



# Rare Meat

The newsletter of the



September 2015



Serving the citizens of Albany, Troy and environs since 1925

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Membership Chair:

KATHY DORN

Immediate Past Pres:

CAROL QUANTOCK

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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

## Back to school refresher course ... for drivers ...



Report of the board meetings held on Wednesday, August 19, at the Route 7 Diner

### Committee reports:

**Blood drives:** IPKL Carol absent; no report. *[But see page 3 for late-breaking news.]*

**Facebook administrator:** Lion Laura had been doing this, but since her workload-inspired leave of absence, we need someone else.

**Public Relations Chair:** This important post has been empty too long. We really need someone to step forward and accept this role.

**Membership:** Lion Kathy absent; no report.

**Programs:** Lion Kathy absent; no report.

**Used glasses:** Lion Tom absent; no report.

**Voice-mail log:** Lion Jerry: 17 calls in the past month, of which 7 were from out of our area and referred to the appropriate club.

**Eyeglass requests:** Lion Maryanne gave out one voucher to a 60-year-old gentleman from Albany.

**Hearing requests:** Lion Doug Davis was heartily thanked for accepting this chairmanship. There is one open application that Lion Carol is still handling (Doug recused himself because he

### MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

JOANN BEACH

DR. TED BELHUMEUR

JEFF BENNETT

DR. ROB BRASS

CHRISTOPHER BURKE

JANE CHOUINIÈRE

DOUG DAVIS

MEGAN DAVIS

URSULA DESSINGUE

KATHY DORN

DENNIS FAGAN

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CHRIS HORAN

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TERRY PAGE

BOB PRATT

CAROL QUANTOCK

RUTH SANO

VICKIE SHAHINIEN

SUE SHIPE

PAUL VERGONI

DR. ALLEN ZIEKER

knows the applicant). We discussed a new app from a Guildland resident that we are handling because there's no club there; we'll request reimbursement from the Hearing Conservation Society.

Plans for the 90<sup>th</sup> anniversary celebration are proceeding. Next meeting is at Lillian's in Saratoga on Sep 3.

We voted to participate again in NABA's Low-Vision Tech Fair on October 15, and to sell popcorn at the Victorian Stroll on December 6.

We voted to donate \$100 to the Sight Society/Lions Eye Bank to help defray the expense of their Donor Memorial Service.



## Ball féideartha a thabhairt chun cruinniú

*If we keep repeating "Bring a potential member to a meeting," it will soon become old hat. So as part of your continuing education and to keep the thought fresh, we'll say it in a different language each month. This is Irish.*

### *Our next meeting*

Our next general membership meeting will be on **Wednesday, September 2**. Our speaker will be Robert Fox, OD. We call the meeting to order at 6:00, but please try to be there by 5:45 PM so you can place your dinner order and have a few minutes to socialize.

### *KidSight*

Kathryn always appreciates our help with NABA's KidSight vision screenings. Here are those in our area (or not too far way) for September:

Thu, 9/17 Colonie Head Start, 1653 Central Ave  
 Mon, 9/21 Schenectady Head Start - Bigalow Ave  
 Wed, 9/23 Schenectady Head Start - Bellevue  
 Fri, 9/25 Schenectady Head Start - Yates Village



It's pretty simple and it rarely takes more than a couple of hours, usually starting at 9:30 a.m. Why not give one or two a try? Please let Lion Jerry know asap if you're available to help, and I'll get address and time details for you.

### *Blind Artists Society*

The NABA Blind Artist Society, in conjunction with the Art Center of the Capital Region, 265 River Street, Troy, will be having an exhibit at the Center from September 12 – October 10, 2015. As a part of Troy Night Out, there will be a reception on Friday, September 25, from 5:00 – 9:00 PM, that is free and open to the public.

For more information about NABA's Blind Artist Society, contact Michele O'Hare at (518) 463-1211 x241, [mohare@naba-vision.org](mailto:mohare@naba-vision.org), or follow them at [facebook.com/groups/362212070517741/](https://www.facebook.com/groups/362212070517741/)



A BAS member painting



Our next BLOOD DRIVE will be **Monday, September 28, from 1-6 PM** at the East Greenbush Library. We need volunteers:

- ◆ To work at the registration desk and the canteen at the drive,
- ◆ And to donate blood.

If you can do either or both of these, please sign up with Lion Carol at [cquantoc@nycap.rr.com](mailto:cquantoc@nycap.rr.com) or 664-3901.

### *Our 90th!*

The Albany & Troy Lions Club and the Saratoga Springs Lions Club were both founded in 1925, and the clubs will be celebrating their 90th Anniversary together on Saturday, November 7, 2015. The event will be held at the historic Gideon Putnam Hotel in Saratoga State Park. We are honored to have Past International President Lion Al Brandel as our guest speaker. PIP AL is the first Intl Pres from MD20 since Robert J Uplinger in 1971-72.

We expect the cost to be \$60 per person. This may seem a bit high, but it will be a very nice meal at a very nice place and a very significant occasion. Start putting your pennies away now and mark your calendar.

**We're looking for memorabilia to include in a film loop that will run during the cocktail hour. If you've got any old photos, documents or anything else that might be of interest, please let us know.**

### *Help wanted...*

If you're wondering what you can do to help your club, we've got a few positions open. The first two can be done from home, working at your own schedule. They could be handled by the same person, but we've broken it into two jobs to make it look easier.

**Facebook Administrator:** We've got a facebook page ([facebook.com/albanytroylions](https://facebook.com/albanytroylions)) that Lion Laura set up, but that was before the increasing demands of her job forced her to take a leave of absence from us. Now we need someone to oversee the page, make sure the right stuff gets posted, and respond as required to whatever anyone else posts.

**Public Relations Chair:** This job requires the ability to write clearly, and distribute stories and articles about our activities to local newspapers, as well as to Lions publications like the district newsletter, the MD20 magazine and The Lion, our international publication.

Finally, we need someone to **chair a fund-raising committee**. It looks like our wreath sales program has died, and we need to find something to replace it. There are several folks willing to work on this with you, but we need a chair.

If you're interested in any of these jobs, please contact King Lion Chris Horan at 469-8562 or [choran79@hotmail.com](mailto:choran79@hotmail.com).

### **Buying on line...**

If you're planning on making a purchase at [amazon.com](http://amazon.com), do it from [SMILE.AMAZON.COM](http://SMILE.AMAZON.COM) instead. You can specify [ALBANY AND TROY LIONS](#) as your charity of choice, and we'll get 0.5% of whatever you spend.



**On a personal note ...**



Lion Ruth Sano says, "I had a dream of going to all 50 states by 50...didn't happen. Next- 50 states by 55...not enough time. 50 states by 60 happened today - how appropriate that my last stop was at "The Field of Dreams" in Dyersville Iowa! 'Build it and she will come!'"

Musing on facebook, Lion Paul says, "Grandchildren are GREAT!" I think he might be right.



*Happy Birthday!*

Happy September birthday to only one A&T Lion:

10th - Vicki Adler



*Happy Anniversary!*

Happy Lions Anniversary to these September inductees:

- Sue Shipe - 2 years (plus 20 years with Guilderland and Saratoga Springs)
- Dr Ted Belhumeur - 6 years
- Ruth Sano - 19 years
- Kristin McVeigh - 25 years

**September 2015**

Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1	2 5:45pm: Meeting at Red Front; see p 2	3 6pm: 90th Committee meeting	4	5
6	Labor Day	7	8	9	10	11
12						
13	14	15	16 6pm: Board meeting at Rte 7 Diner.	17 KidSight - see p 2	18	19 20Y2 Cabinet Meeting - p 5 Dinner in the Dark -p 6
20	21 KidSight - see p 2	22	23 KidSight - see p 2	24	25 KidSight - see p 2 BAS reception - see p 2	26
27	28 Blood Drive - see p 3	29	30			

*For other events around the district, visit [20Y2Lions.org](http://20Y2Lions.org)*



We Serve



**FIRST DISTRICT CABINET MEETING OF 20-Y2 LIONS CLUBS**

**SATURDAY, SEPTEMBER 19, 2015**

**CENTRAL ASSOCIATION FOR THE BLIND (CABVI)  
507 KENT STREET  
UTICA, NEW YORK 13501  
315-797-2233**

**9:30 A.M. REGISTRATION AND COFFEE/TEA**

**9:30 A.M. INTRODUCTIONS/MEETING**

**LUNCH – (THERE IS NO CHARGE FOR LUNCH – LUNCH SPONSORED BY  
CABVI)**

**REGISTRATION SHOULD BE RETURNED TO**

**LION MICHELE O’HARE BY **SEPTEMBER 9<sup>TH</sup>**.**

TITLE..... NAME.....CLUB.....

ADDRESS.....

EMAIL.....PHONE.....

I will be attending or  I will not be attending

8 TURNBERRY DRIVE SLINGERLANDS NY, 12159 OR MOHARE@NABA-VISION.ORG

Visit your club’s web site: **ALBANYTROYLIONS.ORG**  
your district web site: **20Y2LIONS.ORG**  
International’s web site: **LIONSCLUBS.ORG**  
and LCI’s centennial site: **LIONS100.ORG**

**THANK YOU FOR YOUR SUPPORT!**

Some ACBNY Capital District Chapter projects and initiatives include ~

- Pedestrian Safety Council, City of Albany Police Department
- Accessibility issues regarding cable media
- Voting issues regarding inaccessibility of voting machines
- Community outreach programs
- Promotion of the Council of Citizens with Low Vision International "Insights Into Low Vision" publication [www.cclvi.org](http://www.cclvi.org)
- National "White Cane Safety Day" annual promotion October 15th



**ACBNY website:**  
[www.acbny.org](http://www.acbny.org)

*Come dine with us at a*

# "Dinner in the Dark"



An evening of fine dining and fun to benefit the Capital District Chapter of the American Council of the Blind



## ABOUT ACB

The **American Council of the Blind (ACB)** is a national organization that strives to increase the independence, security, equality of opportunity, and quality of life for all blind and visually impaired people.

**ACBNY** is the state affiliate of ACB of which the Capital District is a chapter. Its purpose is to support and promote the educational, vocational and social advancement of blind and visually impaired community members through outreach and advocacy.

The **Capital District Chapter of the ACBNY** meets monthly in Albany and new members are always welcome.



To learn more about ACBNY, go to [www.acbny.org](http://www.acbny.org).

## WHAT IS DINNER IN THE DARK?



The purpose of the "Dinner in the Dark" is to provide a fun way to raise awareness about living with vision loss. Blindfolded

diners are joined by blind and visually impaired tablemates to share the experience. Dinner is followed by dessert and discussion time with ACB members, when all diners can share their experience.

### EVENT INFORMATION:

- WHEN:** September 19, 2015
- WHERE:** Ramada Plaza Hotel  
3 Watervliet Ave. Ext.  
Albany, NY 12206
- TIME:** 6 - 9 p.m.
- COST:** \$50 (purchased by 9/12)  
\$55 (after 9/12)

**RESERVATIONS:** Contact Kathy Casey @ (518) 462-9487 or Nancy Murray @ (518) 452-3500.

## MENU:

- Choice 1**  
\* Chicken Marsala
- Choice 2**  
\* Stuffed Portabella Mushroom

All served with salad, veggies, potato and chocolate cake, coffee/tea for dessert.

Cash bar & Silent Auction too!

## **EVENT SPONSORSHIPS AVAILABLE!**



Diners enjoying dinner and friendship.