



Rare Meat

July 2012



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2012-13

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2nd Vice-President
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3rd Vice-President
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JERRY GORDON

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PAUL VERGONI, Club
LARRY KRUG, Char Fund

Co-Tail Twisters:
DIANE & TOM HART

Lion Tamer:
VICKIE SHAHINIAN

Permanent Director
PDG DAVE HARRIS

Directors, 1st year of 2:
CARL CAFFALETTE
URSULA DESSINGUE

Directors, 2nd year of 2:
KATHY DORN
RUTH SANO

Membership Chair:
MIKE O'BRIEN

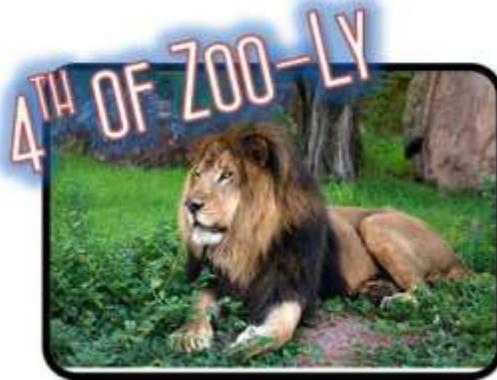
Immediate Past Pres:
DIANE BURKE HART

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**



Have a Happy and a Safe Holiday!

Report of the general meeting held on Wednesday, June 6, at Nichi's Restaurant

This was our annual Installation Dinner, and it's a story best told in pictures.



Lion Ray Martin, of the Mechanicville-Stillwater Lions Club, gave an excellent presentation on their club's recent mission to Guatemala to distribute eyeglasses to children and provide other medical assistance. King Lion Tom then gave Ray a certificate of achievement from the NJ Eyeglass Recycling Center, who provided 100 pounds of glasses for the trip.



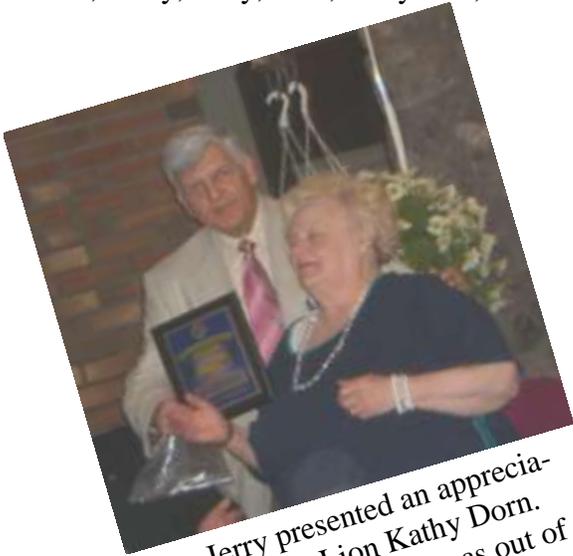
New member Katie Allen gets "pinned" by her sponsor, Lion Chris Burke, while PDG Dave Harris does the same for brother Phil.

MEMBERSHIP

VICKI ADLER
KATIE ALLEN
MICHELLE BAKER
JOANN BEACH
DR. TED BELHUMEUR
BARRY BERBERICH *
DR. ROB BRASS
CHRISTOPHER BURKE
CARL CAFFALETTE
JANE CHOUINIÈRE
DOUG DAVIS
NICK DEMARTE
URSULA DESSINGUE
KATHY DORN
DENNIS FAGAN
MIKE FARRELL
JERRY GORDON
MARYANNE GORDON
PDG DAVE HARRIS
PHIL HARRIS
DR. VICI HARRIS
DIANE BURKE HART
TOM HART
ELAINE HAYNER
CHRIS HORAN
HON. JERRY JENNINGS
BRUNILDA JIMENEZ
MARYJOY
PAM KHAMBANONDA
LARRY KRUG
DR. DAVID LEVINE *
KRISTIN McVEIGH
MICHAEL O'BRIEN
SHERIE O'CONNELL
TERRY PAGE
BOB PRATT
CAROL QUANTOCK
ROXANA SANCHEZ
RUTH SANO
VICKIE SHAHINIAN
PAUL VERGONI
DR. ALLEN ZIEKER *
* AFFILIATE MEMBER



Your 2012-13 board of directors is listed on page 1, and here's what they look like. Back row: Vickie, Ursula, Diane, Larry, Jerry, Paul, Marianne, Ruth. Front row: Carl, Mike, Tom, Kathy, Chris Horan. Carol is absent.



Lion Jerry presented an appreciation award to Lion Kathy Dorn. (Lion Carol Quantock was out of town; she got hers at the board meeting on June 20.)



Lion Elaine Hayner received the Robert J. Uplinger Distinguished Service Award.



←Lion Mike O'Brien and King Lion Tom Hart→ are now Melvin Jones Fellows.



Report of the board meetings held on Wednesday, June 20, at the Alexis Diner

LCI will be raising dues by \$1 this coming year (2012-13) and another \$1 the following year. With the potential for district and multiple-district dues also going up, we voted to increase our dues to \$70/year. Lion Paul will mail dues notices this month; anyone not paying by Sept. 30 will be summarily dropped.

Lion Paul distributed a list of the recipients of the Klingaman Award, the \$100 stipend that we give to a graduating senior from each of 14 high schools in our service area.

We accepted membership applications from Roxana Sanchez, her mother Brunilda Jimenez, and Michelle Baker.

Lions Elaine and Maryanne both reported a very significant reduction in number of eyeglass requests since we started asking for letters of denial from Medicaid.

Lion Carol has one hearing-aid application in process.

Lion Jerry read the nice thank-you note we got from Lion Elaine for her RJU award.

We presented an appreciation award to Lion Carol, who missed the presentation at the Installation Dinner.

We have helped NABA with 3 KidSight presentations so far; Lions Paul and Jerry did one, Lions Carol and Jerry did another, and Lion Paul will be doing one alone after the board meeting. Kathryn Miklowitz, NABA's LPN, will be speaking at our meeting in September; maybe then we can get more individuals involved, although we recognize that Lions with day jobs will be unable to help.

We decided that money we get for inkjet cartridges and cell phones (\$213 last year) should go into the charitable fund. Lion Tom got a check for \$195 from ReSpecs for metal eyeglass frames, which is earmarked for donation to Guiding Eyes for the Blind.

We voted to take out a 1/4-page ad in Camp Badger's golf outing program book for \$45.

Our next meeting...

Our next general meeting will not be until Wednesday, September 5. Enjoy your summer, but if you really need a meeting fix, remember that you're welcome to attend a board of directors meeting at 8 AM at Alexis Diner on July 18 and/or August 15.

KidSight

NABA has asked for our assistance with their KidSight program that provides vision screening in area pre-schools and day-care centers. Kathryn Miklowitz, an LPN at NABA, uses a special camera to do the actual screening, but her job would be easier if she had one or two volunteers to help with paperwork: stapling photos to each kid's consent form and filling in data on the results form. On May 24, Lions Paul and Jerry helped at a screening in the Wee Care Day Care Center at Bldg 12 on the NYS Office Campus. We started at 9:30 and had planned to stay until noon, but because only 18 kids had signed up, we were through by 11:00. It's not a tough job; if we could do it, anyone can. Lions Carol and Jerry helped in Castleton on June 13 and Lion Paul did one in Albany on June 20. Summer is a quiet time; we'll bring this up again in September.

Demographics

Over the past year, we've lost some members and we've added some new ones. In case you're curious about the club's make-up, we now have 42 members, of whom 21 are male and 21 are female. 21 live in Rensselaer County, 17 in Albany County and 4 elsewhere. Our youngest member is 24, our oldest is 84 and our average age is 60.9. We have two husband/wife couples, two brothers, and a mother/daughter.

Dues

By now you should have received your 2012-13 dues bill from Lion Paul. Two things to note:

1. Because of a dues increase from International, our dues are now **\$70 per year**.
2. Any members still in arrears on **September 30, 2012** will be dropped for non-payment. If this presents a hardship for you, please talk to Lion Paul (785-5319 or plverg@yahoo.com) well before the deadline.



Make a note:

Next Lions Work Night at the **Regional Food Bank:**
Tuesday, July 10, 2012, 5:30-7:30 PM

Friends and family welcome. Tell Lion Carol how many you're bringing at cquantoc@nycap.rr.com or **664-3901**.

Save the 2nd Tuesday of January, April, July and October.



We Serve

What "We Serve" means to us

Are you wondering what our club has accomplished in the past 12 months? Well, wonder no more. Between July 1, 2011 and June 30, 2012 the Albany & Troy Lions Club:

- Collected **12,000** pairs of used eyeglasses and **223** used hearing aids.
- Provided eyeglasses for **6 children** and **20 adults**.
- Held 4 work sessions at the Regional Food Bank.
- Sponsored a blood drive in August that collected enough blood to help 111 people. One Lion donated blood, and eight Lions worked 45 man-hours
- Sponsored a blood drive in December that collected enough blood to help 114 people. Two Lions donated blood, and seven Lions worked 44 man-hours.
- Sponsored a blood drive in March that collected enough blood to help 63 people. Three Lions donated blood, and five Lions worked 40 man-hours.
- Sponsored a blood drive in May that collected enough blood to help 90 people. Six Lions worked 40 man-hours.
- Provided dinner for the residents of Joseph's House, a homeless shelter in Troy.
- Provided hearing aids for an elderly resident of Troy.
- Purchased holiday gifts for a family of four from Vanderheyden.
- Five Lions helped load 9000 pairs of used shoes that will be distributed in Appalachia.
- Provided a device that provides visual and vibratory signals so a deaf mother will know when her baby is crying.
- Helped fund the replacement of a prosthetic eye for a student.
- Participated in NABA's Low-Vision Technology Fair.
- Provided stipends to one graduating senior from each of 14 area high schools.
- Helped NABA at 3 KidSight vision screenings for pre-schoolers. We tested 57 kids and flagged 7 with potentially serious eye problems.
- Donated to Guiding Eyes for the Blind, Fight for Sight, NABA, American Council of the Blind, Schoharie County Flood Relief, Troy's Victorian Stroll, St Paul's Center, LCIF Measles Initiative, Lions Eye Bank, Sister Maureen Joyce Center, Joseph's House, Lions Camp Badger.

A Sweet Swap - Eyeglasses for Ice Cream

Many thanks to new Lion Michelle Baker for organizing this event and promoting our various collection programs with SUNY's Community Action Service Club. Michelle maintains our two collection boxes (one for eyeglasses and hearing aids, the other for cell phones and inkjet cartridges) all year long, but during this one-hour Ice Cream Social, they collected 42 eyeglasses, 1 hearing aid, 6 cartridges and 20 cell phones - not too shabby!

Lion Jerry was there with literature to promote Lionism, while grandson Eitam (see page 6) found a shady spot to play with his iPad.

It was a beautiful day, and it was a very popular event, as you can see below. Our boxes are in the foreground. Michelle's way in the back, serving ice cream.



Please join us for an Ice Cream Social to benefit the Albany & Troy Lions Club

Bring your old eyeglasses, sunglasses, hearing aids, cell phones and ink cartridges to the SUNY Plaza Gallery on **June 28** between **2 and 3 p.m.** and enjoy a complimentary **make your own sundae**. Everyone who donates the items needed **will receive a chance to win a reserved parking spot for the month of July**. One chance for each item donated. Drawing will be held at 3:30 p.m. In addition, SUNY's Community Service Action Club will be having a 50/50 raffle drawing.



Eyeglasses -- We collect and reprocess used eyeglasses and sunglasses and distribute them at no charge to the needy in developing countries around the globe. Your used glasses may give a child the chance to stay in school or provide an adult with the clear vision necessary to maintain employment.



Hearing aids -- Used hearing aids help the hearing-impaired within our local community. Some can be remanufactured and reused; monetary credit we get for the others goes towards new hearing aids.



Cell Phones -- We want phones and batteries, but not chargers or other accessories. Older used cell phones that cannot be reused are recycled in accordance with state and federal EPA guidelines. Used cell phones that have an economic value are refurbished and reused. The proceeds from the resale of these used cell phones provide less fortunate people a means of obtaining an inexpensive cellular phone.



Inkjet Printer Cartridges -- We collect inkjet cartridges (the ones that fit in your hand), but not the much bulkier laser cartridges. Most of the ink jet cartridges are refurbished to be reused. The rest are obsolete and are recycled according to state and federal EPA guidelines.



Sponsored by SUNY's Community Service Action Club



On a more personal note ...

Lions Maryanne and Jerry traveled to the U.S. Patent and Trademark Office in Alexandria, VA, where their grandson, Eitam Aharon, received an award as a finalist in the FIRST® LEGO® League international science competition on June 19. Eitam lives in Yerucham, Israel, where he is a member of the “Seven World Wonders,” a team of youth who were among the top four finalists, competing against 272 entries from 13 countries. This is the first time a non-US team has received this award.



The team invented the *FreezeStick*, a low-cost way to keep food and other perishables cold indefinitely. The ice in a good picnic cooler lasts about 10 hours. The *FreezeStick* is a sealed pouch containing two chemicals separated by a glass partition. When the glass is broken, the chemicals combine, and the resulting endothermic reaction will refreeze the ice for another 10 hours of cooling.

Happy Birthday!

Happy **July** birthday to these A&T Lions:

- 6th - Bob Pratt
- 12th - Carl Caffalette
- 25th - Jerry Gordon



Happy Anniversary!

Happy Lions Anniversary to only one **July** inductee:

Tom Hart - 5 years

Mark your calendar...

Tuesday, July 10, 5:30-7:30 PM: Work session at Regional Food Bank

Wednesday, July 18, 8 AM: Board meeting at the Alexis Diner. All members are welcome.

Memories ...

Those of you who were Troy Lions back in the pre-merger days might remember the life-size papier-mâché lion that we used to use when we marched in the Uncle Sam parade. It rode on the top of John Krumanocker’s pick-up truck, while his kids and my grand-kids rode in the back and threw Tootsie Rolls to the crowd. It’s been retired to Lion Jane Chouiniere’s garage for a number of years. Somehow, the Schuylerville Lions heard about it, and asked if they could borrow it for their 50th anniversary celebration. They put it in a place of honor, as you can see below. They now have it “on loan” in case we ever want it back.



(Thank you, Lion Jane, for letting it go; I know how much you loved having it in your garage.)

WINE & FOOD TASTING

JULY 28

Sat. 4-7pm

SCHUYLER YACHT BASIN
SCHUYLERVILLE, NY

Tickets: \$20 ea. - Available at the Gate*

Additional info and tickets:
Old Saratoga Wine & Spirits
33 Ferry Street, Schuylerville, 605-6161

*You must be 21 to enter

JOURNEY FOR SIGHT