



Rare Meat



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2020-2021

President:
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PREEM CABEY

3rd Vice-President
MIKE O'BRIEN

Secretary:
JERRY GORDON

Treasurer:
IRV ACKERMAN, Club
LARRY KRUG, Char Fund

Tail Twister:
TOM HART

Lion Tamer:
JORDAN ALEXANDER

Permanent Director
PDG DAVE HARRIS

Directors, 1st year of 2:
JODI SHELDON
PAUL VERGONI

Directors, 2nd year of 2:
RUTH SANO
GREG SHELDON

Membership Chair:
MARYANNE GORDON

Immediate Past Pres:
CAROL QUANTOCK

ALBANY & TROY LIONS
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TROY, NY 12181-0192
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info@albanytroylions.org
ALBANYTROYLIONS.ORG

Rare Meat editor:

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Report of the Zoom board meetings held on Wednesday, August 5:

Thanks to the coronavirus restrictions, these meetings were again conducted via Zoom.

The club board meeting was called to order at 6:05 pm. The minutes, which had been distributed before the meeting, were accepted by unanimous vote. We held off on the treasurer's report until Paul and Irv can get together to iron out some discrepancies. Expect a combined July-Aug report at the Sept meeting.

Lion Tom has approximately 3000 used glasses to count and pack.

Lion Ruth has orders for 269 bottles of sanitizer, with more expected.

Lion Jerry has sold 10 masks, with more expected.

We agreed that Lion Shawn's "Bike Rides for the Blind" project probably won't be feasible until late fall or next spring, depending on the pandemic status, but it should not be forgotten. CDPHP has apparently agreed to work with us in some yet-to-be-defined way.

Lion Preem got herself a grant from the National Endowment for the Humanities. Her plan for a portion of the funds: *"I would like to create a new committee of service for children suffering with disabilities. West Hill youth are plagued by the immediate danger of their environment. At this time there are no community centers open in the entire City of Albany.... except for one.*

"Frank Chapman Memorial Institute (Formerly Albany United Methodists Society) is operating safely and providing resources to the community. FCMI is equipped with a garden, gymnasium, playground, computer lab, kitchen, cafe, and conference room.

"I am willing to lead art classes at the FCMI location as a Lion. Prospectively there would be four event dates 9/5, 10/10, 11/1, and 12/5. Youth suffering from emotional trauma would create art as an expression of healing. I am certified by NYS Office of Family and Children Services (OCFS), Albany Police Department, and Saratoga Sheriff's Office to teach and mentor At-Risk Youth.

"These classes would be grant funded by NEH. Each month A&TLC's charitable fund would receive \$200 for facilitating the class. \$100 would go to the fund, the other \$100 would go towards food and supplies for the youth. This class pays for itself." This is our favorite kind of project: It fills a community need and gets us some PR but requires no funds or effort from us.

The club board meeting was adjourned and the charitable fund board meeting was called to order at 6:50 pm. The minutes and treasurer's report, which had been distributed before the meeting, were accepted by unanimous vote.

More →

MEMBERSHIP

IRVIN ACKERMAN
VICKI ADLER
JORDAN ALEXANDER
MICHELLE BAKER
EVA BASS
JOANN BEACH
JEFF BENNETT
JOHN BIANCO
DR. ROB BRASS
CHRISTOPHER BURKE
PREEM CABEY
JANE CHOUINIÈRE
DOUG DAVIS
URSULA DESSINGUE
KATHY DORN
DENNIS FAGAN
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MARYANNE GORDON
PDG DAVE HARRIS
DR. VICI HARRIS
DIANE BURKE HART
TOM HART
CHRIS HORAN
LARRY KRUG
DR. DAVID LEVINE
FRAN MCDOAL
KRISTIN McVEIGH
SHAWN NEWTON
MICHAEL O'BRIEN
CAROL QUANTOCK
RUTH SANO
GREG SHELDON
JODI SHELDON
SUE SHIPE
DR. ALLEN ZIEKER



Lion Ruth has one applicant for glasses that she's working with, and one requestor who found another source. There were no hearing aid applicants.

We submitted an application for the Community Development Grant that we've talked about at the last two meetings.

Lion Greg reported that 30 neighborhood kids weeded the entire blueberry orchard. Also, the adjacent lot is available if we want to double the size of the orchard. We agreed that we must get some signage up before we do any expansion.

The meeting was adjourned at 7:40 pm.

In an email vote on Aug 21-24, we approved spending \$195 on a portable magnifier for a legally-blind senior from Albany. She volunteers at her local elementary school and needs it so she can work with her first-grade pupils.

Our next general meeting

Our first general membership meeting of the 20-21 Lion Year should be on **Wednesday, September 2**, but we're still not quite ready—maybe October?? Instead, we'll just have club and charitable fund board meetings on Zoom at 6 PM, as we've been doing since April. As usual, all Lions are welcome but only board members can vote.

To join the Zoom meeting, click on this link from any internet-connected device:

<https://us02web.zoom.us/j/2945254334> Meeting ID: 294 525 4334

One tap mobile:

+19292056099,,2945254334# US (New York)

Paul Vergoni

"There is a time for everything, and a season for every activity under heaven." Unfortunately for us, Paul has decided that it's time for him to resign from the Lions. He and Laura recently moved to Mechanicville to be closer to their daughter and grandchildren, and after 40+ years with us, he's ready for something new. We'll miss his sage advice and constant willingness to serve, and we wish them well.



On a personal note ...



Lion Larry and Mary Krug have been entertaining their 7-year-old grandson for most of the summer. Larry recently brought him home to Denver, and while he was there, he got together with an old navy buddy and toured the museum at Buckley AFB.

Bring a potential member to a meeting.



First District 20W Cabinet Meeting

Saturday, September 12, 2020

Fairfield Inn - Canton
5955 Rte. 11, Canton, NY 13617

9:00am Registration

\$20/pp
(includes lunch)



* Meeting will be held in compliance with CDC recommendations including social distancing.

A Very Informative Meeting is Scheduled, **ESPECIALLY** for Region Chairs, Zone Chairs, and Club Presidents!
It's VERY important that you attend!

How clubs can hold service projects during the pandemic.

Membership Reporting and Orientation

NAMI
The North American Membership Initiative

Optional Guiding Lion Session Following the Cabinet Meeting

Registration form at <https://tinyurl.com/y4mk9g36>

Happy Birthday!

Happy **September** birthday to only one A&T Lion:

10th: Vicki Adler



Happy Anniversary!

Happy Lions Anniversary to these **September** inductees:

- John Bianco: 4 years
- Sue Shipe: 7 years + 20 years with Guilderland and Saratoga Springs LCs
- Ruth Sano: 24 years
- Kristin McVeigh: 30 years

Lions Service Areas



Diabetes



Environment



Hunger Relief



Childhood Cancer



Vision



Instead of shopping at **amazon.com**, please shop at smile.amazon.com/ch/22-3255679. You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.

SEPTEMBER 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 United in Service	31	1	2 Zoom board meetings; see page 2.	3	4	5
6	7 Labor Day	8	9	10	11	12 District cabinet meeting; see page 3
13	14	15	16	17	18 Rosh Hashanah starts at sundown	19
20	21	22	23	24	25	26
27 Yom Kippur starts at sundown	28	29	30	1	2	3

For other events around the district, visit 20WLions.org



Your hair is a mess.
WHAT?!

I said, I like your dress.

Barry

ALBANY 2020 9-17



IT'S NICE TO SEE THINGS RETURNING TO NORMAL ...



Hand Sanitizer



\$5 per bottle, or buy 4 and get 1 free (save 25%!)

**Get yours today by contacting Ruth Sano at 518-859-3796
or albanytroylions@gmail.com**

- ◆ All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- ◆ FDA registered and approved hand sanitizer
- ◆ Made to W.H.O. standards
- ◆ 75% isopropyl alcohol for maximum efficacy
- ◆ Contains aloe for moisturizing and counteracting the drying effects of alcohol
- ◆ Only two ingredients; a natural product without the unwanted filler of industrial sanitizers
- ◆ Fine-mist spray applicator covers hands with just the right amount
- ◆ Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- ◆ Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop



Grateful Villages

Hand Sanitizer

2 fl-oz (59.15 ml)

**KILLS
99.9%
GERMS**

Albany & Troy Lions Club
PO Box 192 Troy, NY 12181-0192
(518) 512-2722 AlbanyTroyLions.org

Drug Facts

Active Ingredient:	Purpose:
Isopropyl Alcohol 75% w/v	Antiseptic
Use: Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.	
Warnings: For external use only. Flammable. Keep away from heat or flame.	
Do not use: - in children less than 2 months of age - on open wounds.	
When using this product: keep out of eyes, ears, and mouth. In case of contact with eyes, rinse eyes thoroughly with water.	
Stop use and ask a doctor if irritation or rash occurs. These may be signs of a serious condition.	
Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.	
Directions: Place enough product on hands to cover all surfaces. Rub hands together until dry. Supervise children under 6 years of age when using this product to avoid swallowing.	
Store between 15-30°C (59-86°F) Avoid freezing and excessive heat above 40°C (104°F)	
Inactive ingredient: Aloe Vera NDC: 76829-720-02	

Spread the word, not the germs.
 Masks are two-ply cotton separated by a coffee filter,
and they're only \$10 each.

Can be hand-washed with a mild dish detergent like Dawn®. After the
masks are made, they're washed, sprayed
 with antiseptic hydrogen peroxide and
 placed into a zippered plastic bag.



Albany & Troy Lions can call or email Jerry. This order form is for Lions from other clubs.

Mask Order Form		
	Quantity	Total \$
Masks @ \$10		
S & H (or contact Jerry to arrange delivery)		
1-2 masks: \$1; 3-4: \$2; 5-6: \$3; 7-8: \$4; 9-10: \$5. >10, ask		
Total:		
Name _____		
Address _____		
City, ST ZIP _____		
Phone _____ Email _____		
Club _____		
Make check payable to ALBANY & TROY LIONS CLUB and mail with this form to: Lion Jerry Gordon, 15 Hyland Circle, Troy, NY 12182-1690		
Questions? jerrygordon@juno.com or 518-235-8232		