



# Rare Meat

July 2017



The newsletter of the  
Albany & Troy Lions Club

Serving the citizens of Albany, Troy and environs since 1925

## OFFICERS 2017-2018

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CROL QUANTOCK

1st Vice-President:

URSUAL DESSINGUE

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ELENA WATSON

Directors, 2nd year of 2:

KATHY DORN

MIKE O'BRIEN

Membership Chair:

RUTH SANO

Immediate Past Pres:

CHRIS HORAN

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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

The Lions Year starts on July 1, and you'll find your new officers and board of directors listed to the left.

*On June 7, we held our annual installation dinner at Van Schaick Island Country Club. There were no board meetings in June.*



Coin to outgoing King Lion Chris Horan. Then, KL Chris presented Lion Jerry with a Centennial Coin, much to his (Jerry's) surprise.



Lion Jerry presented a Robert J Uplinger Distinguished Service Award to Lion Fran McDoal and a Melvin Jones Fellowship Award and an LCIF Centennial Commemorative



PDG Dave Harris inducts new member Mona Connerney, center, under the watchful eyes of her mother and sponsor, Lion Hilda Ocampo, president of the Achumani Lions Club in La Paz, Bolivia.

## MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

JOANN BEACH

JEFF BENNETT

JOHN BIANCO

MICHELE BIANCO

DR. ROB BRASS

CHRISTOPHER BURKE

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MICHAEL O'BRIEN

TERRY PAGE

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SUE SHIPE

JJ STONE

PAUL VERGONI

ELENA WATSON

KEITH WOODARD

DR. ALLEN ZIEKER



## Letha ilungu ezingaba emhlanganweni

*If we keep repeating "Bring a potential member to a meeting," it will soon become old hat. So as part of your continuing education and to keep the thought fresh, we'll say it in a different language each month. I'm sure you recognized this is Zulu, one of the official languages of South Africa. It is spoken by about 9 million people mainly in Zululand and northern Natal in South Africa and also in Botswana, Lesotho, Malawi, Mozambique and Swaziland.*

### Our next meeting ...

Our next general membership meeting is not until September 6, but your board never rests. If you need a meeting fix, you're welcome at the next **board of directors meeting**, which will be on July 12 (the **2nd** Wednesday) at 6 PM at the Red Front.

### Something new for us: Troy's River Fest!

Thanks to the efforts of Lion Elena Watson, we had a booth at Troy's Annual River Fest on Saturday, June 17. We sold 50/50 tickets and gave out information on Lionism. Workers were Lions Ruth & non-Lion Bob Sano, Tom Hart, Paul Vergoni, John Bianco, Maryanne & Jerry Gordon and especially Lion Elena. A woman named Gabe Stevens won our raffle and went home \$128 richer.



Lions Elena and Ruth, and PIS Bob



We're participating in Boscov's "Friends Helping Friends" program by selling Shopping Passes. These passes are good for **25% OFF** almost everything Boscov's sells, but only on Tuesday, Oct 17, 2017. The passes are **\$5 each** and our club gets to keep the whole \$5. There will be many other charitable organizations taking advantage of this program, so start selling them now to your friends and family and get a leg up on the competition. Passes are available from Lion Jerry, and all the proceeds go to Lion Paul.



## Another chance to be of service

We received this email from NABA last month. Heather Zayac, Chris Horan's friend and NABA social worker, has been working with this young man, but anyone else who would also like to volunteer is more than welcome. If you or anyone you know is interested, please contact Heather directly at (518) 463-1211 ext 221 or [HZayac@naba-vision.org](mailto:HZayac@naba-vision.org).

We have a very nice young man on our caseload here at NABA who is looking for some volunteer support and we currently don't have a NABA volunteer to match to him.

We thought perhaps there might be a Lion who would be interested, here is the scenario:

The consumer is in his mid 20's, he is a refugee from Afghanistan and is totally blind. He has been in Albany (America) for a little over a year. He has no family or friends for support.

He is learning English and is getting better and better at it every day. He is involved with many vocational training programs through NABA and the NYS commission for the blind but he experiences many barriers in the community due to his disability and language barriers.

He is exceptionally, bright, friendly and engaging. He is also very lonely and socially isolated. He is hoping to have a volunteer that could maybe go to appts with him, go shopping, that sort of thing.

Let us know if you have any Lions that might be interested in meeting this fine young man and we could coordinate a meeting to take place at NABA to do introductions and possibly go from there.



Our next **BLOOD DRIVE** will be **Thursday, July 11, from 1-6 PM** at the **East Greenbush Holiday Inn Express**. We need volunteers:

- ♦ To work at the registration desk and the canteen at the drive,
- ♦ And to donate blood.

If you can do either or both of these, please sign up with Lion Carol at [cquantoc@nycap.rr.com](mailto:cquantoc@nycap.rr.com) or **664-3901**. Shifts will be 1-3:30 and 3:30-6.

## Marching with Saratoga

The Saratoga Springs Lions usually march in Saratoga's Flag Day Parade, which was on June 10 this year. Because it's LCI's centennial, they wanted a 100-strong contingent, so they asked other clubs in the district to join them. Ten clubs - Albany & Troy, Ballston Spa, Bethlehem, Broadalbin-Perth, Cambridge, Galway, Glens Falls, Greenfield, Hadley-Luzerne, Mechanicville-Stillwater and the Flying Fingers (a group of kids from 7-17, sponsored by the Glens Falls LC, who entertain with sign language) - responded with enough Lions to bring the total to 110. A&TLC marchers were Lions John Bianco, Mike O'Brien and Ruth Sano with PIS Bob; Lions Maryanne & Jerry rode on a float (they're old). More pictures are on pages 4 and 6.



Our own Lion Ruth with her King of Hearts (?)



Incoming and outgoing DGs





Can you find Lion Mike, PIS Bob and Lion John?



### On a personal note ...

From a friend of Lion **Kathy Dorn's** on June 15: "The latest information we have received from Kathy's sister is that she is working with the Sunnyview staff to regain functions affected by her stroke. Things are progressing slowly. As of today, visits and phone calls are discouraged at her request. We can continue to send cards or notes letting her know we are thinking of her and miss her. Any updates will be sent out as we receive them." You can write to her at Kathy Dorn, Room 261, Sunnyview Rehab Hospital, 1270 Belmont Ave, Schenectady, NY 12308.

Our deepest condolences go to Lion **Keith Woodard** on the loss of his mother, Rebecca "Becky" Woodard, in North Carolina on June 12.

Our deepest condolences also go to Lion **Kristin McVeigh** on the loss of her mother, Sheila, in Albany on June 19.

And on a somewhat more upbeat note, King Lion **Carol Quantock** seems to be recovering quite nicely from her knee surgery on June 14.



## KidSight

There are no screenings scheduled for July.

## Happy Birthday!

Happy **July** birthday to these A&T Lions:

16th—Mona Connerney  
25th—Jerry Gordon  
28th—Keith Woodard



## Happy Anniversary!

Happy Lions Anniversary to only one **July** inductee:

Tom Hart—10 years

| July 2017  |        |   |                                  |          |        |          |
|--|--------|---|----------------------------------|----------|--------|----------|
| Sunday   | Monday | Tuesday   | Wednesday                        | Thursday | Friday | Saturday |
| WHERE THERE'S A NEED<br>THERE'S A LION<br>100 YEARS<br> |        |   |                                  |          |        | 1        |
| 2  | 3      | 4<br>Fun Run see<br>page 6<br>Independence<br>Day | 5                                | 6        | 7      | 8        |
| 9  | 10     | 11<br>Blood drive<br>see page 3                   | 12<br>BoD meetings<br>see page 2 | 13       | 14     | 15       |
| 16   | 17     | 18  | 19                               | 20       | 21     | 22       |
| 23   | 24     | 25  | 26                               | 27       | 28     | 29       |
| 30   | 31     |   |                                  |          |        |          |
| For other events around the district, visit <a href="http://20Y2Lions.org">20Y2Lions.org</a>   |        |   |                                  |          |        |          |

Visit your club's web site: **ALBANYTROYLIONS.ORG**  
your district web site: **20Y2LIONS.ORG**  
International's web site: **LIONSCLUBS.ORG**  
and LCI's centennial site: **LIONS100.ORG**

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Instead of shopping at **amazon.com**, please shop at [smile.amazon.com/ch/22-3255679](http://smile.amazon.com/ch/22-3255679). You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.

**CAMP ABILITIES SARATOGA PRESENTS****The Kids Fun Run of the FC4**

**\$5 REGISTRATION** on line [www.firecracker4.com](http://www.firecracker4.com) or before 9AM on the 4th

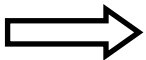
Children ages **12 and younger** and those of **all abilities** regardless of age are invited to this 1/2-mile FUN RUN of the Official Firecracker 4 Race, starting at the City Center in Saratoga Springs and ending at Congress Park Saratoga. It is a run, not a race. Children of **all abilities** are encouraged to participate and parents are encouraged to run with their child. Strollers are welcome. **Please no dogs!** This run precedes the All American Celebration's 11 AM July 4th parade. Start line is at 10:30am. Leading the race will be two tandems from Camp Abilities Saratoga with Alex Sorenson and Chris Baker riding with their coaches!

All participating kids will be provided with a race bib, which has a matching numbered stub for parents. Emergency contact information **must** be completed on the back of the bib for the runner to participate.

The run finishes at the entrance to Congress Park with each child receiving a medal and refreshments. All children running without a parent will be asked to wait in a designated area at the park for their family.

Thank you to The **Lions Camp Abilities Saratoga Team** and the **Saratoga Springs HS Runners** for marshaling this event.

**LETS ALL GET THERE AND CELEBRATE WITH THE FUN RUN!**

**How we can help:**

The Saratoga Running Club will be running along with the kids to keep them headed south, Lions Club members will be marshaling major intersections on Broadway, but **we need volunteers** in the park for managing kid traffic in 3 corrals, handing out water, medals and refreshments. There is a return on the water bottles and any scout group/ youth group volunteering is welcome to have the bottle return concession proceeds. We need a total of **16 volunteers** and we could have up to **500 kids** running.

If you'd like to volunteer for this event, please contact Saratoga Lion Joanne Sole at [purpal18@hotmail.com](mailto:purpal18@hotmail.com) or 518-209-9891.

