



Rare Meat

APRIL 2021



Serving the citizens of Albany, Troy and environs since 1925

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1st Vice-President:
CHRIS HORAN

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PREEM CABEY

3rd Vice-President
MIKE O'BRIEN

Secretary:
JERRY GORDON

Treasurer:
RUTH SANO, Club
LARRY KRUG, Char Fund

Tail Twister:
TOM HART

Lion Tamer:
JORDAN ALEXANDER

Directors, 1st year of 2:
IRV ACKERMAN
JODI SHELTON

Directors, 2nd year of 2:
RUTH SANO
GREG SHELTON

Membership Chair:
MARYANNE GORDON

Immediate Past Pres:
CAROL QUANTOCK

ALBANY & TROY LIONS
PO Box 192
TROY, NY 12181-0192
(518) 512-2722
info@albanytroylions.org
ALBANYTROYLIONS.ORG

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Report of the Zoom meetings held on Wednesday, March 3:

General meeting:

Lion Ruth introduced new member Robin Ford.

There was some discussion about the passing of PDG Dave Harris on Feb. 8. Lion Jerry announced that his twin sister, Diane Ladley, passed less than three weeks later, on Feb. 28.

Our speaker was Lion Joe Wagner, the District Leo Chair, who told us how pleased he was that we had started a Leo club. He provided a brief history of Leos, and said there are 140,000+ Leos in 7200+ clubs in 150+ countries. There will be an induction ceremony on March 14 for the new club. Lion Preem Cabey, our Leo advisor, told us she has met with 1st VDG Michele O'Hare and when they can physically get together, the Leos will be meeting at NABA. They will be integrating with NABA's programs for blind and visually impaired youth, and intend to work together on LCI's essay contest as well as the peace poster contest. Other plans for the Leos include cleaning Brotherhood Park in Watervliet (where we installed a new playset three years ago), working on our blueberry orchard this summer and taking part in the Toys for Tots program.

Board meetings:

Lion Ruth continues to post our activities to our Facebook page and add links to *Rare Meat*.

The Fundraising committee (Lions Eva, Greg, Ruth, Larry, John) will meet on April 5.

The formal Leo Club induction ceremony will be on March 14 and will feature special guest speaker 1st Intl VP Doug Alexander. [See page 2]

Lion Chris announced that our April speaker will be District Diabetes Chair Barb Bentley.

We still have NYS&BLF raffle tickets available. They are \$100 each with a top prize of \$15,000. Individuals can buy whole, half or quarter tickets, and for every three whole tickets that we buy, we can present an Uplinger award. We also have raffle tickets to send one Leo from each district to the 2021 USA/Canada Leo Leadership forum; these are \$5 each with a first prize of a Ring video doorbell. Contact Lion Jerry for either one.

Lion Greg told us about the first REACH (Response, Emergency Aid, Community Help) effort: Shoveling out the vehicle of a wheelchair-bound vet. See last month's *Rare Meat* for pictures.

Lion Ruth delivered a case of chocolate Easter bunnies, a SaveAround book and 36 knitted caps for preemies to Ronald McDonald House. Another 36 bunnies went to Lion Robin for distribution at *More* →

MEMBERSHIP

IRVIN ACKERMAN
VICKI ADLER
JORDAN ALEXANDER
MICHELLE BAKER
EVA BASS
JOANN BEACH
JEFF BENNETT
JOHN BIANCO
DR. ROB BRASS
CHRISTOPHER BURKE
PREEM CABEY
JANE CHOUINIÈRE
DOUG DAVIS
URSULA DESSINGUE
KATHY DORN
DENNIS FAGAN
MIKE FARRELL
ROBIN FORD
DR. STEFAN FOSCO
JERRY GORDON
MARYANNE GORDON
DR. VICI HARRIS
DIANE BURKE HART
TOM HART
CHRIS HORAN
LARRY KRUG
DR. DAVID LEVINE
FRAN MCDOAL
KRISTIN McVEIGH
SHAWN NEWTON
MICHAEL O'BRIEN
CAROL QUANTOCK
RUTH SANO
GREG SHELTON
JODI SHELTON
SUE SHIPE
DR. ALLEN ZIEKER



her Troy Street Soldiers event. Any of the remaining bunnies that aren't sold will be given to Lion Greg for the Pandemic Produce Market. *[See page 3]*

There were no new applicants for either eyeglasses or hearing aids.

There is no word yet on either our United Way or ACDA grant applications.

We will be taking part in Worldwide Induction Day on April 24 to induct Robin any other new members we get before then. *[See page 6]*

Our next general meeting

If you haven't been to a meeting in a while, why not try a Zoom meeting? No need to get dressed and go out in the cold. Our next general membership meeting will be on Zoom on **Wednesday, April 7 at 6:00 PM**. Our guest speaker will be Saratoga Springs Lion Barb Bentley, the District Diabetes Chair. She'll tell us all about this important Lions service area.

As usual, the board meetings will follow the general meeting.

We'll send out the link a day or two before the meeting.

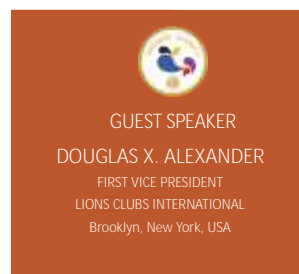
The other important item scheduled for this meeting is election of officers for next year (7/21-6/22). Here's the slate our nominating committee has come up with:

President	Eva Bass	Lion Tamer	Jordan Alexander
1st Vice President	Preem Cabey	Director, 1st of 2 years	Maryanne Gordon
2nd Vice President	Jodi Sheldon	Director, 1st of 2 years	Mike O'Brien
3rd Vice President	Greg Sheldon	Director, 2nd of 2 years	Irv Ackerman
Secretary	Jerry Gordon	Director, 2nd of 2 years	Jodi Sheldon
Treasurer (Club)	Ruth Sano	Membership Chair	Chris Horan
Treasurer (Char Fund)	Larry Krug	PR Chair	Robin Ford
Tail Twister	Tom Hart	Immediate Past Pres	Carol Quantock

A report from our Leo Club



- ◆ Next Leo meeting is Tuesday, April 6, from 6pm - 7pm. Guest speaker: Eva Bass
- ◆ The Charter Induction Ceremony for the Albany Leo Club was held on Zoom on Sunday, March 14. It was an impressive event put together by Lion Pablo Romano, the Leo Chair for MD20, and MC'd by Leo Kelly Bowden, Acting Leo President for District 20W. After remarks by District Governor Rick Brisee and Leo AnnaMaria Vargas, the Leo Vice-President for MD20, we heard from our guest speaker, Douglas Alexander, 1st Vice-President of Lions Clubs International.



- ◆ On Saturday, April 3, several Leos will participate in the City of Albany's Capital Youth Speak-Out. See page 7 for more details.
- ◆ On Saturday, April 24, the Leos will conduct their first cleanup of Brotherhood Park in Watervliet. This annual Earth-Day event is in memory of PDG Dave Harris. See page 5 for more details.

Donations to Ronald McDonald House

Lion Ruth Sano (on the left) delivered 24 Chocolate bunnies, a Save Around Book and 36 crocheted hats for preemie babies to Julia Geisel, house manager of Ronald McDonald House in Albany. She also delivered 36 of the chocolate bunnies to Troy Street Soldiers. She sold some and the remainder will go to Lion Greg for his Pandemic Produce Market.



If you're going to LCIcon2021, you can save \$25 by registering by March 31.



PLEASE NOTE: This is not a free event. The registration fee will be US\$50 **until March 31**, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention updates and details will be posted at lciicon.lionsclubs.org as they become available.

Bring a potential member
to a meeting.

April 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 	2	3  Capital Youth Speak-out. See page 7
4 	5	6	7  General membership meeting; see page 2	8	9	10
11	12	13  Ramadan Kareem	14	15	16	17
18	19	20	21	22	23	New-member inductions; see page 6 Leos cleaning the park; see page 5
25	26	27	28	29	30	

For other events around the district,
visit 20WLions.org

Happy Birthday!

Happy **April** birthday to these
A&T Lions:

1st: Michelle Baker
18th: Sue Shipe
19th: Jodi Sheldon
20th: Kathy Dorn



Happy Anniversary!

Happy Lions Anniversary to these
April inductees:

Jeff Bennett: 8 years
Vicki Adler, Mike Farrell: 17 years
Maryanne Gordon: 22 years
Rob Brass, Mike O'Brien, Allen Zieker:
23 years

Visit your club's web site: **ALBANYTROYLIONS.ORG**,
your district web site: **20WLIONS.ORG**,
and International's new web site: **LIONSCLUBS.ORG**.



amazon smile
You shop. Amazon gives.

Instead of shopping at **amazon.com**, please shop at
smile.amazon.com/ch/22-3255679. You'll get the same
great deals, plus a percentage of your purchases will be
donated to the **Albany & Troy Lions Charitable Fund**.



Hand Sanitizer



\$5 per bottle, or buy 4 and get 1 free (save 25%!)

**Get yours today by contacting Ruth Sano at 518-859-3796
or albanytroylions@gmail.com**

- All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- FDA registered and approved hand sanitizer
- Made to W.H.O. standards
- 75% Isopropyl alcohol for maximum efficacy
- Contains aloe for moisturizing and counteracting the drying effects of alcohol
- Only two ingredients: a natural product without the unwanted filler of industrial sanitizers
- Fine-mist spray applicator covers hands with just the right amount!
- Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop



Grateful Villages Hand Sanitizer
2 Fl oz (59.15 ml)

KILLS 99.9% GERMS

Albany & Troy Lions Club
PO Box 192 Troy, NY 12181-0192
(518) 512-2722 AlbanyTroyLions.org

Drug Facts

Active ingredient: Isopropyl Alcohol 75% v/v

Purpose: Antiseptic

Uses: Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.

Warnings: For external use only.
Flammable. Keep away from heat or flame.

Do not use: - In children less than 2 months of age on open wounds.

When using this product: Keep out of eyes, ears, and mouth. In case of contact with eyes, rinse eyes thoroughly with water.

Stop use and ask a doctor: if irritation or rash occurs. Discontinue use if a serious condition.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions: Place enough product on hands to cover all surfaces. Rub hands together until dry. Separate children under 6 years of age when using this product to avoid recontaminating.

Store: between 15-85°F (50-85°F)
Avoid freezing and excessive heat above 85°F (200°F)

Inactive ingredients: Water 21.6% Glycerin 1.0%

Spread the word, not the germs.
Masks are two-ply cotton separated
by a coffee filter, and they're only
\$10 each.

Can be hand-washed with a mild dish detergent like Dawn®. After the masks are made,
they're washed, sprayed with antiseptic hydrogen peroxide and placed into a zippered plastic bag.



PO Box 192 Troy, NY 12181-0192
(518) 512-2722 AlbanyTroyLions.org

Place your order at
jerrygordon@juno.com
or 518-235-8232

ALBANY LEO CLUB 20-W ANNUAL

PDG DAVE HARRIS

BROTHERHOOD PARK CLEANUP

Saturday April 24th, 2021
2pm - 3:30pm

Brotherhood Park 506 25th St Watervliet, NY 12189

In HONOR of our Past District Governor
Dave Harris

CONTACT: ALBANYLEOCLUB20W@GMAIL.COM

PLEASE FOLLOW ALL COVID REGULATIONS ACCORDING TO STATE AND FEDERAL GUIDELINES

Grateful Villages

Lions Clubs International

Albany & Troy Lions Club
PO Box 192 Troy, NY 12181-0192
(518) 512-2722 AlbanyTroyLions.org

ALBANY LEO CLUB
DISTRICT 20-W
2021



**There's an
app for that!
& website, too!!!**

Download our awesome new app on your smartphone or tablet & stay up to date with all the latest information, training videos, event links & more!

1. Download Team App from the Apple or Google Play app store.



2. Sign up to Team App.

- You will be sent an email to confirm your registration

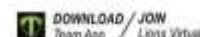
3. Log into the App and search for **Lions Virtual**

4. Choose your group(s)

5. Explore & enjoy!

No smart phone? No worries... Go to lionsvirtual.org to find the latest & greatest

Need help? lionsvirtualuniverse@gmail.com



visit LionsVirtual.org for the latest info



Got Yarn? Or extra fleece fabric?

If you don't need it anymore,
we can find someone who will use it to make hats,
mittens and scarves for the needy.



Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach
our goal of 350 items by the end of 2021

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com

or

Lion Ruth Sano at 518-859-3796



SAVE THE DATE!

Saturday, April 24, 2021

9:30am - 12:30pm

Via Zoom (Info to Follow)

Lions Worldwide Induction Day

Saturday, April 24th is Lions World-wide Induction Day. New Lions from around the world will be inducted this day and we will be doing so also.

In addition, we will be holding a District-wide orientation session with all our newly inducted Lions and their sponsors that day, in addition to other new members.

Immediately following the orientation, PCC Mark Whitney will be holding an orientation session for newly elected Club Presidents.

Registration: If you are attending, please RSVP to CS Barbara Bentley at bbentley@saratogaspringslions.com for Zoom Link.



District 20W Cabinet Meeting

Lions Worldwide Induction Day

Saturday, April 24, 2021

9:30am - 12:30pm Via Zoom



New Member Inductions - District-Wide Orientation - New Club President Orientation

R.S.V.P. to CS Barbara Bentley at BBentley@SaratogaSpringsLions.com

Leo Vice President Egypt Snipe, Leo Secretary Rahshid Ford and Leo Christian Simmons will be participants at this event.

The Capital Youth Speak-Out

A COMMUNITY COLLABORATION ADDRESSING COMMUNITY VIOLENCE

Saturday, April 3, 2021

3:00 - 5:30 PM

VIRTUAL EVENT THROUGH ZOOM AND FACEBOOK LIVE

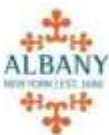
The City of Albany Equity Agenda has united with multiple local organizations to sponsor The Capital Youth Speak-Out. This event focuses on youth and community violence awareness. Our collective mission is to bring awareness to and prevent community violence.

Registration required to view on zoom or tune into watch on Mayor Kathy Sheehan's Facebook page, at fb.me/AlbanyMayorKathySheehan

Zoom Registration Link <http://bit.ly/YS0403>



If you are interested in becoming a community sponsor, please visit <http://bit.ly/YSOSponsor>.



BCDI
Black & Cultural Development Institute
ALBANY

Lions Service Areas



Diabetes



Environment



Hunger Relief



Childhood
Cancer



Vision



"Nature abhors a vacuum," it is said, and YrEd abhors a blank page, so here's some timely filler.



Some words of wisdom from Snapple® bottle caps:

A day on Venus lasts longer than a year on Venus.

Venus is the only planet in our solar system where the sun rises in the west.

Squirrels lose more than half the nuts they hide.

Harry Truman was the last U.S. president to not have a college degree.

Theodore Roosevelt was the only president blind in one eye.