



Rare Meat

January 2019



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ALBANY & TROY LIONS

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Rare Meat editor:

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518-235-8232

**YOUR SUBMISSIONS
ARE ENCOURAGED!**



Report of the party held on December 5 at Valente's

Our annual holiday party was another success, thanks to the efforts of Lion Maryanne, who always manages to come up with fun-filled ways to keep us entertained. The re-gifting exchange provided lots of laughs, as well as many lovely things for some lucky folks. (We can hardly wait to hear how happy Michele was with what John brought home.) And when it comes to drawing reindeer—who knew we had a club full of Rembrandts? (I am referring, of course, to Lefty Rembrandt, the famous one-armed paper hanger.)



Our next general meeting...

Is **Wednesday, January 2, at the Red Front**. Our speaker will be Joanna Patterson from Cornell Cooperative Extension, who will talk to us about keeping our homes safe and secure.

We call the meeting to order at 6:00 p.m., but please try to be there by 5:45 so you can place your dinner order and have a few minutes to socialize. The restaurant likes a head count, so please tell **Lion Jerry** (518-235-8232 or jerrygordon@juno.com) whether you'll be there. Telling him your intentions will be one less follow-up phone call that Lion Mike will have to make.

MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

JOANN BEACH

JEFF BENNETT

JOHN BIANCO

DR. ROB BRASS

CHRISTOPHER BURKE

JANE CHOUINIERE

MONA CONNERNEY

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MICHAEL O'BRIEN

CAROL QUANTOCK

RUTH SANO

SUE SHIPE

PAUL VERGONI

ELENA WATSON

DR. ALLEN ZIEKER

Zone meeting!

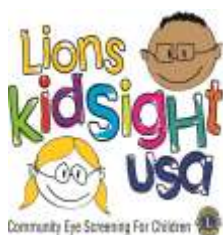
Our Zone Chair Liza Tougher says, "I have finalized the details for a **Zone Club gathering**. It will be at Valente's Restaurant in Watervliet on **Wednesday, January 9, 7 to 9:30 P.M.** It will be a way for me as ZC to get to meet everyone and for all of you to network and to 'just have a great time' with Lions from other clubs. [FYI: the other clubs in our zone are Bethlehem, Duane, Greater Ravena, Town of Wright/Schoharie Valley and Waterford.] DG Michele O'Hare will be there as well as IPDG John McDonald. So we are very excited! A&T Lion Chris Burke, executive director of NABA, will speak about their grant request from the Brandel Youth Foundation to help their KidSight program.

"It will be a buffet-style Italian Dinner with cash bar. Price/person will be \$24, including coffee, tea or soda, cookies, tax and tip. Pay with cash or a check payable to Valente's. Put this networking activity on your calendars.

"I will have a suggestion box on the sign-in table. Please feel free to place any comments (good or bad), suggestions, photos, zone project ideas, in the box. if you have any ideas to add to our evening, contact ZC Lion Liza Tougher at pansymoo@aol.com or 518-439-0399."

Please let Lion Jerry know whether you'll be at the zone meeting no later than Jan 2. You can tell him at our meeting, or let him know ahead of time at jerrygordon@juno.com or 518-235-8232.

KidSight Vision Screenings



Kathryn Miklowitz, NABA's LPN who conducts their KidSight vision screenings of pre-schoolers, always appreciates our help. They usually start around 9:30 a.m. and last an hour or two. **Her January schedule:** (Most are in our area; the last two are further out.)

Thu 1/3	Albany School of Humanities	Wed 1/16	Pine Hills in Albany
Wed 1/9	Philip Schuyler in Albany	Fri 1/18	Paige School in Schenectady
Mon 1/14	Pineview in Albany	Fri 1/25	Woodlawn in Schenectady

If you'd like to sign up for one or more, please contact Kathryn at kmiklowitz@naba-vision.org and mickeyskat@gmail.com or call her on her cell at 518-915-4722 for time and address details.

Lansingburgh Boys & Girls Club



Lion Maryanne says, "A representative of the LB&G Club has gotten back to me with some suggestions for how we can be of service to the community by helping them. In late March & early April, they send out 20,000 general appeal letters that need to be stuffed and labeled. This can be done at the club, at our meeting or taken home. Any amount we do is helpful.

"They hold three fundraisers during the year at the club (501 4th Ave, Lansingburgh): A spaghetti dinner in April, a chicken barbeque in August and a fall brunch. They need help serving at all of them. [In addition to being helpful, it's a chance to wear Lions shirts and aprons and be visible in the community.]

"And finally, anytime anyone feels like reading to or playing with the younger children, it would be very helpful."

We'll be working on a formal club response for their mailing and serving requests, but if anyone wants to spend some personal time working with children, reach out to Lion Maryanne (518-35-8232) for more info on what's involved.

Bring a potential member to a meeting.

Seal Campaign

This project is one of our major fundraisers. We added over \$1400 in each of last two years to our charitable fund. So far this year, we have received \$870. There's still time for you to send a check to the Albany & Troy Lions Club, PO Box 192, Troy, NY 12181-0192.

Happy Birthday!

Happy **January** birthday to these A&T Lions:

7th: Jeff Bennett
23rd: Chris Burke
25th: Rob Brass



Happy Anniversary!

Happy Lions Anniversary to only one **January** inductee:

Fran McDoal: 6 years with A&TLC + 14 years with Waterford LC.

January 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Kindness matters		1 New Year's day	2 Meeting at the Red Front; see page 1.	3 KidSight screening; see page 2	4	5
6	7	8	9 Zone meeting; see page 2. KidSight; see page 2	10	11	12
13	14 KidSight screening; see page 2	15	16 KidSight screening; see page 2	17	18 KidSight screening; see page 2	19
20	21 M L King Day	22	23	24	25 KidSight screening; see page 2	26 District cabinet meeting; see pages 4 & 5
27	28	29	30	31		
For other events around the district, visit 20WLions.org						

Visit your club's web site: **ALBANYTROYLIONS.ORG**,
your district web site: **20WLIONS.ORG**,
and International's web site: **LIONSCLUBS.ORG**.

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Instead of shopping at **amazon.com**, please shop at smile.amazon.com/ch/22-3255679. You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.



The Third District 20-W Cabinet Meeting will be held:

Saturday January 26, 2019

**Homewood Suites by Hilton New Hartford NY
185 Woods Park Drive, Clinton, NY 13323**

Registration starts at 9:30

\$25 per person covers Lunch and coffee and donuts during the meeting

Agenda:

START 10:00 am

- I. PLEDGE OF ALLEGIANCE**
- II. LIONS PRAYER**
- III. LIONS TOAST**
- IV. WELCOME – REGION CHAIR JAMES WINKLER**
- V. DG UPDATE**
- VI. PRESENTATIONS:**
 - A. CHILDHOOD CANCER**
 - B. POSSIBLY TRAINING ON MYLION**
 - C. FACEBOOK AND YOUR CLUB**
 - D. UPDATE ON DIABETES**

LUNCH. There will be a meeting of the Hearing Conservation Society during lunch. Everyone is encouraged to attend; every Lion is a member of the Society.

VII. BUSINESS MEETING

- A. MINUTES FROM NOVEMBER 3, 2018 MEETING**
- B. TREASURER'S REPORT**
- C. GAT TEAM UPDATES: MEMBERSHIP, LEADERSHIP AND SERVICE**
- D. CAMPAIGN 100 UPDATE**
- E. JOHNSTOWN AND GLOVERSVILLE MERGER**
- F. GRANTS: NABA LCIF GRANT AND REDISTRICTING GRANT**
- G. HIGHLIGHTS OF CLUBS**

VIII. ADDITIONAL ITEMS

See next page

This year, as a District Hunger project, we are asking anyone who attends the cabinet meeting to bring at least one non-perishable food item to be donated to that city's food bank.

Please share this with all of the members in your club and encourage them to attend; everyone is welcome.

If you are attending, please send the bottom part of this form and your check for \$25.00 to 2816 Baptist Hill Rd. Middle Grove, NY 12850. Please make the checks payable to: District 20-W Lions Clubs. Please return this no later than Friday, January 18th

If you would like to spend the night, special rates are available by using the following information: Booking Link: group.homewood-suites.com/pdglionsclub

Hotel: Homewood Suites by Hilton New Hartford Utica

Group Name: PDG Lions Club

Arrival Date: 25-Jan-2019

Departure Date: 27-Jan-2019

Please note, the entire URL must be copied and pasted for it to work properly.

Please share this link with anyone who needs to book PDG Lions Club rates

If you have any questions, please do not hesitate to call me at 518-882-6818 or email me at rware@nycap.rr.com

Thank you for your attention to this matter.

Yours in Lionism,
Rita Ware
Cabinet Secretary

Attending _____ Not Attending _____ email: _____

Name/s: and Club: _____

**The cost is \$ 25.00 per person; please mail your check to
Lion Rita Ware, 2816 Baptist Hill Rd. Middle Grove, NY 12850
Make the checks payable to: District 20-W Lions Clubs.**

Lions Service Areas



Diabetes



Environment



Hunger Relief



Pediatric
Cancer



Vision

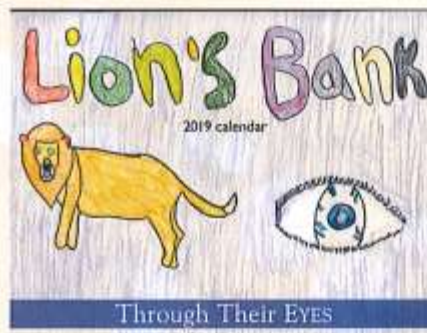
**Give the Gift of Sight This
Holiday Season!**

Support Blind Children
By Purchasing a

**"Through Their Eyes – The Gift of Sight"
2019 Calendar**

Each month showcases
original artwork created by
Capital District children
expressing their
appreciation
for the gift of sight.

Every calendar sold benefits
underprivileged children in
need of eye care. This
calendar is about *children
helping children.*



For more information call:
Lions Eye Bank at Albany
518-489-7606

\$8.00 per Calendar / No Tax Due / Shipping Included

Make checks payable to:
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4 Tower Place, Ste. 601
Albany, NY 12203

