



# Rare Meat

June 2017



Serving the citizens of Albany, Troy and environs since 1925

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## ALBANY & TROY LIONS

PO Box 192

TROY, NY 12181-0192

(518) 512-2722

info@albanytroylions.org

ALBANYTROYLIONS.ORG

Rare Meat editor:

JERRY GORDON

JERRYGORDON@JUNO.COM

518-235-8232

**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

**Report of the meetings held on Wednesday, May 3, at the Red Front (board meetings are now held right after the general meeting)**

### GENERAL MEETING

Our guest speakers were Brendan Duffy and Keith Algozzine from United Concierge Medicine, a three-year-old Troy-based company that provides 24/7/365 access to health care. This is not a substitute for health insurance, but their clients can call, email or Skype and be in touch with a doctor in 15 minutes or less. They can prescribe medicine or further tests. Their service minimizes the need for emergency room and on-call visits, as well as trips (and co-pays) to your regular doctor for minor ailments. For groups of 100 or more, it's only \$4/month.

Lion Tom's typically fine tail-twisting added several dollars to our treasury.

### BOARD MEETINGS (CLUB & CHARITABLE FOUNDATION)

Committee reports:

Blood drives –Our next drive is May 22 at the EG Library

Facebook admin – Ruth: We've been adding content and getting lots of "likes."

PR – Elena: After much discussion of the relative merits of having an info table at Rockin' on the River vs Riverfest, we voted to participate in Riverfest on June 17. Our cost will be \$75; we will have a 50/50 drawing and an info table.

Fund-raising – Fran: John suggests a white-cane day, but it's somewhat different than the traditional version; will require further discussion. Elena proposed selling 50/50 tix at Farmers Market (needs approval?) and T-shirts (needs further discussion).

Programs – Lion Bill Suchy will speak about the Lions Eye Institute and Knights of the Blind on Sept 6. We will try to get our HOBY student on Oct 4.

Used glasses & hearing aids – Tom: Shipped another 2500 glasses to recycling center in NJ, for a total of 10,000 so far this year.

Voice-mail log –Jerry: 14 mostly routine calls, including one from E. Berne and two from Guilderland HS that were sent to SSNENY.

We discussed participating again in Boscov's "Friends Helping



## MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

JOANN BEACH

JEFF BENNETT

JOHN BIANCO

MICHELE BIANCO

DR. ROB BRASS

CHRISTOPHER BURKE

JANE CHOUINIÈRE

DOUG DAVIS

URSULA DESSINGUE

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ELAINE HAYNER

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LARRY KRUG

DR. DAVID LEVINE

FRAN MCDOAL

KRISTIN McVEIGH

MICHAEL O'BRIEN

TERRY PAGE

CAROL QUANTOCK

RUTH SANO

VICKIE SHAHINIEN

SUE SHIPE

JJ STONE

PAUL VERGONI

ELENA WATSON

KEITH WOODARD

DR. ALLEN ZIEKER

Friends” program. If we can sell the discount passes without having a table in the store, we should do it, and get the passes as soon as possible.

Lion Ruth announced that we have received a \$2000 grant from Stewart’s Holiday Match program. It has to be used specifically to help children.

Maryanne had one request for glasses.

No hearing report from Doug.

We voted to sponsor a HOBY student for \$200.



### Φέрте ένα πιθανό μέλος σε μια συνάντηση

*If we keep repeating “Bring a potential member to a meeting,” it will soon become old hat. So as part of your continuing education and to keep the thought fresh, we’ll say it in a different language each month. I’m sure you recognized this is Greek. (Perhaps it’s all been Greek to you for the past two years, but I hope you’re at least thinking about new members.)*

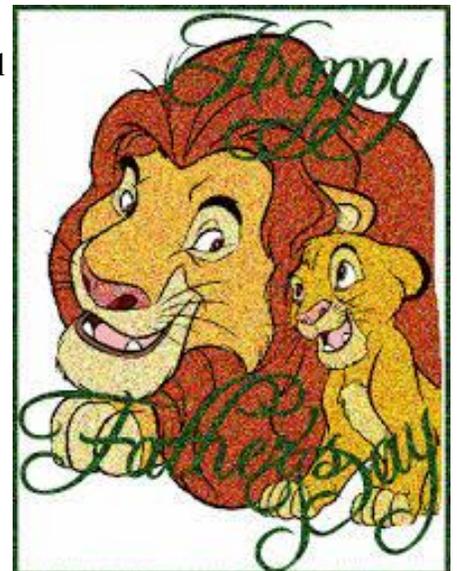
#### **Our next meeting ...**

Our next meeting will be on **Wednesday, June 7**, at **Van Schaick Island Country Club**, the same place we held our holiday party. We’ll start at 5:30 PM, and we’ll order off the menu and get separate checks. This is our annual installation dinner, and since it’s as much a social evening as a business event, spouses and significant others are especially welcome. Please let **Lion Kathy Dorn (518-783-0157)** know by Friday, June 2, whether or not you will be there. (Brush up on your trivia so we can turn in a better performance than we did last December.)

#### **Something new for us: Troy’s River Fest!**

Thanks to the efforts of Lion Elena, we’ll have a booth at Troy’s 14th Annual River Fest where we’ll be selling 50/50 tickets and giving out info on Lionism. The event is on Saturday, June 17, from 10 AM to 5 PM. We’ll be looking for volunteers, so mark your calendar now. From the River Fest web site: *Showcasing carefully curated, locally crafted hand-made goods and local cuisine in an open-air bazaar situated in the scenic, historic downtown district, this event is an organic, grassroots festival designed to mimic the flow of the Hudson by encouraging visitors to ramble throughout the streets of downtown Troy.*

**Dues are due JUNE 23. If you haven’t already done so, send your check for \$75, payable to A&T Lions Club, to Lion Paul Vergoni, 7 Davis Place, Latham, NY 12110. Do it TODAY, please!**



## **Health Fair**

Our thanks to the Vergonis for manning our information table at the **Health & Services Fair for Adults & Seniors** on Sunday, May 7, at the Albany Jewish Community. Paul reports, "Laura and I attended the JCC Health Fair on Sunday. It was well run and well attended. Our table was in a prime location at the beginning of the exhibits. The eye glass cases were a big hit -- we "sold out" within the first 40 minutes. While we spoke to a number of people, the number lessened once we no longer had any gifts. Things got really quiet after 12:30. There were few new attendees -- mainly people revisiting booths. We did not have any visits beyond that point so we "closed up shop" around 1:30 (many of the vendors were doing the same)."

## **KidSight**

Kathryn Miklowitz, NABA's RN who conducts their KidSight vision screenings of pre-schoolers, always appreciates our help. They start at 9:30 a.m. and last an hour or two. If you'd like to sign up for one or more, please contact Kathryn at [kmiklowitz@naba-vision.org](mailto:kmiklowitz@naba-vision.org) and [mickeyskat@gmail.com](mailto:mickeyskat@gmail.com) or call her at C: 915-4722 for time and address details.

Kathryn is on vacation until May 30, but here's what she's got for June:

- Tue 6/6: Executive Woods in Albany
- Thu 6/8: Albany Jewish Community Center
- Wed 6/21: Kiddie Academy in Latham
- Wed 6/28: Maple Leaf in Guilderland

## **Another chance to be of service**

*We received this email from Ann Gallagher-Sagaas at NABA. If you or anyone you know is interested, please get back to Ann directly.*

We have a very nice young man on our caseload here at NABA who is looking for some volunteer support and we currently don't have a NABA volunteer to match to him.

We thought perhaps there might be a Lion who would be interested, here is the scenario:

The consumer is in his mid 20's, he is a refugee from Afghanistan and is totally blind. He has been in Albany (America) for a little over a year. He has no family or friends for support.

He is learning English and is getting better and better at it every day. He is involved with many vocational training programs through NABA and the NYS commission for the blind but he experiences many barriers in the community due to his disability and language barriers.

He is exceptionally, bright, friendly and engaging. He is also very lonely and socially isolated. He is hoping to have a volunteer that could maybe go to appts with him, go shopping, that sort of thing.

Let us know if you have any Lions that might be interested in meeting this fine young man and we could coordinate a meeting to take place at NABA to do introductions and possibly go from there.

Thanks Jerry!

Ann Gallagher Sagaas, LMSW  
Co-Director of Rehabilitation Services  
Northeastern Association of the Blind at Albany (NABA)  
301 Washington Ave.  
Albany, NY 12206  
518-463-1211, ext. 223  
[agallagher@naba-vision.org](mailto:agallagher@naba-vision.org)

## **Blood Drive**

Our thanks to Lions Elena Watson, Tom Hart, Paul Vergoni and non-Lion Paul Quantock for working at he blood drive at the East Greenbush Library on May 22. Unfortunately, the Red Cross hasn't provided the results yet—look for them next month.

## **Marching with Saratoga**

*The Saratoga Springs Lions Club is trying to get as many Lions as possible to join them in Saratoga's Flag Day Parade on June 10. Lion Joanne Sole is coordinating the project for her club. Also see page 6.*

Another week and we are getting closer to June 10th and our Flag Day Parade. I have not heard from any of you regarding your participation. Please remember we are planning for riders and walkers, so we would like your count as well as a decline if no one is coming from your District by June 5th.

Here are the final details for the event:

1. All Lions meet at Skidmore College parking lot off Clinton St. - west of Broadway, Saratoga, from 10:30-11:45 - follow signs off Clinton to parking area.
2. Light refreshments in parking area as well as rest rooms.
3. We will be staging on 3rd street close to Skidmore parking area 4. We plan on having 2 lead cars, participating clubs with banners next, Saratoga club giant flag and the two trucks/floats behind the flag.
5. We are in the 4th division- last division, so should be heading out to march between 12:00-12:30. The parade begins at noon.
6. We should finish around 1-1:30pm. Many of us will stay downtown for a bit of celebration, which is customary, or trucks can take riders back to the parking lot.
7. Our goal is to have 100 Lions marching with banners to show off your District's Pride of 100 years of Lionism.

Recommended you bring a bag chair or can use your car for the potential waiting time. Parades are not an exact science!

Please email me soon ([purpal18@hotmail.com](mailto:purpal18@hotmail.com)) with your count for walking and riding OR your decline.

Happy Memorial Weekend-(maybe we will see you at our Duathalon on the 28th??? At Saratoga Racino??) Stop in at registration or our CAS booth and say "hi".

Call with questions- 518-209-9891

Lion Joanne Sole

## **On a personal note ...**

On the first weekend of May, Lions Maryanne & Jerry attended grandson Sam's graduation from the University of Kentucky on Friday, and granddaughter Heather's graduation from the University of Connecticut on Sunday. They spent more time in airports and airplanes than they did with either grandchild. On the last weekend of May, they drove to Ohio for granddaughter Rachel's graduation from Copley High School (near Akron), spending more time in the car than they did with Rachel. Ah, what we do for our loved ones ...



**Happy Birthday!**

Happy **June** birthday to these A&T Lions:

- 25th—Diane Hart
- 26th—Doug Davis



**Happy Anniversary!**

Happy Lions Anniversary to these **June** inductees:

- Michelle Baker—5 years
- Dave Harris—19 years with our club +  
21 years with Granville
- Doug Davis—28 years

June 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 KidSight screening; p 3	7 Install dinner at Van Schaick; see page 2.	8 KidSight screening; p 3	9	10 SS Flag Day Parade; see pages 4 & 6
11	12	13	14	15	16	17 River Fest; see page 2
18 Father's Day	19	20	21 KidSight screening; p 3	22	23	24
25	26	27	28 KidSight screening; p 3	29	30	

*For other events around the district, visit [20Y2Lions.org](http://20Y2Lions.org)*

Visit your club's web site: **ALBANYTROYLIONS.ORG**  
 your district web site: **20Y2LIONS.ORG**  
 International's web site: **LIONSCLUBS.ORG**  
 and LCI's centennial site: **LIONS100.ORG**

Instead of shopping at **amazon.com**, please shop at [smile.amazon.com/ch/22-3255679](http://smile.amazon.com/ch/22-3255679). You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.

**YOUR CLUB IS INVITED**  
to join the

**SARATOGA SPRINGS  
LIONS CLUB**



Help us celebrate  
our Centennial Pride  
by participating  
in the City's Annual

**FLAG DAY PARADE**

**SAT., JUNE 10, 2017 @ Noon**

For more information contact 1VDC John McDonald  
[jmcdonald33@nycap.rr.com](mailto:jmcdonald33@nycap.rr.com)