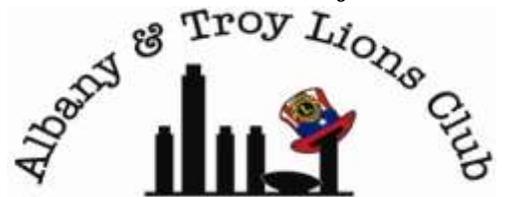




# Rare Meat

The newsletter of the



November 2014



Serving the citizens of Albany, Troy and environs since 1925

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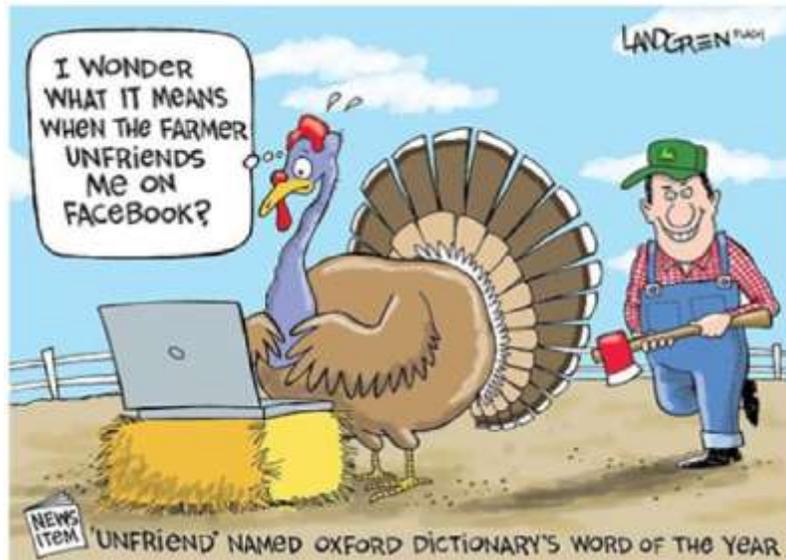
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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**



Report of the general meeting held on Wednesday, October 1, at the Red Front

District Governor Marianne Lynch, a special-ed teacher in her “day” job, spoke to us about her 3 Rs goal for the year: Recognize a need, Respond to that need, Revitalize the club though increased membership. She talked about the importance of promoting literacy among our youngsters, and her campaign to donate books, not only to schools and libraries, but anywhere that there will be kids to read them, such as doctors’ offices. Our zone project of donating copies of the print-and-Braille *I See the World* ties right in. (See minutes of the 9/17/14 board meeting and page 2 of the October *Rare Meat*.) Her district contest is simply net growth in membership. She also recognized the milestone anniversaries of some A&T Lions: Fran, 15 years; Ursula and Diane, 20 years; Paul and Larry, 35 years.

KL Carol told us about another blood-drive opportunity on Tuesday, Oct. 21, at Albany CrossFit, behind Colonie Center, which we elected to do.

Lion Jerry listed other upcoming events: Coats for Kids throughout October; Low Vision Tech Fair on Oct. 15; NABA’s Casino Night on Oct. 30; Galway’s 35<sup>th</sup> anniversary on Oct. 25; Fall Conference and 4-club 75<sup>th</sup> anniversary on Nov. 1 (both in Lake George); Bethlehem’s 60<sup>th</sup> anniversary on Nov. 19; and food collection for CEO/Community Gardens joint Thanksgiving dinner.

Lion Tom’s tail-twisting revealed much presidential ignorance and raised the usual groans, plus \$13 for our treasury.

## MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

JOANN BEACH

DR. TED BELHUMEUR

JEFF BENNETT

DR. ROB BRASS

CHRISTOPHER BURKE

JANE CHOUINIERE

DOUG DAVIS

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URSULA DESSINGUE

KATHY DORN

DENNIS FAGAN

MIKE FARRELL

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DIANE BURKE HART

TOM HART

ELAINE HAYNER

CHRIS HORAN

PAM KHAMBANONDA

LARRY KRUG

DR. DAVID LEVINE

FRAN MCDOAL

KRISTIN McVEIGH

LAURA MONA

MICHAEL O'BRIEN

TERRY PAGE

BOB PRATT

CAROL QUANTOCK

RUTH SANO

VICKIE SHAHINIEN

SUE SHIPE

PAUL VERGONI

DR. ALLEN ZIEKER

*Report of the board meetings held on Wednesday, October 15, at the Route 7 Diner*

NABA's Low-Vision Tech Fair was today; thanks to Lions Paul, Ursula and Jerry, who worked the three shifts successively. NABA and the Lions agree that St Sophia's is a much better location than Beltrone, where it has been held previously. It has better parking, it's a brighter room, and it has better acoustics for the speakers. Paul felt that our participation was much more beneficial than the last time he worked the show, a few years ago.

We're sponsoring a blood drive on 10/21 at Albany CrossFit. Jerry and Maryanne will work the first shift, and Paul and Laura will do the second.

Lion Jerry found out that we can sell popcorn inside the Atrium at the Victorian Stroll. We voted to do so, and will send a \$50 contribution. We voted to spend up to \$50 for a magnetic sign for the machine.

Opportunities to serve:

- The Coats for Kids team is in place: Carol, Dennis, Doug, Jerry, Larry, Laura, Michelle, Tom and Vickie. Nice to see some new participants this year. The poster that's at each cleaner is on page 6.
- KL Carol had forwarded to the board an e-mail from Stakeholders that described the volunteers they're looking for. Most are in the area of Community Disaster Preparedness, which is not really our focus, as Carol had already pointed out.
- We got a list of volunteer opportunities, listed by month, from Elaine Gerwin of CEO. We will consider each one as its time approaches. For November, we will continue to collect ingredients for their Thanksgiving food packages. On Nov 24 & 25, we can help with the packing and distribution of the packages.



Upcoming events: Oct 25: Galway Lions' 35<sup>th</sup> anniversary. Nov 1: Ft Edward, Glens Falls, Gloversville and Waterford Joint 75<sup>th</sup>; the Gordons and Lion Mike are going, and others should because we sponsored Waterford. Nov 8: Cambridge Lions' 80<sup>th</sup>. Nov 19<sup>th</sup>: Bethlehem Lions' 60<sup>th</sup> (we moved our Nov board meeting to the 18<sup>th</sup> so we could attend this - see page 6).

Lion Maryanne questioned whether we should give an eyeglass voucher to a woman who works at Catholic Charities. She broke her glasses, and her insurance won't pay for new ones for another year. She did complete an application, which shows income of only about \$700/month. We voted that she should get a voucher, and that we have complete faith in Maryanne's judgment on these matters.

Maryanne got a call from a disabled woman who needs help getting her bathroom enlarged. Maryanne told her that wasn't the kind of thing the Lions did, but she would ask at the board meeting for ideas. Someone suggested that the woman call Habitat for Humanity; Maryanne will convey that to her.

We authorized Lion Joann to spend up to \$250 shopping for Vanderhayden.

We will do our seal campaign again this year. The work session will be after the November general meeting.

We voted to donate \$100 to the Brandel-Murphy Youth Foundation.

We discussed the Lions Campaign for Our Communities, a new joint fund-raising initiative for NYS&BLF, Camp Badger and Lions SEE. The objective is for each club to come up with a new fund-raiser specifically for this campaign, ideally to be held in October. 25% of the funds raised would go to each of the three organizations, and the club would keep 25%. We decided that since we're already donating to NYS&BLF and Camp Badger, and have enough trouble coming up with our own fundraisers, that we would pass on participating in this Campaign, at least for now.



Bring a potential member to a meeting

### Our next meeting ...

Our next meeting is on Wednesday, November 5, at the Red Front. We start the meetings at 6:00 PM, so it would be a good idea to get there by 5:45 to get your dinner order in and socialize for a few minutes before the bell rings. Our speaker will be Gene Dumlao, outreach counselor at the NY StateWide Senor Action Counsel. Also speaking briefly will be Elaine Gerwin **from CEO; she'll tell us about their Thanksgiving dinner program and take whatever food we're donating.** *Bring canned gravy, boxed stuffing, elbow macaroni or pie crust mix - see page 6.*

After the meeting, we will hold our annual fold, stuff and stamp party to get our seal campaign mailing out.

### Board meeting *change*

Please note that our **November board meeting** will be on **Tuesday the 18th** instead of our usual 3rd Wednesday. It's at 6 PM at the Route 7 Diner, across from Keeler Motors. Remember that all members are welcome, although only board members can vote. If you've never been to a board meeting, drop in some time to see just how your club is run. We changed the date so we could attend the 60th Anniversary Celebration of one of our zone-mates, the Bethlehem Lions Club; see page 6 for details.

### KidSight

Kathryn always appreciates our help on KidSight vision screenings. There's one in November in our area: **Monday, Nov 17, 9:30 AM at TOAST** (Thomas O'Brien Acad of Science & Technology), Lincoln Park, Albany. If you want to help on this one, please let me know. She is also doing five in Schenectady; if you're willing to go there, let me know and I'll get the details.

### Hearing Conservation Society

Most of us have no idea of the fine work that the District 20Y2 Hearing Conservation Society does to help the hard-of-hearing and to educate the public on preventing hearing loss. We're in luck because their next quarterly meeting will be in Troy. All Lions in our district are members of HCS, so go to the meeting and learn about what they do. It's at **7PM on Monday, Nov 24**, at the **Center for Independent Living, 15-17 Third St in Downtown Troy** (between Fulton St and Broadway, across from the Atrium).

### Low-vision Technology Fair

NABA held their annual tech fair on **Wednesday, October 15**, at St Sophia's Church on Whitehall Road in Albany. Thanks to Paul Vergoni, Ursula Dessingue and Jerry Gordon for manning our information table. NABA's Cheryl Lawyer coordinated the event; she says, "On behalf of NABA (and personally!), I wanted to thank you again for attending this year's Low Vision Technology show. The numbers are in and they are record-breaking with 216 registered attendees! This is terrific and especially with a new venue...many of the attendees were from different places than in years past. By all indications and feedback received thus far, attendees once again found this event to be very helpful and educational."

We may be participating in a Russell Sage Health Fair on Thursday afternoon, Dec 4. Save the date if you can sit at our table, and watch for further details.

### Holiday party...

Our Holiday Party will be on Wednesday, Dec 3 at **Valente's** in Watervliet. They always do a nice job for us. Save the date - watch for details.



### Blood Drive

We sponsored a blood drive on October 21 at Albany CrossFit on Sand Creek Road, behind Colonie Shopping Center. We didn't know until Lions Maryanne & Jerry arrived at 1:00 to start their shift that it was scheduled for 3:00-7:00. When Lion Paul and Laura got there at 3:00, we learned that it wasn't inside the building, but in a "bus" outside. We didn't get the official results in time for publication; I'll try to remember to include them next month.



Learn about centennial events at [LIONS100.ORG](http://LIONS100.ORG)

### Buying on line...

If you're planning on making a purchase at amazon.com, do it from SMILE.AMAZON.COM instead. You can specify Lions Clubs International Foundation (LCIF) as your charity of choice, and they'll get 0.5% of your purchase price.

### On a personal note ...

Glad to hear that Lion **Sue Shipe** is on the mend: "Hi Lion Jerry, I fell in Colonie Center on June 11. Although I fell on my right side, my left side was badly jarred. I've seen four orthopedists and am scheduled for two more. I'm much improved after cortisone injections in my knee and hip, and function is slowly returning. Thanks for asking. As always, please give my regards to everyone!" And as Lion Sue said on Facebook: "So proud of Brian Hart, my hubby. Less than nine months after cardiac bypass surgery he's doing a 5K!"

Lion Laura Mona has been awarded the Paul J. Curran Award for Pro Bono Service by the Prisoners' Legal Services of New York. The award is presented annually to a volunteer attorney who most embodies the late Paul Curran's dedication and commitment to providing pro bono legal services to poor and disadvantaged individuals incarcerated in New York State. Knowing Lion Laura's dedication and commitment to Lionism, we can easily understand how she earned this prestigious award.



For the past 15 years, *Swingtime Magazine* ("The region's only good music magazine") has presented an annual Lifetime Achievement Award to someone who has had a significant impact on the local jazz scene. This has often been a musician (pianists Lee Shaw and Peg Delaney come to mind) but not always (Neil Brown, president emeritus of the Albany Musicians' Union, for example). This year's recipient was a surprised **Jerry Gordon**. His plaque describes him as "... a leader in the jazz community as editor, superfan, administrator and supporter of all good music. He has long served as president of the Swingtime Jazz Society and still maintains his standing as the leading upstate washboard artist."



I didn't have a current picture of anyone with a lion, so here's our grand-daughter Anna (aka Princess Elsa) with her friend Wyatt.



*Happy Birthday!*

Happy November birthday to these A&T Lions:

- 5th - Ursula Dessingue
- 25th - Jane Chouiniere
- 27th - Mike O'Brien



*Happy Anniversary!*

Happy Lions Anniversary to these November inductees:

- Megan Davis - 1 year
- Dennis Fagan - 8 years
- Carol Quantock - 14 years

November 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Fall conf, Joint 75 <sup>th</sup> anniv
2	3	4	5 6pm: Meeting at Red Front; see p 3	6	7	8
9	10	11 Veterans Day	12	13	14	15
16	17 KidSight screening; see p 3	18 6pm: Board meeting; see p 3	19 Beth LC 60 <sup>th</sup> anniversary; see p 6	20	21	22
23	24 7pm: HCS meeting in Troy; see p 3	25	26	27 Thanksgiving Day	28	29
30	1	2	3 Holiday party	4 Sage Health Fair?	6	7 Victorian Stroll tomorrow

For other events around the district, visit [20Y2Lions.org](http://20Y2Lions.org)



Visit your club's web site: [ALBANYTROYLIONS.ORG](http://ALBANYTROYLIONS.ORG),  
 your district web site: [20Y2LIONS.ORG](http://20Y2LIONS.ORG),  
 International's web site: [LIONSCLUBS.ORG](http://LIONSCLUBS.ORG),  
 and LCI's centennial site: [LIONS100.ORG](http://LIONS100.ORG).

**It's all about teamwork**



THE BETHLEHEM LIONS CLUB  
CORDIALLY INVITES YOU TO THEIR  
CHARTER NIGHT CELEBRATION  
OF 60 YEARS OF COMMUNITY SERVICE



1954-2014

WEDNESDAY, NOVEMBER 19, 2014  
THE HELDERBERG ROOM  
NORMANSIDE COUNTRY CLUB  
150 SALISBURY ROAD  
DELMAR, NEW YORK 12054

**6:00 P.M.**  
Social Hour, Music  
Cash Bar  
Cheese & Fruit Display

**7:00 P.M.**  
Welcome & Opening Remarks  
Introductions  
Dinner

**8:00 P.M.**  
CLUB HISTORY  
FEATURED SPEAKER  
PRESENTATION TO BETHLEHEM FOOD PANTRY  
BENEDICTION & CLOSING REMARKS

*A Donation of a non-perishable food item would be greatly appreciated*

\$40 per person

For Reservation, R.S.V.P. with payment no later than November 5, 2014

Make Checks Payable to Bethlehem Lions Club. Mail to:

Liza Tougher, 16 Candlewood Lane, Delmar, N.Y. 12054

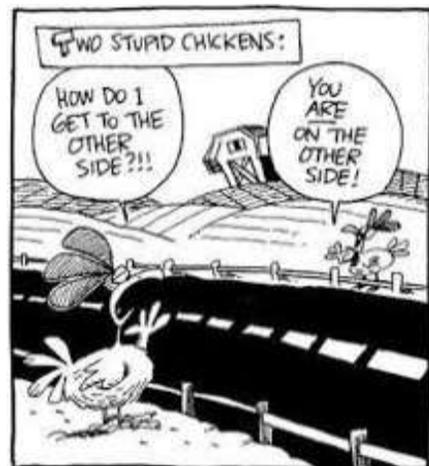
For questions or special dietary needs please contact Liza at  
518-439-0399 or [pansymoo@aol.com](mailto:pansymoo@aol.com)

Name \_\_\_\_\_ will attend – Number attending: \_\_\_\_\_

**Entree:** Choose one per person

- Braised Pork
- Pan Roasted Chicken
- Orange Honey Tilapia

Fact: Did you know that you don't have to pour a bucket of iced water over your head to donate to charity?



Working Together...

# THANKSGIVING FOOD PACKAGES

**Food Donations Needed:** Canned gravy, boxed stuffing, elbow macaroni, pie crust mix

**Donate:** Every \$5 provides fresh, local produce for a family in need!  
Call: (518) 272-6012

A PARTNERSHIP WITH...