



# Rare Meat



*Serving the citizens of Albany, Troy and environs since 1925*

## OFFICERS 2020-2021

President:  
EVA BASS

1st Vice-President:  
CHRIS HORAN

2nd Vice-President  
PREEM CABEY

3rd Vice-President  
MIKE O'BRIEN

Secretary:  
JERRY GORDON

Treasurer:  
RUTH SANO, Club  
LARRY KRUG, Char Fund

Tail Twister:  
TOM HART

Lion Tamer:  
JORDAN ALEXANDER

Permanent Director  
PDG DAVE HARRIS

Directors, 1st year of 2:  
IRV ACKERMAN  
JODI SHELDON

Directors, 2nd year of 2:  
RUTH SANO  
GREG SHELDON

Membership Chair:  
MARYANNE GORDON

Immediate Past Pres:  
CAROL QUANTOCK

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*Rare Meat* editor:

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518-235-8232

**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

*Report of the Zoom board meetings held on Wednesday, October 14:*

Because of the coronavirus restrictions, these meetings were again conducted via Zoom. They were originally scheduled for Oct 7, but a severe storm knocked out electrical service for many members so it was rescheduled for Oct 14.

**The club board meeting** was called to order at 6:15 pm. The minutes, which had been distributed before the meeting, were accepted by unanimous vote. There was no treasurer's report.

Lion Jerry has sold a total of 17 masks.

KL Eva reported that committee (Eva, Jodi & Carol) would have a proof of the sign for the blueberry patch by Oct 25 for the board's comments.

KL Eva hopes to start an outreach campaign to find volunteers to help us with projects.

Lion Ruth agreed to investigate possible places for an in-person meeting on Nov 4, when DG Rick will be visiting us.

Lion Preem has 4 or 5 kids signed up to participate in the Peace Poster Contest. We will get to vote on them at our November meeting. The winning poster will compete against the others from the district at the 20W Fall Conference on Nov. 14 in Lake George.

Many years ago, we inherited Texaco stock, which, through buyouts and splits, is now 154 shares of Chevron that has been giving us quarterly dividends. Paul had kept this in his personal safe-deposit box, but now we have turned it over to Lion Dennis Fagan for professional safe keeping.

Because of a technical glitch with Zoom, we never got to the Charitable Fund portion and the meeting self-adjourned at about 7:15 pm.

With increased work pressure and a new baby, Lion Irv is unable to devote adequate time to being treasurer. In an email vote on Oct 23-26, the board passed a motion to make Irv 1<sup>st</sup>-year Director; this position became available when Paul Vergoni retired from the club. In a separate motion, we approved making Lion Ruth Sano the Club Treasurer.

In an email vote on Oct 23-26, the board approved the formation of the Albany Leo Club with Lion Preem as the Advisor.

*Our next general meeting*

Our next general membership meeting will be on **Wednesday, November 4 at 6:00 PM**. For those who are comfortable going into restaurants, it will be at Valente's Italian Restaurant, 315 8th St, *More* →

## MEMBERSHIP

IRVIN ACKERMAN  
VICKI ADLER  
JORDAN ALEXANDER  
MICHELLE BAKER  
EVA BASS  
JOANN BEACH  
JEFF BENNETT  
JOHN BIANCO  
DR. ROB BRASS  
CHRISTOPHER BURKE  
PREEM CABEY  
JANE CHOUINIÈRE  
DOUG DAVIS  
URSULA DESSINGUE  
KATHY DORN  
DENNIS FAGAN  
MIKE FARRELL  
DR. STEFAN FOSCO  
JERRY GORDON  
MARYANNE GORDON  
PDG DAVE HARRIS  
DR. VICI HARRIS  
DIANE BURKE HART  
TOM HART  
CHRIS HORAN  
LARRY KRUG  
DR. DAVID LEVINE  
FRAN MCDOAL  
KRISTIN McVEIGH  
SHAWN NEWTON  
MICHAEL O'BRIEN  
CAROL QUANTOCK  
RUTH SANO  
GREG SHELDON  
JODI SHELDON  
SUE SHIPE  
DR. ALLEN ZIEKER



Watervliet. You can order off the menu and we'll get separate checks. We'll be in the back room but we probably won't have it all to ourselves. For those who are not comfortable in restaurants, the meeting will also be on Zoom. Our guest speaker will be District Governor Rick Brisee, so please try to be there either live or virtually. If you'll be at the restaurant, please let Jerry know (518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com)) so he can give them a count.

To join the Zoom meeting, click on this link from any internet-connected device:

<https://us02web.zoom.us/j/81402814987>

Meeting ID: 814 0281 4987

One tap mobile: +16465588656,,81402814987# US (New York)



Again this year, we're working with WTEN-10/Fox23 on their **Coats for Kids** campaign. People donate kids' winter coats to several local dry cleaners who clean them for free. We bring the coats from the cleaners to various distribution points, where they are given to those who need them. Thanks to Lions Irv Ackerman, Michelle Baker, Preem Cabey, Dennis Fagan, Larry Krug, and Carol Quantock for being this year's drivers.

### *Peace Poster Contest, and then some*

Lion Preem has been working with an art class for youth at the Refugee Welcome Center in Albany and for the first time in many years, we'll have an entry for LCI's Peace Poster contest. This year's theme is "Peace through Service." This is a project for kids from 11-13 years old. Each club picks its own winner (ours will be chosen at the Nov 4 meeting—another reason to attend). At the Fall Conference on Nov 14, a district winner will be chosen from among the club winners. This continues up through each level of the LCI structure until a grand prize winner is announced at Lions Day at the United Nations on March 20, 2021.

I am thrilled to announce that Preem has assembled a group of 15-20 youth, age 12-18, that comprises kids from the art class, from the silver-glove championship boxing team she has been supervising, and other neighborhood kids. They will be the founding members of the Albany Leo Club! This is something we have been discussing for years, and thanks to Lion Preem, it's finally going to happen. (BTW, she's been a Lion for only 15 months.)



### *Community Development Grant*

This is the \$15,000 grant we got from Albany County to distribute 5287 bottles of hand sanitizer and 2000 face masks in Albany's West Hill, Arbor Hill and South End neighborhoods. So far, we have given out 4800 bottles and 2000 masks. About one-third of the bottles went at five sessions of the Pandemic Produce Market, an event run by Greg and Jodi Sheldon a few doors down from our blueberry patch, where they distribute fresh produce for free to the West Hill neighborhood. Other places where we've given out sanitizer and masks include Albany's Census event on 9/19, Albany Fest on 9/26, SNUG event on 10/5, the Refugee Welcome Center, the Frank Chapman Memorial Institute, the Alpha Pregnancy Center, and the three city-sponsored Halloween events on 10/31.

### *Fall Conference*

The District Fall Conference (see bottom of page 4; follow the link for the full schedule) should have some interesting discussions about community service during the pandemic. If you want to attend in Lake George, you must RSVP by Friday, Nov. 6. I'll distribute the Zoom link for non-attendees as soon as I get it.

**On a personal note ...**

Lion Ursula Dessingue has been an important part of our club since she joined in 1994, but the time has come for her to move to the Charleston, SC, area to be closer to her daughter. She's held various positions on our board of directors for much of her time with us, and we've presented her both a Melvin Jones Fellowship and an Uplinger Distinguished Service Award. She's leaving in mid-November and we'll miss her. The Goose Creek Lions Club will be lucky to get her.



**Racism has no place in our world.**

Our organization depends on the incredible diversity of our members around the world because great things can only be achieved when we are united.

#kindnessmatters




**Happy Birthday!**

Happy **November** birthday to these A&T Lions:

- 5th: Ursula Dessingue
- 25th: Jane Chouiniere
- 27th: Michael O'Brien



**Happy Anniversary!**

Happy Lions Anniversary to these **November** inductees:

- Jordan Alexander: 1 year
- Dennis Fagan: 14 years
- Carol Quantock: 20 years

Visit your club's web site: **ALBANYTROYLIONS.ORG**,  
 your district web site: **20WLIONS.ORG**,  
 and International's *new* web site: **LIONSCLUBS.ORG**.



Instead of shopping at **amazon.com**, please shop at [smile.amazon.com/ch/22-3255679](https://smile.amazon.com/ch/22-3255679). You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.

Bring a potential member to a meeting.

NOVEMBER 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2		4 Meeting at Valente's and on Zoom; see page 2.	5	6	7
8	9	10		12	13	14 Fall Conference: see page 4
15	16	17	18	19	20	21
22	23	24	25		27	28
29	30	1	2	3	4	

*For other events around the district, visit [20WLions.org](http://20WLions.org)*



# LIONS DISTRICT 20W FALL CONFERENCE



Saturday, November 14, 2020

Courtyard by Marriott Lake George  
365 Canada St., US9, Lake George

9:00am Registration

\$30/pp

Includes Lunch

*\* Meeting will be held in compliance with CDC recommendations including social distancing.*



Keynote Address  
Lions International Director  
Larry L. Edwards  
Altoona, PA

*\* Limited to 50 People in Attendance \*  
MUST RSVP IN ADVANCE to Attend!*



Program Theme  
Community Service  
Projects

RSVP info is here: [tinyurl.com/y28ya388](http://tinyurl.com/y28ya388) - Also on Zoom

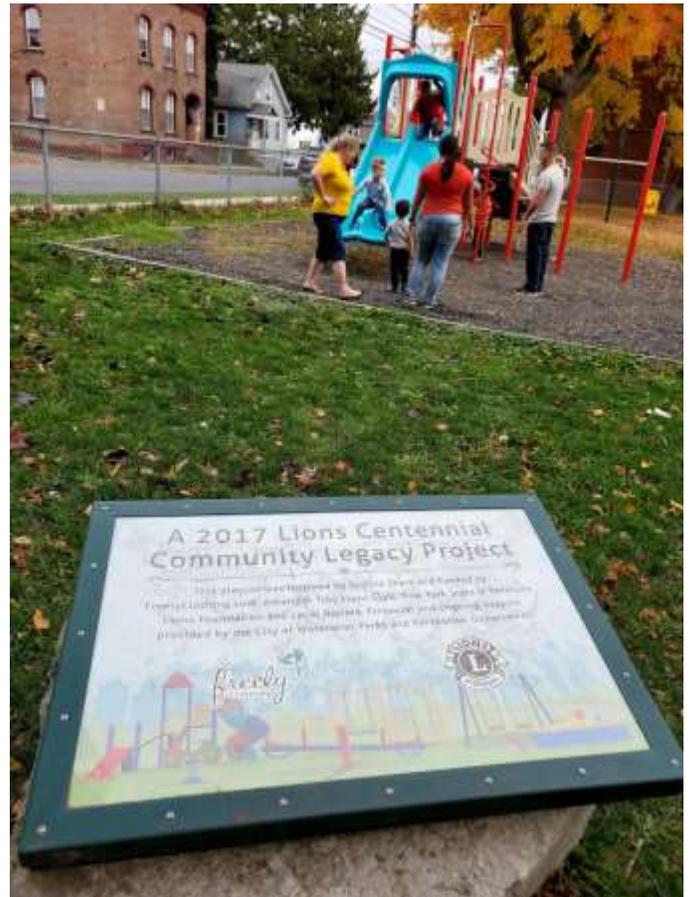
Another chance to serve

*We received this email on Oct. 21:*

My name is Emily Fox and I am reaching out to your organization with the hope that you would be interested in potentially partnering with the New York State Contact Tracing Initiative to assist individuals and families in quarantine due to Covid-19. I work as the Community Support Specialist Outreach Coordinator in the Capital Region - my team works to provide those in quarantine with any food and supplies they may need while they cannot leave the house after a possible exposure to Covid-19. We have a number of relationships with food pantries and aid organizations throughout the community but where we fall short is in delivery. In cases where food delivery is not available (either from a grocery store or food pantry) and the individual in quarantine does not have any friends or family members who can assist them, I am hoping to find community volunteers to help with the delivery process. This is where I am asking for your assistance- would your organization be willing to partner with my team in assisting with food delivery when we are unable to find anyone else to help? This is most likely be in the form of picking up food packages from a local food pantry or doing curbside pickup at a grocery store and then delivering it to the address of the individual in quarantine. We are not asking for financial assistance- the orders will have already been placed (and paid for, if applicable), either by the individual themselves or my team- your volunteers would simply need to pick the order up and deliver it. Additionally, my team will share with you the contact's name, address, and phone number with whomever is helping us with the delivery so they can keep in touch.

I hope your organization will be willing to assist me and my team with this need! This is an incredibly important service our community is in need of and every little bit helps. That said, if you know someone outside of your organization who may be interested in volunteering in this capacity as well please feel free to share my contact information. Please do not hesitate to contact me by phone (315 280 8289) or email with any questions you may have. I appreciate all that you do to help your community already and look forward to possibility of working with you further.

Kind Regards,  
Emily Fox (she/her)  
Community Support Specialist Outreach Coordinator  
Mohawk Valley/Capital/North Country Tri-Region  
New York State Contact Tracing Initiative  
[Emily.Fox@health.ny.gov](mailto:Emily.Fox@health.ny.gov)  
(315) 280-8289



Maryanne and I drove past Brotherhood Park in Watervliet recently. It was nice to see the local community enjoying "our" project.



### Hand Sanitizer

**\$5 per bottle, or buy 4 and get 1 free (save 25%!)**

**Get yours today by contacting Ruth Sano at 518-659-3796 or albanytroylions@gmail.com**

- All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- FDA registered and approved hand sanitizer
- Made to W.H.O. standards
- 75% Isopropyl alcohol for maximum efficacy
- Contains aloe for moisturizing and counteracting the drying effects of alcohol
- Only two ingredients: a natural product without the unwanted filler of industrial sanitizers
- Fine-mist spray applicator covers hands with just the right amount
- Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastic
- Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop



**Grateful Villages Hand Sanitizer**  
2 Fl oz (59.15 ml)

**KILLS 99.9% GERMS**

**Active Ingredients:** Isopropyl Alcohol 75% v/v  
**Proprietary:** Antiseptic

**Use:** Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.

**Warnings:** For external use only. Flammable. Keep away from heat or flame.

**Do not use:** - in children less than 2 months of age - on open wounds.

**When using this product:** keep out of eyes, ears, and mouth; in case of contact with eyes, rinse eyes thoroughly with water.

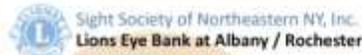
**Stop use and ask a doctor:** if irritation or redness occurs. These may be signs of a serious condition.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

**Directions:** Place enough product on hands to cover all surfaces. Rub hands together until dry. Supervise children under 6 years of age when using this product to avoid re-bleeding.

**Store:** between 15-30°C (59-86°F)  
Avoid freezing and excessive heat above 40°C (104°F)

**Inactive Ingredients:** Aloe Vera 1.00%, Water 100%



# 2020

a year with VISION

# RAFFLE

1st PRIZE \$2500

2nd PRIZE \$1000

3rd PRIZE \$500

\$20 per ticket

Drawing held December 3, 2020

For tickets contact:

Lion Lettie Saheim 518-753-7867  
e-mail: lsaheim117@gmail.com

Lion Victoria Adler 518-489-7606  
e-mail: vadler@lionseyebankalbany.org

proceeds to benefit

Lions Eye Bank at Albany / Rochester

Sight-Saving . Life-Changing

Spread the word, not the germs. Masks are two-ply cotton separated by a coffee filter, **and they're only \$10 each.**

Can be hand-washed with a mild dish detergent like Dawn®. After the **masks are made, they're washed, sprayed** with antiseptic hydrogen peroxide and placed into a zippered plastic bag.



PO Box 192 Troy, NY 12181-0192  
(518) 512-2722 AlbanyTroyLions.org

Place your order at [jerrygordon@juno.com](mailto:jerrygordon@juno.com) or 518-235-8232