



# Rare Meat

August 2018



The newsletter of the  
Albany & Troy Lions Club

Serving the citizens of Albany, Troy and environs since 1925

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CAROL QUANTOCK

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URSULA DESSINGUE

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Directors, 2nd year of 2:

JOHN BIANCO

ELENA WATSON

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MARYANNE GORDON

Immediate Past Pres:

CHRIS HORAN

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**YOUR SUBMISSIONS  
ARE ENCOURAGED!**

## Report of the board meetings held on July 11 at the Red Front

The Club Board Meeting was called to order at 6:00 pm. The minutes and treasurer's report were accepted by unanimous vote.

Lion Ruth has posted the *Rare Meat* to Facebook.

Fund raising: We decided to sell SaveAround books again this year, since it's a no-risk way of making several hundred dollars. And we will order Boscov's "Friends Helping Friends" discount cards again, another no-risk money-maker.

Publicity: no report

Lions Maryanne, Jerry, Paul, Tom and John got together with Alexandra Sipos, her mother and sister to pack up the 1760 used eyeglasses that Alexandra collected as her service project over the last two years. Now that she's off to college, her sister, Elizabeth, will take over the program. [See page 2]

We decided to order new name badges that show District 20W. We'll get them just for those who want them. They're \$12 each.

The Charitable Board Meeting was called to order at 7:00 pm. The minutes and treasurer's report were accepted by unanimous vote.

We received thank-you notes for our donation to LCIF, our donation to the Sight Society's golf tournament, and for our donation to help a camper go to Barton diabetes camp. (We had approved a second camper pending receipt of the application, but it never came.)

Michael Lord has his new hearing aids and is very appreciative of our help.

Lion Ruth had no requests for eyeglasses. She's got some LensCrafters vouchers left, but no source for glasses once the vouchers are gone.

In an email vote on July 18 & 19, we decided to donate \$250 to Guiding Eyes for the Blind in response to the hurricane damage they recently experienced.

## Our next general meeting...

... is not until September 5, but there's no vacation for your officers and board of directors. The board will be meeting on **Wednesday, August 1**, at the Red Front at 6 PM. If you need a meeting fix, feel free to join us.



## MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

JOANN BEACH

JEFF BENNETT

JOHN BIANCO

DR. ROB BRASS

CHRISTOPHER BURKE

JANE CHOUINIERE

MONA CONNERNEY

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LARRY KRUG

DR. DAVID LEVINE

FRAN MCDOAL

KRISTIN McVEIGH

MICHAEL O'BRIEN

CAROL QUANTOCK

RUTH SANO

SUE SHIPE

PAUL VERGONI

ELENA WATSON

DR. ALLEN ZIEKER

## KidSight Vision Screenings



**Kathryn Miklowitz**, NABA's LPN who conducts their KidSight vision screenings of pre-schoolers, always appreciates our help. They usually start around 9:30 a.m. and last an hour or two. **Her August schedule** is kind of light because she'll be on vacation for much of the month:

Wed 8/1 Crossroads in Schenectady

Mon 8/6 Kiddie Academy in Albany

Mon 8/27 YMCA in Schenectady

If you'd like to sign up for one or more, please contact Kathryn at [kmiklowitz@naba-vision.org](mailto:kmiklowitz@naba-vision.org) and [mickeyskat@gmail.com](mailto:mickeyskat@gmail.com) or call her on her cell at 518-915-4722 for time and address details.

## On a personal note ...

Some people think Friday the 13th is unlucky, but not these two couples. On July 13 (a Friday), Ruth and Bob Sano celebrated 43 years of marital bliss, and Diane & Tom Hart made it 44 years.

## Eagles Collect for Sight

**Alexandra Sipos** spoke to us at our April 2017 meeting. She was then a junior at Albany High School and had been collecting used eyeglasses as a community service project since the previous September. We provided her with 20 collection boxes that she put in local churches, libraries, schools and businesses. She personalized the boxes with "Eagles (the Albany High mascot) Collect for Sight" flyers. Well, she graduated in June and it was time for us to get two years' worth of glasses. On a sunny Friday at the end of June, Alexandra and her sister, **Elizabeth**, spread 1760 used eyeglasses on the driveway for a photo shoot. Lions John, Tom, Paul, Jerry and Maryanne showed up to sort and pack them. We didn't take back the collection boxes, though. Elizabeth, who will be a junior at Loudonville Christian School this fall, will be continuing her legacy.



**Alexandra with Lions Jerry, Maryanne and John and about half of the glasses.**

Visit your club's web site: **ALBANYTROYLIONS.ORG**,  
your district web site: **20WLIONS.ORG**,  
and International's web site: **LIONSCLUBS.ORG**.

Bring a potential member to a meeting.

## Lions Service Areas



Diabetes



Environment



Hunger Relief



Pediatric  
Cancer



Vision



### Happy Birthday!

Happy **August** birthday to these  
A&T Lions:

1: Paul Vergoni  
5: Chris Horan



### Happy Anniversary!

Happy Lions Anniversary to these  
**August** inductees:

Kathy Dorn: 8 years  
Chris Horan: 9 years (+3 years with  
Guilderland LC)  
Vici Harris: 14 years

August 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 BoD meetings see page 1. KidSight p 2.	2	3	4
5	6 KidSight p 2.	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 KidSight p 2.	28	29	30	31	
For other events around the district, visit <a href="http://20WLLions.org">20WLLions.org</a>						

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In case you're wondering whether Lions do any good, here's what we did last year.

***Between July 1, 2017, and June 30, 2018, the Albany & Troy Lions Club:***

- Collected **14,000** used eyeglasses;
- Provided eyeglasses for **9 children** and **23 adults**;
- Recycled **150** used hearing aids through the Hearing Conservation Society;
- Provided **2000** hearing-aid batteries to a school for the deaf;
- Provided hearing aids to two senior citizens;
- Contributed to a new playset for Brothers Park, a playground in Watervliet;
- Helped send two kids to diabetes camp;
- Recycled **152** used cell phones through NABA;
- Sponsored **4** blood drives that collected enough to potentially save **240** lives;
- Participated in NABA's Low-Vision Technology Fair;
- Participated in a Health Fair for Seniors at Albany Jewish Community Center;
- Sponsored a H.S. sophomore in the Hugh O'Brian Youth Leadership program;
- Provided holiday gifts for a family of 4 who share a home at Vanderheyden;
- Contributed toiletries and other personal-care items to YWCA's Adopt-A-Family program
- For NEWS10's Coats for Kids campaign, we picked up **642** coats at various dry-cleaners and delivered them to central distribution points in Albany and Rensselaer counties;
- Donated to Lions Eye Foundation, Capital Roots, Lions Eye Bank, CampAbilities Saratoga.



## A Thought for Today

There is always something to do. There are hungry people to feed, naked people to clothe, sick people to comfort and make well. And while I don't expect you to save the world, I do think it's not asking too much for you to love those with whom you sleep, share the happiness of those whom you call friend, engage those among you who are visionary, and remove from your life those who offer you depression, despair, and disrespect. -Nikki Giovanni, poet and professor (b. 7 Jun 1943)