



Rare Meat

JULY 2020



Serving the citizens of Albany, Troy and environs since 1925

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Lion Tamer:
JORDAN ALEXANDER

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PDG DAVE HARRIS

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PAUL VERGONI

Directors, 2nd year of 2:
RUTH SANO
GREG SHELTON

Membership Chair:
MARYANNE GORDON

Immediate Past Pres:
CAROL QUANTOCK

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YOUR SUBMISSIONS
ARE ENCOURAGED!

July 1 is the start of a new Lion year and with it we welcome our new District Governor, Lion Rick Brisee, from the Waterford Lions Club. His pin is in the upper left corner. I asked him why it's a pyramid. Here's his answer:

"Story of the pyramid: This is the short version:

"I am a martial artist and have been for a long time (the black belt). One's career in the martial arts is compared to a pyramid because when you first begin, there are so many different styles (the base of the pyramid) and they all seem so different to the novice.

"As you gain experience and move up the pyramid, you find that other styles are not really all that different, just variations of the same thing because the human body can only move so many ways (the top of the pyramid).

"I see Lions similarly. When you are new, every Club is so different. We all come from different backgrounds, education, life experiences, and Clubs do not always operate the same. As your tenure in Lions grows, and as the pyramid becomes smaller, as you move up it, you come to realize that we are in fact, very similar.

"We all want to help our communities, we want to leave the world a better place, and we like doing good things. The one unifying thing is that we are all Lions and why the logo is at the top. My theme is "We are one".

"We are all different, yet we are one; we are Lions.

"That's the story. Thanks for asking,
Rick"

Report of the Zoom meetings held on Wednesday, June 3:

The general meeting: DGE Rick Brisee installed our 2020-21 officers and board of directors. They're all listed in the column to the left and many are shown in the Zoom screenshot at the end of this report.

Lion Jerry made the following presentations (pics on page 3):

To Lion **Paul Vergoni**, a rosewood mantle clock for being our treasurer for four decades;

To Lion **Carol Quantock**, a lovely plaque for serving as president for five terms (2013-15 & 2017-20);

More →

MEMBERSHIP

IRVIN ACKERMAN
VICKI ADLER
JORDAN ALEXANDER
MICHELLE BAKER
EVA BASS
JOANN BEACH
JEFF BENNETT
JOHN BIANCO
DR. ROB BRASS
CHRISTOPHER BURKE
PREEM CABEY
JANE CHOUINIÈRE
DOUG DAVIS
URSULA DESSINGUE
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DR. VICI HARRIS
DIANE BURKE HART
TOM HART
CHRIS HORAN
LARRY KRUG
DR. DAVID LEVINE
FRAN MCDOL
KRISTIN McVEIGH
SHAWN NEWTON
MICHAEL O'BRIEN
CAROL QUANTOCK
RUTH SANO
GREG SHELTON
JODI SHELTON
SUE SHIPE
PAUL VERGONI
JIM WILSON
DR. ALLEN ZIEKER



To Lion **Preem Cabey**, the Robert. J Uplinger Distinguished Service Award “In recognition of her enthusiasm and eagerness to be of service to others and to Lionism”;

And to Lion **Greg Sheldon**, the Melvin Jones Fellowship for his several contributions to the growth of our club, both in membership and in activities.

The club board meeting: Lion Greg was able to get Home Depot to donate several hoses and the blueberries seem to be doing quite well. Lions Eva and Carol will work together on getting some signage designed and erected.

We had previously approved up to \$1000 to donate hand sanitizer to the various police departments in our area, but apparently they’ve been getting all they need from the county. Lion Carol will try to get confirmation of this. We voted to sell the sanitizer to the general public for \$5/bottle or 5 for \$20 as a fund-raiser. [See page 6] The decision about making the sanitizer available to other clubs with a customized label was tabled for now.

Lion Greg suggested T-shirts as a potential fund-raiser. They would cost \$5-10 and could be sold for \$20. This did not generate a lot of enthusiasm.

Regarding Boscov’s Friends Helping Friends program, we wondered whether the coupons could be used on line, or whether the usage period could be extended. Lion Jerry will investigate.

The charitable board meeting:

Lion Jerry provided an update on the district program to feed the hospitals. All the delivery spots have been filled and the program was moving along very smoothly, with only a few minor glitches. Our members took care of 19 of the 42 deliveries.

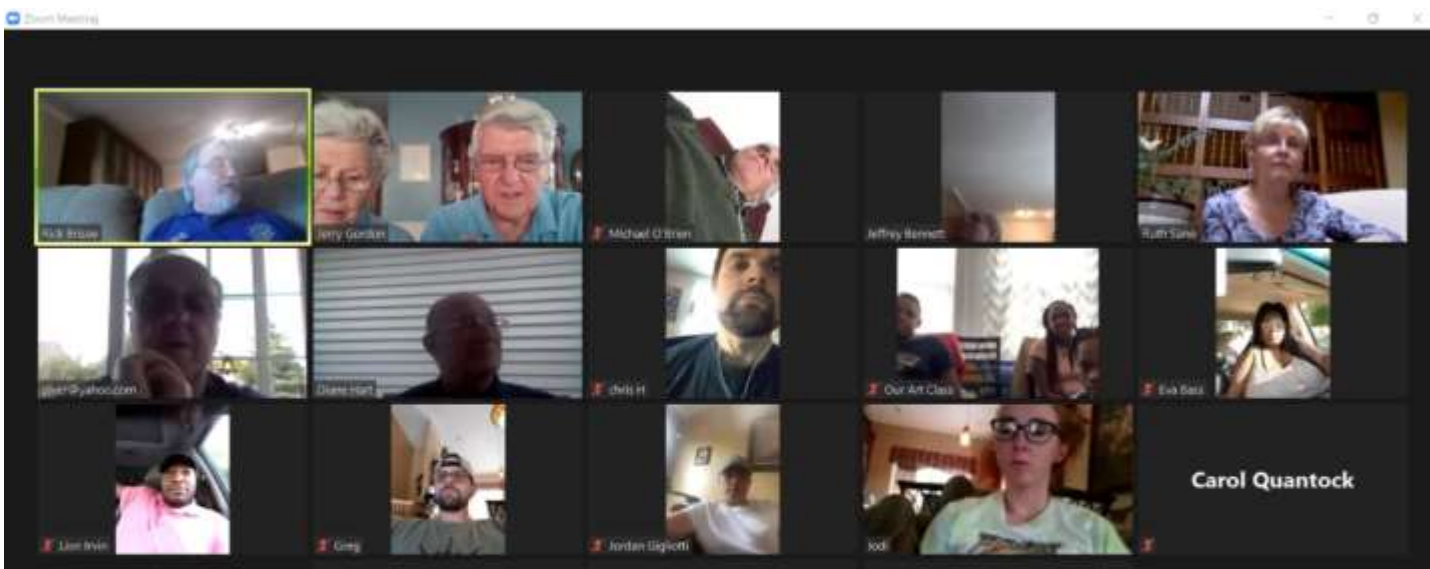
There’s apparently a Community Development Agency Block Grant available through HUD. Lions Irv and Greg will look into it further.

Lion Jerry has a hearing-aid application from a 69-yr-old woman from Watervliet who meets our requirements. We voted to spend \$375 for her HAs and ask the Hearing Conservation Society to match us for the other \$375, as they have in the past. [This was subsequently approved by HCS.]

There were no eyeglass applications.

We voted to spend \$250 for a tee flag to support NABA’s golf tournament.

The meeting was adjourned at 7:15 pm.



Top, L-R: Rick Brisee, Maryanne & Jerry Gordon, Mike O'Brien, Jeff Bennett, Ruth Sano

Middle: Paul Vergoni, Tom Hart, Chris Horan, Preem Cabey's friends, Eva Bass

Bottom: Irv Ackerman, Greg Sheldon, Jordan Alexander, Jodi Sheldon, Carol Quantock

Dues are due now! If you haven't already done so, send your check for \$75, payable to A&T Lions Club, to Lion Paul Vergoni, 26 Sheldon Dr, Mechanicville, NY 12118-3442. Do it TODAY, please!



Since our meetings have been virtual, these awards and plaques will be delivered when we next get together in person.

Paul's clock and Carol's plaque

Preem's RJU and Greg's MJF



Our next meeting ...

... will be the first meeting of the new '20-'21 board of directors. It will be a Zoom meeting on **July 8** (note that this is the *second* Wednesday) at **6 PM**. As usual, all Lions are welcome but only board members can vote.

To join the Zoom meeting, click on this link from any internet-connected device:

<https://us02web.zoom.us/j/2945254334>

Meeting ID: 294 525 4334

One tap mobile

+19292056099,,2945254334# US (New York)

+13017158592,,2945254334# US (Germantown)

Blueberry progress

Lion Greg's June 14 posting on Facebook: "Laying some home grown compost out on the blueberry orchard at the [Albany Victory Gardens](#) today. Community food scraps blueberry love magic on Clinton Ave was only made sweeter by my two little munchkin garden gnomes helping me out.

"Bunky even drove the skidsteer with me while Jodi Sheldon wild harvested mugwort. Friends and neighbors stopping by elevated the day with inspiration. Preem, Bobby, Mitch and Nancy, everyone coming together. Even Paul stopped by and that of course resulted in the planning of a youth event on Friday to socialize Bobby's mushroom patch.



"After traveling the world and living many places, I am blessed to find home here in the Westhill. [#albanyny](#)"

On a personal note ...

A note to our newer members, and a reminder for the rest of you: This section is intended to increase camaraderie among our members by giving you some idea of what your fellow Lions are up to when they're not being Lions. If you think this is a good idea, you can help by giving me a few words occasionally about what's noteworthy or merely just different in your life—something your fellow Lions might find interesting. Or tell me about a Lion who might be too shy or modest to tell me themselves. If no one tells me anything, I have to fill the space with "humor," so you'd better give me stuff.



"Greg Sheldon takes a break." Photo by Preem Cabey posted on Facebook on June 10.

Happy Birthday!

Happy **July** birthday to these
A&T Lions:

7th: Preem Cabey

25th: Jerry Gordon

**Happy Anniversary!**

Happy Lions Anniversary to only one
July inductee:

Tom Hart: 13 years

JULY 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 United in Service	29	30	1	2	3	
5	6	7	8 Board meeting; see page 3	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
For other events around the district, visit 20WLions.org						

Bring a potential member
to a meeting.



amazonsmile
You shop. Amazon gives.

Instead of shopping at **amazon.com**, please shop at smile.amazon.com/ch/22-3255679. You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.



Hand Sanitizer



\$5 per bottle, or buy 4 and get 1 free (save 25%!)

Get yours today by contacting Ruth Sano at 518-859-3796
or albanytroylions@gmail.com

- ◆ All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- ◆ FDA registered and approved hand sanitizer
- ◆ Made to W.H.O. standards
- ◆ 75% isopropyl alcohol for maximum efficacy
- ◆ Contains aloe for moisturizing and counteracting the drying effects of alcohol
- ◆ Only two ingredients; a natural product without the unwanted filler of industrial sanitizers
- ◆ Fine-mist spray applicator covers hands with just the right amount
- ◆ Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- ◆ Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop



Grateful Villages Hand Sanitizer

2 fl-oz (59.15 ml)



Pure &
Simple
Unscented



Drug Facts

Active Ingredient:

Isopropyl Alcohol 75% v/v

Purpose:

Antiseptic

Use: Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.

Warnings: For external use only.

Flammable. Keep away from heat or flame.

Do not use: - in children less than 2 months of age
- on open wounds.

When using this product: keep out of eyes, ears, and mouth. In case of contact with eyes, rinse eyes thoroughly with water.

Stop use and ask a doctor if irritation or rash occurs. These may be signs of a serious condition.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions: Place enough product on hands to cover all surfaces. Rub hands together until dry. Supervise children under 6 years of age when using this product to avoid swallowing.

Store between 15-30°C (59-86°F)

Avoid freezing and excessive heat above 40°C (104°F)

Inactive Ingredient: Aloe Vera | NDC: 76829-720-02