



Rare Meat

May 2021



Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2020-2021

President:

EVA BASS

1st Vice-President:

CHRIS HORAN

2nd Vice-President

PREEM CABEY

3rd Vice-President

MIKE O'BRIEN

Secretary:

JERRY GORDON

Treasurer:

RUTH SANO, Club

LARRY KRUG, Char Fund

Tail Twister:

TOM HART

Lion Tamer:

JORDAN ALEXANDER

Directors, 1st year of 2:

IRV ACKERMAN

JODI SHELTON

Directors, 2nd year of 2:

RUTH SANO

GREG SHELTON

Membership Chair:

MARYANNE GORDON

Immediate Past Pres:

CAROL QUANTOCK

ALBANY & TROY LIONS

PO Box 192

TROY, NY 12181-0192

(518) 512-2722

info@albanytroylions.org

ALBANYTROYLIONS.ORG

Rare Meat editor:

JERRY GORDON

JERRYGORDON@JUNO.COM

518-235-8232

YOUR SUBMISSIONS
ARE ENCOURAGED!

Report of the Zoom meetings held on Wednesday, April 7:

General meeting:

Our speaker was Lion Barb Bentley, district diabetes chair. She said that diabetes is the #1 cause of blindness and explained the difference between Type 1 (not producing insulin) and Type 2 (not using insulin effectively). 90% of the cases are Type 2. She also covered the various programs that Lions can participate in to help educate the populace.

We then voted on the slate that had been presented for next year's officers and board of directors. A motion was made, seconded and passed to unanimously accept the slate as proposed. It's listed on page 2.

Board meetings:

Lion Ruth continues to post our activities to our Facebook page and add links to *Rare Meat*.

The next Leo activity is cleaning Brotherhood Park on April 24 from 2-3:30. This is an Earth Day event in memory of PDG Dave Harris, who played there when he was much younger and actively supported our playground upgrade project in 2018. [See page 2]

The District Cabinet Meeting will be on April 24, which is also World-Wide Induction Day. We will be inducting new members Robin Ford and Davia Gaddy. [See page 3]

We still have NYS&BLF raffle tickets available for \$100 each. For every three tickets that we buy, we can present an Uplinger award. We also have raffle tickets to send one Leo from each district to the 2021 USA/Canada Leo Leadership forum; these are \$5 each with a first prize of a Ring video doorbell. Contact Lion Jerry for either one.

The chocolate bunnies that we donated to Street Soldiers were a big hit, as were the 38 pairs of reading glasses that we donated.

We will try to find a restaurant with outdoor seating to hold our installation dinner on June 2. [See page 2]

We received the \$15,000 Albany Community Development Agency block grant that we applied for. This will enable us to distribute hand sanitizer in the West Hill, Arbor Hill and South End neighborhoods.

We had applied for a \$50,000 grant from United Way to complete the blueberry project, but we were awarded \$10,000. This will enable us to complete the infrastructure portion of our plan.

We approved spending \$350 to send a local sophomore to the Hugh O'Brian Youth Leadership seminar, but we'd like to investigate whether we can play more of a role in selecting candidates.

MEMBERSHIP

IRVIN ACKERMAN

VICKI ADLER

JORDAN ALEXANDER

MICHELLE BAKER

EVA BASS

JOANN BEACH

JEFF BENNETT

JOHN BIANCO

DR. ROB BRASS

CHRISTOPHER BURKE

PREEM CABEY

JANE CHOUINIERE

DOUG DAVIS

URSULA DESSINGUE

KATHY DORN

DENNIS FAGAN

MIKE FARRELL

ROBIN FORD

DR. STEFAN FOSCO

DAVIA GADDY

JERRY GORDON

MARYANNE GORDON

DR. VICI HARRIS

DIANE BURKE HART

TOM HART

CHRIS HORAN

LARRY KRUG

DR. DAVID LEVINE

FRAN MCDOAL

KRISTIN McVEIGH

SHAWN NEWTON

MICHAEL O'BRIEN

CAROL QUANTOCK

RUTH SANO

GREG SHELTON

JODI SHELTON

SUE SHIPE

DR. ALLEN ZIEKER



Officers and Board of Directors for 2021-2022

President	Eva Bass	Lion Tamer	Jordan Alexander
1st Vice President	Preem Cabey	Director, 1st of 2 years	Maryanne Gordon
2nd Vice President	Jodi Sheldon	Director, 1st of 2 years	Mike O'Brien
3rd Vice President	Greg Sheldon	Director, 2nd of 2 years	Irv Ackerman
Secretary	Jerry Gordon	Director, 2nd of 2 years	Jodi Sheldon
Treasurer (Club)	Ruth Sano	Membership Chair	Chris Horan
Treasurer (Char Fund)	Larry Krug	PR Chair	Robin Ford
Tail Twister	Tom Hart	Immediate Past Pres	Carol Quantock

Our next general meeting

If you haven't been to a meeting in a while, why not try a Zoom meeting? No need to get dressed and go out in the cold. Our next general membership meeting will be on Zoom on **Wednesday, May 5 at 6:00 PM**. Our guest speaker will be Mech'ville Lion Michelle Duell, the District Reading Action Program Chair. She'll suggest ways we can partake of this program.

As usual, the board meetings will follow the general meeting.

We'll send out the link a day or two before the meeting.

Save the date: Our installation of officers will be on **Wed, June 2**, and it will be IN PERSON! We'll be outside at Swifty's covered patio, but it will also be on Zoom for those still uncomfortable in restaurants. Swifty's is at 95 Everett Rd in Albany.

A report from our Leo Club



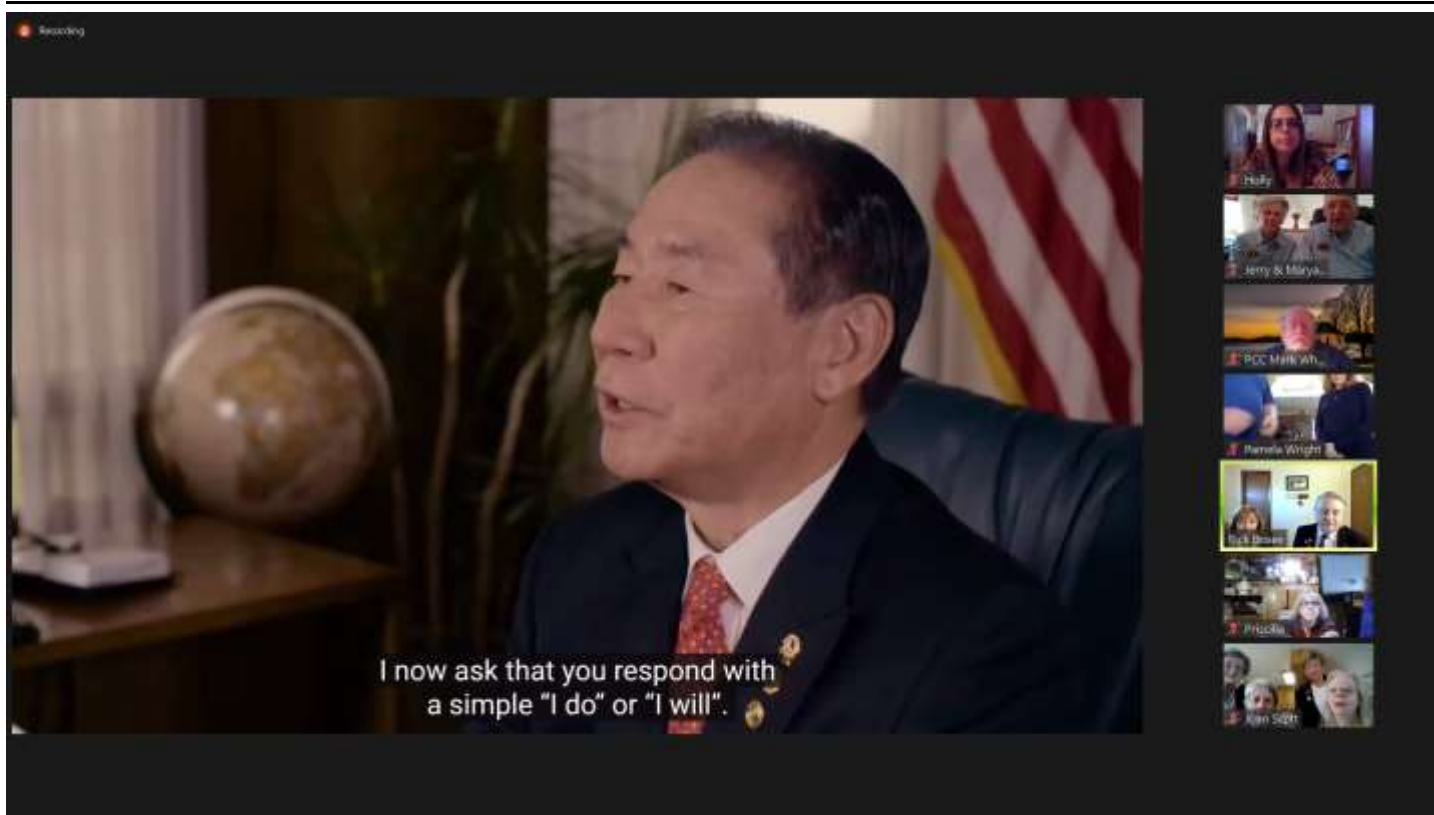
Next Leo meeting is Tuesday, May 4, at 5pm at NABA. Guest speakers will be Lion Tom Hart, who will train them to sort eyeglasses, and Lion Jerry Gordon.

A number of Leos participated in a public reading sponsored by the Friends and Foundation of the Albany Public Library in honor of Mother Earth on April 22. You can watch it here: youtube.com/watch?v=JONgLQhLxml.

They also celebrated Earth Day, as well as the memory of PDG Dave Harris, by sponsoring the First Annual Clean-up of Brotherhood Park in Watervliet on April 24.



L-R: Lion John Bianco, Lion-in-spirit Elena Watson, Lion Larry Krug, Lion Jerry Gordon, Lion Preem Cabey, helper Nagihr, Lion Maryanne Gordon, VDG Lion Michele O'Hare, Lion Tom Hart. The playset we donated can be seen behind the group. Our commemorative plaque is festooned with the various name badges PDG Dave accumulated over his long career. Many of the Leos were out of town or sick this weekend and others lacked transportation.



The Lions' World Wide Induction Day ceremony was conducted by International President Lion Dr. Jung-Yul Choi on Zoom on April 24. Newly inducted were Lion Davia Gaddy from our club as well as eight other new Lions from around our district.



Instead of shopping at **amazon.com**, please shop at smile.amazon.com/ch/22-3255679. You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.

Want to help make a difference while you shop in the Amazon app, at no extra cost to you? Simply follow the instructions below to select "The Albany and Troy Lions Charitable Fund Inc" as your charity and activate AmazonSmile in the app. They'll donate a portion of your eligible mobile app purchases to us.

How it works:

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "The Albany and Troy Lions Charitable Fund Inc" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app

On a personal note ...

Lion Ruth is enjoying her time with her kids and grandkids in Washington, DS (Da State, not Da Capital). At some point, she'll be driving east with her daughter. When she's had enough, she'll get dropped off at some airport along the way and return home. No telling when we'll see her again.

If you're going to LCIcon2021, you can save \$25 by registering by April 30.



PLEASE NOTE: This is not a free event. The registration fee will be US\$50 **until April 30**, then US\$75 beginning May 1. The registration fee for Leos will be US\$30 regardless of date. Convention updates and details will be posted at lcon.lionsclubs.org as they become available.

Top 3 reasons to attend the Lions event of the year

Virtual LCIcon 2021 is gearing up to be the most exciting Lions Clubs International convention yet. There are many reasons you will not want to miss this premier Lions event taking place June 25-29. Here are the top three:

1. **A next-level celebration of service.** LCIcon 2021 is the first convention to be entirely hosted online, which means more Lions than ever before will be able to attend. And more Lions means more opportunities to connect and learn.
2. **Unique opportunities to engage with Lions.** There will be numerous ways to share your club's story, interact with members from around the world, soak in the knowledge from seasoned Lions and be inspired by the next generation of leaders. In fact, you can even submit your story via video prior to the event. Some videos will be shared during convention!
3. **Content scheduling catered to your time zone.** The mix of live and easy-access programming coupled with virtual exhibit booths and interactive opportunities gives you the freedom and flexibility to enjoy LCIcon how and when you want.

Don't wait — sign up **before April 30** to take advantage of our lowest registration rate of the year.

It's Not Too Late - But It Will Be Soon!

A CONVENTION SO GOOD WE'RE BRINGING IT TO YOUR HOME

**The MD-20
New York State
& Bermuda 2021
Convention**

**LIONS
INTERNATIONAL**

**Broadcast Live
From Syracuse, NY**

May 14 & 15, 2021

**Click Here To
Register Today!**

Douglas X. Alexander
International First
Vice President
Brooklyn, NY

Dr. Patti Hill
International Third
Vice President
Edmonton, AB

KINDNESS DIVERSITY

There are many reasons this annual convention is historic. Not the least is you can watch it in your pajamas from the comfort of your home as we are broadcasting it live to you from Syracuse, NY.

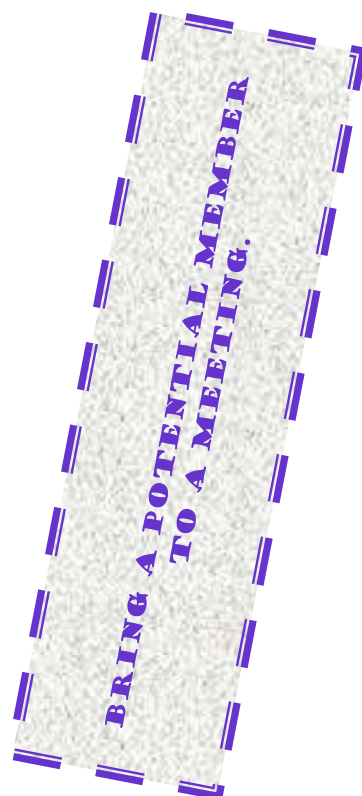
We are planning a fun and entertaining convention and we know that you will not want to miss a minute of the action. We look forward to our dynamic keynote speaker, Third International Vice President Dr. Patti Hill; the election of our First International Vice President Douglas X Alexander; and we will be recognizing the outstanding service of our ID Gary Brown and our district Lions.

This is your opportunity to experience an MD convention from the comfort of your own home, whether you are a seasoned convention attendee or you have never attended in the past. You can choose 2 of 8 different seminars "live" and then you will have access to the others that we intend to record that morning. You will also have a great seat for all award presentations, nominations, and reports in addition to the speeches mentioned earlier.

Our club gets 4 voting delegates. If you would like to be one of them, please let me know immediately because you have to register by this Friday, April 30. Registration is \$30. If you would like to attend the convention without voting, you still have to register but you've got a few extra days.

The voting is for our district officers next year: Michele O'Hare as DG and Ricky Laurin as VDG and for International President.

Click on this link tinyurl.com/rptee557 for more info and the link to register. Let me know after you've registered and I'll take care of the delegate form. if you have any questions, I'm at jerrygordon@juno.com or 518-235-8232.



May 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	May is Recycle for Sight Month					1
2 Orthodox Easter	3	4	5  Zoom meeting; see page 2 Cinco de Mayo	6	7	8
	10	11	12		14 MD20 Convention; see page 5	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30 	For other events around the district, visit 20WLions.org					

Happy Birthday!

Happy **May** birthday to these
A&T Lions:

7th: Maryanne Gordon
10th: Vici Harris
26th: Allen Zieker



Happy Anniversary!

Happy Lions Anniversary to these
May inductees:

Stefan Fosco: 3 years
Joann Beach: 17 years
Diane Hart: 27 years
Jane Chouiniere: 33 years

Visit your club's web site: **ALBANYTROYLIONS.ORG**,
your district web site: **20WLIONS.ORG**,
your multiple-district web sites: **MD20Lions.com**
and **NewYorkLionsClubs.org**
and International's new web site: **LIONSCLUBS.ORG**.





Hand Sanitizer



\$5 per bottle, or buy 4 and get 1 free (save 25%!)

**Get yours today by contacting Ruth Sano at 518-859-3796
or albanytroylions@gmail.com**

- All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- FDA registered and approved hand sanitizer
- Made to W.H.O. standards
- 75% Isopropyl alcohol for maximum efficacy
- Contains aloe for moisturizing and counteracting the drying effects of alcohol
- Only two ingredients: a natural product without the unwanted filler of industrial sanitizers
- Fine-mist spray applicator covers hands with just the right amount!
- Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop



Grateful Villages
Hand Sanitizer
2 Fl oz (59.15 ml)

KILLS 99.9% GERMS

Albany & Troy Lions Club
PO Box 192 Troy, NY 12181-0192
(518) 512-2722 AlbanyTroyLions.org

Drug Facts

Active ingredient: Isopropyl Alcohol 75% v/v **Purpose:** Antiseptic

Uses: Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.

Warnings: For external use only.
Flammable. Keep away from heat or flame.

Do not use: -- In children less than 2 months of age on open wounds.

When using this product: Keep out of eyes, ears, and mouth. In case of contact with eyes, rinse eyes thoroughly with water.

Directions: Place enough product on hands to cover all surfaces. Rub hands together until dry. Supervise children under 6 years of age when using this product to avoid re-ingestion.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Store: between 15-30°C (59-86°F)
Avoid freezing and excessive heat above 30°C (86°F).

Inactive ingredients: Aloe Vera, 1,3-BG, 1,3-BG, 1,3-BG

Spread the word, not the germs.
Masks are two-ply cotton separated
by a coffee filter, and they're only
\$10 each.

Can be hand-washed with a mild dish detergent like Dawn®. After the masks are made,
they're washed, sprayed with antiseptic hydrogen peroxide and placed into a zippered plastic bag.



PO Box 192 Troy, NY 12181-0192
(518) 512-2722 AlbanyTroyLions.org

Place your order at
jerrygordon@juno.com
or 518-235-8232

GET A FLU VACCINE TO PROTECT YOURSELF, YOUR FAMILY AND YOUR COMMUNITY.

FIGHT FLU

#FIGHT FLU



There's an app for that! & website, too!!!

Download our awesome new app on your smartphone or tablet & stay up to date with all the latest information, training videos, event links & more!

1. Download Team App from the Apple or Google Play app store.



2. Sign up to Team App.

- You will be sent an email to confirm your registration

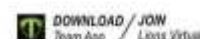
3. Log into the App and search for **Lions Virtual**

4. Choose your group(s)

5. Explore & enjoy!

No smart phone? No worries... Go to lionsvirtual.org to find the latest & greatest

Need help? lionsvirtualuniverse@gmail.com

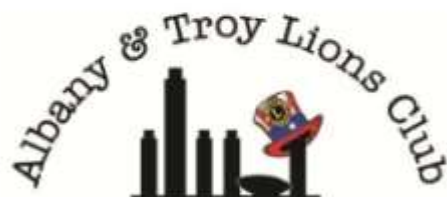


visit LionsVirtual.org for the latest info



Got Yarn? Or extra fleece fabric?

If you don't need it anymore,
we can find someone who will use it to make hats,
mittens and scarves for the needy.



Warm Woollen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach
our goal of 350 items by the end of 2021

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

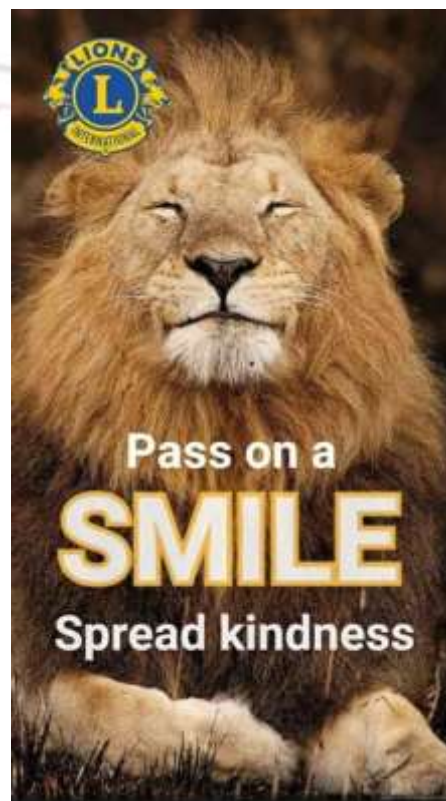
Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com

or

Lion Ruth Sano at 518-859-3796



Lions Service Areas



Diabetes



Environment



Hunger Relief



Childhood
Cancer



Vision