



# Rare Meat

June 2023



*Serving the citizens of Albany, Troy and environs since 1925*

## OFFICERS 2022-2023

President:  
EVA BASS

1st Vice-President:  
JODI SHELTON

2nd Vice-President  
GREG SHELTON

3rd Vice-President  
IRV ACKERMAN

Secretary:  
JERRY GORDON

Treasurer:  
RUTH SANO, Club  
LARRY KRUG, Char Fund

Tail Twister:  
ANDY PITONYAK

Lion Tamer:  
JOHN BIANCO

Directors, 1st year of 2:  
DAVIA GADDY  
SHAWN NEWTON

Directors, 2nd year of 2:  
MARYANNE GORDON  
MIKE O'BRIEN

Membership Chair:  
CHRIS HORAN

Marketing Comm Chair  
JORDAN ALEXANDER

Immediate Past Pres:  
CAROL QUANTOCK

ALBANY & TROY LIONS  
PO Box 192  
TROY, NY 12181-0192  
(518) 512-2722  
info@albanytroylions.org  
ALBANYTROYLIONS.ORG

*Rare Meat* editor:

JERRY GORDON  
JERRYGORDON@JUNO.COM  
518-235-8232

**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

## *Report of the May 3 meetings at the Red Front*

Ruth introduced our two guests: Lion Meena Keshan and her daughter, Leo Swati Keshan, from Kolkata Prena LC in District 332B2, India. They are in Troy because Meena's other daughter, Neha, is receiving her doctorate from RPI. Both Meena and Swati had participated in our Earth Day activities at the blueberry orchard.

Because of schedule conflicts, we voted to hold our installation dinner on June 14 instead of our usual 1<sup>st</sup> Wed. It will be at the Red Front, who will provide a buffet if we can get enough people.

When she gets back from Puerto Rico, KL Eva will look into our getting involved with meals at Ronald McDonald House. They've been looking for volunteers to provide either meals or funding for them.

Last month, Lion Mike requested a few sighted guides to help the American Council of the Blind on their legislative advocacy day. Lions Ruth and Eva were there.

Lion Davia has received formal training to help her as our diabetes chair.

We passed a motion for the club to absorb the \$35 digitizing fee (a one-time charge) and the \$10 set-up fee (per order) for the Lions shirts we'll be getting from Walsh's.

Eva, Greg and Jodi will be our delegates at the International Convention in Boston.

Lion Ruth is working on two applications for eyeglasses.

Lion Ruth sold 144 bunnies.

Lion Tom shipped another 3220 eyeglasses to NJ, bring our total to 13,690 year-to-date.

In an email vote after the meeting, we accepted the membership application of Chavez Gibbes, who was sponsored by Greg.

***Dues are due now! If you haven't already done so, send your check for \$75, payable to A&T Lions Club, to Lion Ruth Sano, 26 Birch Ave, Albany, NY 12205. Do it TODAY, please! You can also send your dues via PayPal to rmsano@gmail.com (just put "dues" in the notes).***

## MEMBERSHIP

IRVIN ACKERMAN

VICKI ADLER

JORDAN ALEXANDER

MICHELLE BAKER

EVA BASS

JOANN BEACH

BOBBY BEARD

JEFF BENNETT

JOHN BIANCO

MARILYN BRADLEY

DR. ROB BRASS

JANE CHOUINIÈRE

DOUG DAVIS

DENNIS FAGAN

ROBIN FORD

DR. STEFAN FOSCO

DAVIA GADDY

QUEEN GHAFFAR-ADJEI

CHAVEZ GIBBES

JERRY GORDON

MARYANNE GORDON

DR. VICI HARRIS

DIANE BURKE HART

TOM HART

CHRIS HORAN

MARTIN KEARY

LARRY KRUG

DR. DAVID LEVINE

KRISTIN McVEIGH

SHAWN NEWTON

MICHAEL O'BRIEN

ANDY PITONYAK

RUTHANN RICHARDS

RUTH SANO

GREG SHELTON

JODI SHELTON

SUE SHIPE

DR. ALLEN ZIEKER



### *Our next meeting*

Our next get-together will be on **Wednesday, June 14**, at the **Red Front** at **6 PM**. Note that this is the 2nd Wed, not our usual 1st Wed. This is our annual Installation of Officers, so spouses and guests are more than welcome. We didn't get enough respondents to have a buffet, so we'll be ordering off our usual menu. PDG John McDonald will do the installing, and Lion Barb Bentley will talk a bit about diabetes.

**Please let me know whether or not you'll be there at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com). (Maybe if I repeat it enough, people will respond.)**

### *Earning Some Green by Going Green*

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com) for more bags.

### *Another Service opportunity*

On June 12th, from 11:00 AM to 2:00 PM, the Marcy Telephone Lions Club, after a 3-year Pandemic hiatus, will be holding its annual in-person meeting, which The Northeastern Association of the Blind has graciously agreed to host at its building, 301 Washington Avenue, Albany. We would welcome the assistance of two Lions to help the club with the setup, serving and cleanup of lunch and other refreshments, which will be provided by the Marcy Club and NABA. People will be needed between 10:00 AM and 3:00 PM at the latest.

If you're interested in assisting us, please let me know as soon as possible!

Lion Mike O'Brien

Phone/text: (518) 272-0905,

Email: [m.obriem@samobile.net](mailto:m.obriem@samobile.net)

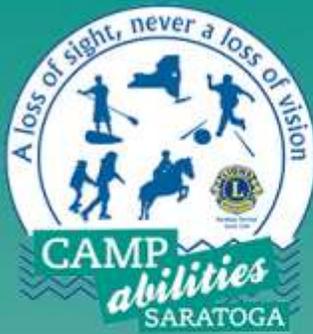
### ***On a personal note ...***

On May 18, **Lion Davia** (on the left, with a few of her running mates) completed the 3.5-mile CDPHP Workforce Team Challenge at Empire State Plaza.



And on May 19, **King Lion Eva** graduated from Mildred Elley with an associate's degree in Project, Office, and Event Management and has just launched her consultation company. She celebrated with a delightful 5-day trip to Puerto Rico, and got home in time to receive an award from the Albany Law Enforcement Resolution Team. On June 7, they honored 26 "individuals who will make the effort, gain understanding, who will be consistent during times of peace, and who will engage in positive communication, for us to see lasting change."





Camp Abilities Saratoga  
Wants to Say  
Thank You for Your  
Continued Support !

# YOU'RE INVITED

## to our 10 Year Celebration!



Saturday  
July 29, 2023  
5:30pm - 7:30pm

Holiday Inn Saratoga  
232 Broadway  
Saratoga Springs, NY 12866

Our featured guest will be  
Dr. Lauren Lieberman.  
Enjoy lite fare and a cash bar.

Hope to see you there!!

Please RSVP by July 20th  
to Barbara Bentley at  
[bbentley@CampAbilitiesSaratoga.org](mailto:bbentley@CampAbilitiesSaratoga.org)  
or 518-894-1375

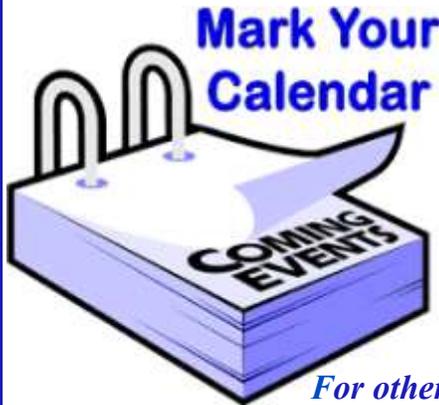
## THANK YOU



Giving back  
to move forward



For generously sponsoring this event!



- Wed, June 14: **LIONS MEETING!** See page 2.
- Wed, June 14: **Flag Day**
- Sun, June 18: **Father's Day**
- Mon, June 19: **Juneteenth**
- Wed, June 21: **Summer begins**

*For other events around the district, visit [20WLions.org](http://20WLions.org)*

**Happy Birthday!**

Happy **June** birthday to these A&T Lions:

- 10th: Bobby Beard
- 23rd: Jordan Alexander
- 25th: Diane Hart
- 26th: Doug Davis
- 29th: Irv Ackrman



**Happy Anniversary!**

Happy Lions Anniversary to these **June** inductees:

- Eva Bass: 4 years
- Shawn Newton: 4 years
- Jodi Sheldon: 4 years
- Michelle Baker: 11 years
- Doug Davis: 34 years



Bring a potential member to a meeting.



See all our Earth Day pictures at [tinyurl.com/LionsEarthDay2023](http://tinyurl.com/LionsEarthDay2023)

**Lions Service Areas**



Diabetes



Environment



Hunger Relief



Childhood Cancer



Vision

**Things you never knew - from Snapple® bottle caps:**

The standard Chinese typewriter has 1,500 characters.

A sneeze travels out of your mouth at over 100 miles per hour.

William Henry Harrison owned a pet goat while in office.

The average human produces 10,000 gallons of saliva in a lifetime.

During a typical MLB season, they use approximately 200,000 baseballs.



The **105th Lions Clubs International Convention** is happening in Boston from **July 7 to July 11, 2023**. To register or learn more, visit [tinyurl.com/LCIcon23](http://tinyurl.com/LCIcon23). If you’ve ever thought about an international convention, this is the one to attend — it will never be closer to us than this!

Make your way to this historic American city to look back at all that we’ve done as Lions, where we are now and where we’ll go next. Join us in Boston as we forge a path for the future.

**Enjoy LCIcon and explore Boston!**

Boston is a vibrant city with tons of history, perfectly suited for the modern traveler. While you’re in Boston for LCIcon 2023, take advantage of the many historical tours, museums and other attractions around the city.

Learn about the American Revolution on the 2.5-mile red brick [Freedom Trail](#) or see how African Americans lived in 19th century Boston on the [Black Heritage Trail](#).

Want to catch a game? Then watch the Red Sox at historic [Fenway Park](#). Or how about a little retail therapy? The city boasts a number of [chic boutiques](#), [high-end shops](#) and historical [marketplaces](#).

If you’re hungry, you’re in luck — Boston is a major foodie destination with a buzzing restaurant scene. Of course, there’s a Dunkin’ Donuts around the corner from the convention center, but why not grab brunch at [Gather](#) instead? And if you’re looking for that legendary clam chowder, oysters or scallops, then head to [Legal Sea Foods](#) in between sessions.

After a great day at convention, you can end the night with dinner and drinks at [Harpoon Brewery](#). Still not enough? Don’t worry—there’s [something](#) for everyone in Boston.

**The Boston Convention and Exhibition Center**

The convention center is in Boston’s seaport district — a newly developed, conveniently located area that’s surrounded by hotels, restaurants and bars, so you’ll be able to attend convention, then duck out for a meal or simply relax. And at just 3 miles from Logan International Airport, it won’t take you long to get there.

**See you at LCIcon 2023!**

We can’t wait to see you at the premier Lion event in Boston, so [register now](#) for our 2023 international convention!

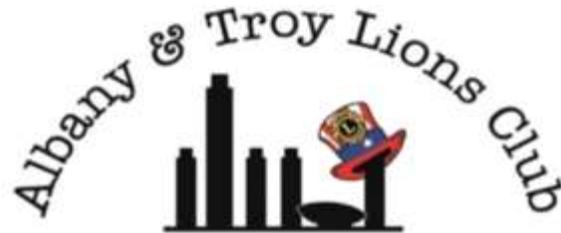
***If you intend to march in the International Parade, you must have the official MD20 shirt. See below for ordering information.***

<b>COUNCIL APPROVED MD20 STATE SHIRT</b>		<b>White Polo Style Shirt with Navy Piping</b> <small>60/40 Cotton/Polyester</small>
		
Mens Sizes M - XL		\$35.00*
Mens Sizes 2XL - 4XL		\$37.00*
Ladies Sizes S - XL		\$35.00*
Ladies Sizes 2XL - 4XL		\$37.00*
<p><b>TO ORDER PLEASE CALL</b>  <b>LIONS CAMP BADGER OFFICE</b>  <b>1(800)232-7060</b>  <b>VISA, MASTERCARD, DISCOVER</b>  <small>Personal Checks must be received before order is shipped</small>  <b>"Lions Camp Badger, 725 LaRue Rd, Spencer, NY 14883"</b></p> <p><b>Shirts will also be available for purchase</b>  <b>in the LIONS GOODS STORE</b>  <b>at the NYS LIONS CONVENTION</b></p>		
<small>*Plus Shipping &amp; 4% local Sales Tax (Shipping charges will be calculated based on current USPS Priority rates)</small>		



## Got Yarn? Or extra fleece fabric?

If you don't need it anymore,  
we can find someone who will use it to make hats,  
mittens and scarves for the needy.



# Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach our  
goal of 500 items by the end of 2022

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.  
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at [albanytroylions@gmail.com](mailto:albanytroylions@gmail.com)

or

Lion Ruth Sano at 518-859-3796

