 to help defray some of the expenses associated with his pigmentary glaucoma.

We voted to spend \$200 to sponsor a local high-school sophomore to attend the Hugh O'Brian Youth Leadership seminar at RPI this summer. HOBY is a Lions-approved affiliate and we have been supporting them for a number of years.

We voted to table donation requests from Joseph's House and Lions Camp Badger (home of the Empire State Special Needs Experience).

**Bring a potential member to a meeting**

**Who's in charge ...**

Here are your officers and board members for the next Lions year of July 1, 2014 - June 30, 2015. They were voted in at the April 2 meeting.

President	Carol Quantock	Director, 1 <sup>st</sup> of 2 years	Maryanne Gordon
1 <sup>st</sup> Vice President	Chris Horan	Director, 1 <sup>st</sup> of 2 years	Mike O'Brien
2 <sup>nd</sup> Vice President	Laura Mona	Director, 2 <sup>nd</sup> of 2 years	Phil Harris
3 <sup>rd</sup> Vice President	Michelle Baker	Director, 2 <sup>nd</sup> of 2 years	Diane Burke Hart
Secretary	Jerry Gordon	Permanent Director	PDG Dave Harris
Treasurer (Club)	Paul Vergoni	Membership Chairman	Ruth Sano
Treasurer (Char Fund)	Larry Krug	* Membership Vice-chair	TBA
Lion Tamer	Vicki Shahinian	* Membership committee	TBA
Tail Twister	Tom Hart	Immediate Past Pres	Tom Hart

\* Not a voting member of the Board of Directors

*Our next meeting ...*

Our next meeting will be the Auction! See page 8 and make your reservation NOW!

*KidSight*

Lion Paul helped with a screening on April 28 at the JCC in Schenectady. They screened 35 kids and flagged 2 as needing follow-up by an ophthalmologist. There are no screenings within our territory during May, but there are two in Clifton Park that Kathryn could use help with, both at 9:30 AM at Helping Hands Academy Nursery School at 41 Wermer Rd; one is on Monday May 5 and the other is on Tuesday May 6. It's just off Rte 146, about 1-1/2 miles east of Northway Exit 9.

If you can do one or both, please contact Lion Jerry at jerrygordon@juno.com or 235-8232.

*Zone Project Results*

Seven A&T Lions that I know of (the Gordons, Quantocks, Vergonis and Chris Burke) went to the Century House for dinner on Wednesday, April 9. Along with all the other Lions and friends who showed up, 10% of the total tab generated \$152 for NABA. This may not seem like much, but it's \$152 more than they had before, and it was certainly an enjoyable evening. Also, for each meal ordered, a meal was donated to the Regional Food Bank.

**Something we can sink our teeth into ...**

*This is a great opportunity to volunteer. I encourage you all to go to [www.nysmom.org](http://www.nysmom.org) and sign up.*

"I am a Lion from the Melville Lions Club in MD-20S. I am also a Dentist and an active member of organized Dentistry. Across the country, Non-Governmental Organizations and State Dental Associations have been organizing free dental care clinics for those in need.

"This year the New York State Dental Foundation, in conjunction with the America's Dentists Care Founda-

tion, is organizing a "Mission of Mercy" event at Hudson Valley Community College's Edward F. McDonough Sports Complex on **June 13 and 14, 2014**. We are expecting to treat over a 1,000 patients in those 2 days.

"We need volunteers to fill many positions including, but not limited to, setup and breakdown of the clinic, administrative, computer, supply, sterilization, escort and security.

"Across the country at all of these events, the local Lions Clubs are there giving a hand. We hope all of the members of District 20-Y2 will join us.

"Please go to <https://www.nysmom.org> for more information and to register to volunteer. Please call the Foundation with any questions at [\(518\) 465-0044](tel:5184650044) or email: [nysdf@nysdental.org](mailto:nysdf@nysdental.org), and feel free to call me at [516-459-9258](tel:5164599258)

*"Alone we can do so little. Together we can do so much." Helen Keller*

"Thank you so much,

Lion Scott Firestone, DDS, FAGD  
[Dr.Scott.Firestone@henryschein.com](mailto:Dr.Scott.Firestone@henryschein.com) "

### NABA Gala

In attendance at NABA's Visionary Gala on April 12 at Franklin Plaza: (L-R) Susan Hayes, Vicki Crosier, Vicki Adler, Joann Beach, PDG Lettie Saheim, Ruth Sano, Jerry & Maryanne Gordon, Chris Burke. The five ladies on the left are all affiliated with the Sight Society of NENY/Lions Eye Bank; they were at the Gala because one of the evening's honorees was Dr Rob Schultze, the Sight Society's Medical Director. In addition, all except Vicki Crosier are Lions - Susan belongs to Ballston Spa, PDG Lettie is in Mechanicville-Stillwater, and the others are all Albany & Troy Lions. Also, Jerry is on the NABA Board of Directors (as is A&T Lion Chris Horan) and Chris Burke is NABA's Executive Director. Ruth and Bob Sano were there to dance; maybe you saw their picture on page F3 in the Times Union of 4/18.



### Buying on line...

If you're planning on making a purchase at [amazon.com](http://amazon.com), do it from [SMILE.AMAZON.COM](http://SMILE.AMAZON.COM) instead. You can specify Lions Clubs International Foundation (LCIF) as your charity of choice, and they'll get 0.5% of your purchase price.

### On a personal note ...

On April 9, Lion Paul posted on Facebook: "For my Facebook Friends who are not also friends of our daughter, Lisa, I want to share the Good News that she, Sean, and Mia share. At 12:26 am today, Lisa delivered a healthy baby boy. Jakob Paul was 7 lbs. 13 ozs. and 19.5 inches long. Both Lisa and Jakob are doing fine. A sincere thank you to each of you who expressed your concern and kept us in your thoughts and prayers."

*From the 3/20/14 edition of The Evangelist (thanks to Lion Diane for pointing this out):*

## **Reading in Braille at St. Michael's**

[BY ANGELA CAVE](#), STAFF WRITER

Everyone was surprised when Frances McDoal asked to be a lector at her new parish of St. Michael the Archangel in Troy - even her.

"When I was talking to Sister Kate [Arseneau, CSJ, the parish life director], it just happened," Mrs. McDoal said. "I had no idea I was going to say it."

But God must have known: "He has something to do with everything," she mused.

Mrs. McDoal, 72, has been blind since birth. Parishioners Ellen and Bob Hotz, who volunteer as pastoral care ministers, started bringing Mrs. McDoal communion last spring and then began driving her to church. They also connected her with the Xavier Society for the Blind, which now sends her Mass propers - the parts of the Mass that change from week to week - in Braille.



"I was so excited that I could read the Gospel along with the priest or deacon," Mrs. McDoal said. "It's something people might take for granted."

### **Starting at 72**

Since January, Mr. Hotz has escorted Mrs. McDoal onto the altar once a month for her turn at doing readings.

"She reads very beautifully," Mrs. Hotz said. "People come up to her after church. Some of them are in tears, they're so impressed and happy for her. That, at 72, she'd come up and do something new is impressive itself."

Mrs. McDoal says she was nervous at first, but she "knew God was with me and He could get me through it."

"I like it," she continued. "It's very interesting. It just amazes me that people think it's amazing. God's teaching me to do something that is benefiting people and myself."

Being a lector helps her pay closer attention to weekly readings: "There's something attention-grabbing about when you read them yourself."

Mrs. McDoal attended the New York State School for the Blind in Batavia from kindergarten through 12th grade, coming home to Albany only for summer vacations. She had religious instruction and attended Mass there.

### **School days**

"My experience was mixed," she said of the school, which today only accepts children who have additional disabilities. "I missed home life, but we got to do a lot of things."

There was a roller-skating rink and a swimming pool at the school, and she was in a Girl Scout troop. Her biggest take-away from the school was learning Braille - and she bemoans that many blind children today don't get that opportunity.

After high school, Mrs. McDoal worked for the Northeastern Association of the Blind at Albany, then as a medical transcriptionist at Samaritan Hospital in Troy for 40 years. She retired in 2003.

Though she wanted to be a nurse when she was a child, she enjoyed transcribing doctors' reports with a dictating machine and typewriters, and, later, computers.

"I always said the reason I had a job was because their writing was so bad," Mrs. McDoal said with a laugh. "It was an interesting period for me."

The last time Mrs. McDoal was a member of a Catholic parish was the late 1990s, but she always received communion and listened to Table of the Lord, the Albany Diocese's weekly televised Mass.

### Supported by faith

She had her faith tested when she was widowed twice: Her first husband died in a fire at their Troy mobile home in 1994, and her second husband succumbed to pancreatic cancer in 2003.

"In bad times for me, [faith] pulled me through," she said. After her first husband's death, she struggled with the fact that she survived and he didn't. But she heard God say, "'You have work to do.'

"I know that [being a lector] is in His plan," she said. "Reading is something I can give of myself, so it's not as though people are just doing for me."

Mrs. McDoal is also a member of the Albany & Troy Lions Club, where she helps collect glasses and hearing aids. She sorts items at the Regional Food Bank of North-eastern New York and volunteers at American Red Cross blood drives. Her boyfriend is also a member: "I never thought anyone else would be part of my life."

Mrs. McDoal has been going to St. Michael's activities and plans to get more active. "The people are very friendly," she said. "[I] feel so like this is where I should be."



*You are cordially invited to attend the  
Lions Clubs District 20-Y2*

*Testimonial and Awards Dinner  
Honoring*

*District Governor Stephen C. Lynch*

*Friday May 16th, Two Thousand Fourteen*

*5:30 Cocktails*

*6:30 Dinner*

*Gideon Pulnam Resort  
Saratoga Springs, New York*

*Black Tie Optional*

RSVP by May 1<sup>st</sup>  
to  
Lion Mary Claire Noakes  
12 Towner Road  
Lake Luzerne, NY 12846

Please include dinner  
choice  
\$49 per person

Breaded Chicken Piccata  
Lemon Caper Sauce  
Herb-Encrusted Pork Loin  
Caramelized Apple  
Chutney  
Baked Vegetable Napoleon  
Roasted Red Pepper Cream

Crabby Road

10-15-09



*Happy Birthday!*

Happy May birthday to these A&T Lions:

- 7th - Maryanne Gordon
- 9th - Elaine Hayner
- 10th - Vici Harris
- 13th - Vickie Shahinian
- 26th - Allen Zieker



*Happy Anniversary!*

Happy Lions Anniversary to these April inductees:

- David Arocho - 1 year
- Phil Harris - 2 years
- Joann Beach - 10 years
- Diane Hart - 20 years
- Jane Chouiniere - 26 years

May 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 SSNENY/Lions Eye Bank Annual Meeting *	5 KidSight Screening. See p 3.	6 KidSight Screening. See p 3.	7 6pm: <b>The Auction!</b> See p 8.	8	9	10
11 Mother's Day	12 Hearing Cons Soc meeting *	13	14	15	16 5:30pm: DG's Testimonial. See p 6.	17
18	19	20	21 6pm: Board meeting at Rte 7 Diner	22	23	24
25	26 Memorial Day	27	28	29	30	31

\* For further info on this and other events around the district, visit [20Y2Lions.org](http://20Y2Lions.org)

"If you want happiness for an hour -- take a nap.  
 If you want happiness for a day -- go fishing.  
 If you want happiness for a year -- inherit a fortune.  
 If you want happiness for a lifetime -- help someone else."  
 -- Chinese Proverb



*Hilton Garden Inn, 235 Hoosick St, Troy*

*Wednesday, May 7 - cash bar at 5:30,  
dinner at 6:15, auction at 7:00*

Clean out your attic and basement, bring all your friends,  
**and don't forget your checkbook. Enjoy an evening**  
of dinner, fun and camaraderie - all for only \$25!

**Menu:** Salad, rolls, butter, coffee/tea, dessert, and your choice of:

**Chicken w/Mushrooms & Madeira Butter**

*(Thyme Sautéed Duet of Chicken Pillard, Savory Cremini and Madeira Pan Gravy)*

**Shrimp & Crab Stuffed Filet of Sole**

*(With a Lobster Tomato Cream Sauce)*

**Stuffed Portobello (Vegan)**

*(Roasted Peppers, Asparagus and Spinach w/Red Pepper Coulis)*

Reservations: Lion Diane Burke Hart  
H: 283-6099 or C: 605-8600 or  
[dbhart@nycap.rr.com](mailto:dbhart@nycap.rr.com)

Make checks payable to ALBANY &  
TROY LIONS CLUB and mail them to

**Reservations, dinner choices and payment  
due by Monday, April 28, 2014. (Uncanceled  
reservations must be paid for.)**

Lion Diane Burke Hart  
PO Box 171  
West Sand Lake, NY 12196

