



# Rare Meat

February 2018



*Serving the citizens of Albany, Troy and environs since 1925*

## OFFICERS 2017-2018

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CAROL QUANTOCK

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URSULA DESSINGUE

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JERRY GORDON

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LARRY KRUG, Char Fund

### Tail Twister:

TOM HART

### Lion Tamer:

MARYANNE GORDON

### Permanent Director

PDG DAVE HARRIS

### Directors, 1st year of 2:

JOHN BIANCO

ELENA WATSON

### Directors, 2nd year of 2:

KATHY DORN

MIKE O'BRIEN

### Membership Chair:

RUTH SANO

### Immediate Past Pres:

CHRIS HORAN

## ALBANY & TROY LIONS

PO Box 192

TROY, NY 12181-0192

(518) 512-2722

info@albanytroylions.org

ALBANYTROYLIONS.ORG

### Rare Meat editor:

JERRY GORDON

JERRYGORDON@JUNO.COM

518-235-8232

**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

**Report of the meetings held on Wednesday, January 3, at the Red Front (board meetings are held immediately after the general meeting).**

## GENERAL MEETING

Lion Jerry introduced three potential Lions: Raebeth Vosburgh and Michael Armenia, an engaged couple who had been at our holiday party, and Peggy Savchick, Maryanne & Jerry's next door neighbor.

Additional visitors were DG John McDonald, VDG Michelle O'Hare and Saratoga Springs Lion Barb Bentley.

DG presented us with a Centennial Service banner patch for our playground upgrade project, as well as a banner patch for our contributions to Camp Abilities. He had a 20-year chevron for Lion Mike O'Brien and a 40-year chevron for PDG Dave Harris. He encouraged us to get more involved with youth programs, suggesting the Boy Scouts as a possible organization to work with. And he stressed that fighting diabetes is now a major Lions objective. There are many educational programs that we could be offering to the public.

## BOARD MEETINGS (CLUB & CHARITABLE FOUNDATION)

### Committee reports:

Blood drives –Our next drive is Jan 15 at the E Greenbush Library.

PR – Lion Elena continues to list our meetings in *Pennysavers*.

Fund-raising – Lion John reports the final SaveAround books results: Sold 40 books for \$512.50 net profit.

Programs –Feb program TBD.

Used glasses & hearing aids – no report

Voicemail – Jerry: ¾ of the 32 calls in the 2-month period of 10/13-12/29 were for us.

We voted to donate \$100 to Bethlehem Lion Mike Mercado, who lost everything in a house fire and suffered burns to his legs. Larry will make the donation through Mike's GoFundMe page.

Our seal campaign brought in a total of \$1298. [See update on page 2.]

Lion Maryanne gave eyeglass vouchers to 4 adults in Albany county (all from Capital City Rescue Mission), and 1 child and 1 adult from Rens county. Lion Jerry has emailed Dr Gandham about repeating the CCRM project we participated in 3 years ago, but has no response yet.



## MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

JOANN BEACH

JEFF BENNETT

JOHN BIANCO

DR. ROB BRASS

CHRISTOPHER BURKE

JANE CHOUINIERE

MONA CONNERNEY

DOUG DAVIS

URSULA DESSINGUE

KATHY DORN

DENNIS FAGAN

MIKE FARRELL

JERRY GORDON

MARYANNE GORDON

PDG DAVE HARRIS

DR. VICI HARRIS

DIANE BURKE HART

TOM HART

CHRIS HORAN

LARRY KRUG

DR. DAVID LEVINE

FRAN MCDOAL

KRISTIN McVEIGH

MICHAEL O'BRIEN

CAROL QUANTOCK

RUTH SANO

SUE SHIPE

JJ STONE

PAUL VERGONI

ELENA WATSON

DR. ALLEN ZIEKER

As reported in *Rare Meat*: Our deepest gratitude to Lion Joann Beach for handling this project every year. She reports, "The A&TLC's Vanderheyden family for Christmas was a mom & dad and a boy and girl. Their wish list asked for clothes and said they liked to play games together as a family and go to the movies. We bought each of them an outfit to wear (pants and top), two games, a blanket throw for each child, 4 movie passes and a \$50 gift card to Price Chopper. The total amount is \$244.02."

In an email vote on Jan 27, we decided to participate again in the health fair at the Albany JCC on 4/29/18. It will cost \$180, but NABA and HCS will each kick in \$60.

### Прывесці патэнцыйны член на сустрэчу



If we keep repeating "Bring a potential member to a meeting," it will soon become old hat. So as part of your continuing education and to keep the thought fresh, we'll say it in a different language each month. This, of course, is **Belarusian**, an official language of Belarus, along with Russian. It is spoken mainly in Ukraine and Russia.

### Our next meeting...

... is **Wednesday, February 7**, at the Red Front. Our guest speaker will be **Lion John Sutton**, district diabetes awareness chair, who will certainly have interesting things to tell us.

Let's get a good turnout to greet our visitors, the Town of Greenfield Lions.

We call the meeting to order at 6:00 p.m., but please try to be there by 5:45 so you can place your dinner order and have a few minutes to socialize. The restaurant likes a head count, so please tell **Mike O'Brien** (518-272-0905 or [m.obrien@samobile.net](mailto:m.obrien@samobile.net)) whether you'll be there. Telling him your intentions will be one less follow-up phone call that he will have to make.

### The Seal Campaign

As of this writing, our seal campaign has raised **\$1448**, thanks to one especially generous donation. 23 people have donated. It's not too late to send your check to A&TLC Charitable Fund, PO Box 192, Troy, NY 12181-0192. All it will take is another \$73 to have our best year ever!



**Kathryn Miklowitz**, NABA's LPN who conducts their KidSight vision screenings of pre-schoolers, always appreciates our help. They usually start around 9:30 a.m. and last an hour or two. **In February, she's doing screenings in Albany on Fri Feb 9 and Mon Feb 12 (this one's at 12:30 pm). In Schenectady, they're on Fri Feb 2, Wed Feb 7, Mon Feb 26 and Wed Feb 28, all at 9:30 am.** If you'd like to sign up for one or more, please contact Kathryn at [kmiklowitz@naba-vision.org](mailto:kmiklowitz@naba-vision.org) and [mickeyskat@gmail.com](mailto:mickeyskat@gmail.com) or call her on her cell at 518-915-4722 for time and address details.

**amazon**smile  
You shop. Amazon gives.

Instead of shopping at **amazon.com**, please shop at [smile.amazon.com/ch/22-3255679](https://smile.amazon.com/ch/22-3255679). You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.

### On a personal note ...

Maryanne & Jerry will soon be on The Jazz Cruise again, followed by a month in Florida. Watch for pics in future issues.

### Happy Birthday!

Happy **February** birthday to these A&T Lions:


5th: Dave Levine

22nd: Mike Farrell



### Happy Anniversary!

No Lions were inducted in **February**

February 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Groundhog Day	3
4	5	6	7 Meeting at the Red Front; see page 2.	8	9 KidSight screening; see page 2	10
11	12 KidSight screening; see page 2	13	14 Valentine's Day	15	16	17
18	19 President's Day	20	21	22	23	24
25	26	27	28			
For other events around the district, visit <a href="http://20Y2Lions.org">20Y2Lions.org</a>						

**Give the Gift of Sight! Support blind children by purchasing a "Through Their Eyes" 2018 Calendar.**

**A calendar of artwork created by children expressing their appreciation for the Gift of Sight!  
\$8.00 (no tax due)**

**Please make checks payable to  
Lions Eye Bank at Albany  
6 Executive Park Drive  
Albany, NY 12203**



**For more information: (518) 489-7606 or [jbeach@lionseyebankalbany.org](mailto:jbeach@lionseyebankalbany.org)**

## **FREE**

**Learn how to plan delicious meals  
including desserts while managing your  
blood sugar.**

**Sample healthy recipes.**

**Talk with others who live with  
diabetes everyday like you.**

# **DINING with DIABETES**

Free program sponsored by  
Saratoga Springs  
LIONS CLUB

**January 24, 31 and  
February 7, 2018  
6:30-8:00 pm**

**Presbyterian-New England Church  
24 Circular St., Saratoga Springs**

For people with diabetes or prediabetes,  
family members and caregivers.

Pre-registration required.  
For information and to register  
call 518-885-8995.

Presented by Diane Whitten  
Cornell Cooperative Extension



*"Cornell Cooperative Extension provides equal program and employment opportunities."*

Visit your club's web site: **ALBANYTROYLIONS.ORG**,  
your district web site: **20Y2LIONS.ORG**,  
and International's web site: **LIONSCLUBS.ORG**.





# Bermuda Cruise Getaway

September 1-6, 2018 On RCCL Anthem of the Seas!

**Sail with us upon Royal Caribbean's Spectacular Anthem of the Seas!**  
 Lions and friends are invited to sail from Metro NYC to the beautiful pink sands and crystal blue waters of Bermuda. Treat yourself to this unique 5-Night Getaway Cruise, while benefiting our mission to support Lions projects that will improve the lives of children in New York State & Bermuda.

Cruise fares are the total per stateroom or suite, for two guests, inclusive of port charges and taxes. Gratuities are not included.

- Interior Virtual Balcony Stateroom: \$2,125 •
- Balcony Stateroom: \$2,425 • Jr. Suite: \$3,525 •
- Grand Suite: \$5,275 • Sky Loft: \$9,125 •

**Space is Limited → First Come First Served → You Snooze, You Lose!**

**Deposit: \$500/Stateroom; \$1,000/Suite**

**Final Payment Due Before April 15, 2018**

**To Book Passage or For More Information, Please Contact  
 PCC Angelo Purcigliotti at: 845-216-0379; ajp5@comcast.net**



Please Make Your Check  
 Payable to "Brandel-Murphy Youth Foundation"

**Contributions may be  
 Tax Deductible to the  
 Extent Permitted by Law.**

**Please consult your tax advisors.**

Any Federal tax advice contained herein, is not intended or written to be used, and cannot be used, for the purpose of (i) avoiding penalties under the Internal Revenue Code or (ii) promoting, marketing or recommending to another party any transaction or matter addressed herein.

**Royal Suite Class Benefits and  
 Amenities are included with Suite  
 Cruise Fares, as applicable.**



**Special Message from Al Brandel & Maureen Murphy:**  
*"We need your support now to meet the needs of disadvantaged children reaching out for our help. Please join us on this cruise for fun, fellowship, and in the spirit of Lionism."*

**\$500 OF EACH CRUISE  
 FARE BENEFITS THE  
 BRANDEL-MURPHY  
 YOUTH FOUNDATION, INC.**

**Sign-up form and ship details at <https://tinyurl.com/ycrrlord>**



"Nature abhors a vacuum," it is said, and YrEd abhors a blank page, so here's some timely filler.

