



# Rare Meat

August 2019



The newsletter of the  
Albany & Troy Lions Club

Serving the citizens of Albany, Troy and environs since 1925

## OFFICERS 2019-2020

President:  
CAROL QUANTOCK

1st Vice-President:  
URSULA DESSINGUE

2nd Vice-President  
FRAN MCDOAL

3rd Vice-President  
CHRIS HORAN

Secretary:  
JERRY GORDON

Treasurer:  
PAUL VERGONI, Club  
LARRY KRUG, Char Fund

Tail Twister:  
TOM HART

Lion Tamer:  
RUTH SANO

Permanent Director  
PDG DAVE HARRIS

Directors, 1st year of 2:  
GREG SHELTON  
RUTH SANO

Directors, 2nd year of 2:  
CHRIS HORAN  
MIKE O'BRIEN

Membership Chair:  
MARYANNE GORDON

Immediate Past Pres:  
CHRIS HORAN

ALBANY & TROY LIONS  
PO Box 192  
TROY, NY 12181-0192  
(518) 512-2722  
info@albanytroylions.org  
ALBANYTROYLIONS.ORG

## Rare Meat editor:

JERRY GORDON  
JERRYGORDON@JUNO.COM  
518-235-8232

YOUR SUBMISSIONS  
ARE ENCOURAGED!

Report of the board meetings held at  
the Red Front on July 10:

**Membership:** Lion Greg introduced potential Lions Eva Bass, who works in community outreach in Albany Mayor Kathy Sheehan's office, and Preem Cabey, who is director of Albany's Dept of Recreation. They were both quite eager to get involved. Lion Greg moved that we accept them for membership pending receipt of their applications and check. The motion was seconded and passed, and in short order, they completed the apps on-line from their phones, we had the checks and they were welcomed into the club. We'll do their formal induction ceremony at our September membership meeting.



**L-R: Paul Vergoni, Greg Sheldon, Eva Bass, Jodi Scott, John Bianco, Preem Cabey, Shawn Newton, Paul Quantock, Jerry Gordon, Carol Quantock. Paul Quantock is Carol's partner-in-service. All the others have been Lions for anywhere from 1-1/2 hours (at the time the picture was taken) to almost 40 years.**

**Fund raising:** We will again participate in Boscov's friends helping friends and send each member a number of coupons to sell. They will be ordered soon.

**Eyeglass collections:** 4000 pairs sent last month, bringing the total to 17,000 for LY18-19.

Lion Greg submitted the application for an LCI/Anthem project. We would use the \$1500 grant to purchase blueberry plants, which would be planted at Albany Victory Gardens. These will help feed both people and bees. *Note: We found out as this issue was going to press that we got the grant! [See committee meeting on page 2]*

## MEMBERSHIP

VICKI ADLER  
MICHELLE BAKER  
EVA BASS  
JOANN BEACH  
JEFF BENNETT  
JOHN BIANCO  
DR. ROB BRASS  
CHRISTOPHER BURKE  
PREEM CABEY  
JANE CHOUINIERE  
DOUG DAVIS  
URSULA DESSINGUE  
KATHY DORN  
DENNIS FAGAN  
MIKE FARRELL  
DR. STEFAN FOSCO  
JERRY GORDON  
MARYANNE GORDON  
PDG DAVE HARRIS  
DR. VICI HARRIS  
DIANE BURKE HART  
TOM HART  
CHRIS HORAN  
LARRY KRUG  
DR. DAVID LEVINE  
FRAN MCDOAL  
KRISTIN McVEIGH  
SHAWN NEWTON  
MICHAEL O'BRIEN  
CAROL QUANTOCK  
RUTH SANO  
JODI SCOTT  
GREG SHELTON  
SUE SHIPE  
PAUL VERGONI  
ELENA WATSON  
JIM WILSON  
DR. ALLEN ZIEKER



VIP (Visually Impaired Pedallers) Bike-rides for the Blind: Lions Greg and Preem will work with Lion Shawn on this. Tentative date is Saturday, 9/21, with Sunday for a rain-date. It will be held at the bike trail along the Hudson in Albany. *[See committee meeting below.]*

We voted to hold the August board meeting on the 14th (2<sup>nd</sup> Wed) because we're doing Camp Abilities on the 7th. For our speaker for the September meeting, Lion Jerry proposed getting the appropriate district chair to do a new-member orientation.

Hearing Aids: We've had one request, but have not yet received their application.

August 7 & 8 are the nights we'll be feeding the campers from Camp Abilities Saratoga at Saratoga Ninja Lab. The meals are coming from PJ's Barbeque and the Glens Falls Lions. We will do the serving and cleaning up. Our \$1000 covers the rental of the facility for the two nights. *[See page 3]*

We approved spending \$250 for a tee sign at NABA's golf tournament.

### Our next general meeting...

... is not until September 4. But there will be a **board meeting** at the **Red Front on Wednesday, August 14, at 6:00 PM**. NOTE that this is the second Wednesday, not the first. All members are welcome, but only board members can vote. If you'll be there, please let me know at [jerrygordon@juno.com](mailto:jerrygordon@juno.com).

### Committee meeting

There is a meeting tentatively scheduled for **Friday, Aug 9, at 7:00 PM** at Honest Weight Food Co-op, 100 Watervliet Ave, Albany, for two new ad-hoc committees that share membership. One committee is to ensure that we handle the LCI/Anthem grant appropriately and the other is to address all the issues associated with the Bike Rides for the Blind project. Committee members are Eva Bass, Preem Cabey, Jerry Gordon, Shawn Newton, Mike O'Brien and Greg Sheldon. If you would like to attend the meeting, contact Jerry at [jerrygordon@juno.com](mailto:jerrygordon@juno.com) or 518-235-8232 to make sure the date hasn't changed.

### KidSight Vision Screenings



**Kathryn Miklowitz**, NABA's LPN who conducts their KidSight vision screenings of pre-schoolers, always appreciates our help. They usually start around 9:30 a.m. and last an hour or two. **Her August schedule:** (Two are in our area, one is a bit further.)

Fri 8/2	Giffen Elementary, S. Pearl St, Albany
Thu 8/8	Kiddie Academy, Columbia Circle, Albany
Mon 8/12	Kidz Lodge, The Y, Clifton Park

If you'd like to sign up for one or more, please contact Kathryn at [kmiklowitz@naba-vision.org](mailto:kmiklowitz@naba-vision.org) and [mick-evskat@gmail.com](mailto:mick-evskat@gmail.com) or call her on her cell at 518-915-4722 for time and address details.

Bring a potential member to a meeting.

**amazon smile**  
You shop. Amazon gives.

Instead of shopping at **amazon.com**, please shop at [smile.amazon.com/ch/22-3255679](https://smile.amazon.com/ch/22-3255679). You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.



## Albany & Troy Lions Club is Sponsoring Saratoga Camp Abilities 2019 for 2 Nights!

### When:

Wednesday August 7 & Thursday August 8, 2019  
5:30 pm - 8:30 pm

### Where:

#### Saratoga Ninja Lab

9 Stonebreak Road (Unit 3), Malta, (518) 289-5942

On Wednesday, PJ's BBQ will be supplying dinner for the kids at Saratoga Ninja Lab.

On Thursday, Glens Falls Lions Club will be supplying dinner.

Our job will be to help out with serving the meals and any other jobs that Saratoga might need us to do. Our \$1000 donation funded the rental of the facility for the two nights.

Saratoga Ninja Lab is a big gym with lots of obstacles to give the campers an opportunity to test their Inner Ninja Skills. It should be a fun experience for them to have and for us to see.

Come on one night or both to join the fun and help out Camp Abilities Saratoga!

If you haven't signed up on the sign-up sheet, contact us at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com) and let us know when you will be joining us.

*To get to the sign-up sheet, open Chrome or any Google app (like your gmail) and click on the dot array in the upper right corner. Select DRIVE, then "Shared with me." You should see CampAbilities sign-up sheet.*

**IT WOULD BE WONDERFUL TO HAVE A LARGE TURNOUT  
OF MEMBERS FOR THIS EVENT!**



### Happy Birthday!

Happy **August** birthday to these  
A&T Lions:

1st: Paul Vergoni  
5th: Chris Horan  
5th: Jim Wilson  
30th: Shawn Newton



### Happy Anniversary!

Happy Lions Anniversary to these  
**August** inductees:

Kathy Dorn: 9 years  
Chris Horan: 10 years (+3 years with  
Guilderland LC)  
Vici Harris: 15 years

August 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 4				1	2 KidSight screening; see page 2	3
11	5	6	7 Camp Abilities; see page 3.	8 Camp Abilities; see page 3. KidSight; see page 2	9 Committee meeting; see page 2	10
18	12 KidSight screening; see page 2	13	14 Board meeting; see page 2	15	16	17
25	19	20	21	22	23	24
	26	27	28	29	30	31

*For other events around the district, visit [20WLions.org](http://20WLions.org)*



***Wondering what “We Serve” means? Between July 1, 2018 and June 30, 2019, the Albany & Troy Lions Club:***

- Collected **17,000** used eyeglasses;
- Recycled **254** used hearing aids through the Hearing Conservation Society;
- Recycled **105** used cell phones through NABA;
- Participated in NABA's Low-Vision Technology Fair;
- Participated in a health fair for seniors at Albany Jewish Community Center;
- Participated in two joint LCI/Anthem projects at the Regional Food Bank;
- Provided eyeglasses for a number of needy children and adults;
- Provided hearing aids for three seniors;
- Helped the Lansingburgh Boys & Girls Club with their annual spaghetti dinner;
- Provided holiday gifts for a family of 4 who share a home at Vanderheyden;
- Helped a 12-year-old girl get needed surgery at the Lions Eye Institute;
- For NEWS10's Coats for Kids campaign, we picked up **667** coats at various dry-cleaners and delivered them to central distribution points in Albany and Rensselaer counties;
- Donated to Lions Clubs International Foundation, NYS & Bermuda Lions Foundation, Lions Eye Foundation, Brandel-Murphy Youth Foundation, Hearing Conservation Society, Lions Eye Bank, Camp Abilities Saratoga, NABA, Guiding Eyes for the Blind.



**We Serve**