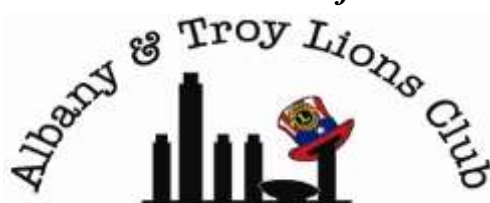




Rare Meat

The newsletter of the



2022



Serving the citizens of Albany, Troy and environs since 1925

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PREEM CABEY

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MARYANNE GORDON

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Membership Chair:

CHRIS HORAN

Immediate Past Pres:

CAROL QUANTOCK



On Saturday, December 11, we held our first in-person get-together since the installation dinner last June. The Max410 Restaurant at Van Schaick did a great job hosting 30 Lions with their partners-in-service and 5 Leos. A huge thank-you to Lion **Maryanne Gordon**, whose games and sing-alongs (and cookies!) made it a really fun evening.



Last June, we honored **Jodi and Greg Sheldon** with Robert J. Uplinger Distinguished Service Awards for "their indomitable dedication to improving availability of quality food for the underprivileged, locally and around the world" but the plaques were late in arriving. They finally got them at the party.

From the left: Leos Savion **McKenzie-Johnson** (secretary of Albany Leo Club), **Rahshid Ford** (vice-pres), **Del-Shaun Newman**, **Christian Simmons** (treasurer), **Tavion McKenzie-Johnson** (pres), and Leo Advisor **Lion Preem Cabey**. Tavion and Christian are also president and vice-president for District 20W Leos.

MEMBERSHIP

IRVIN ACKERMAN

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JORDAN ALEXANDER

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DR. ALLEN ZIEKER

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YOUR SUBMISSIONS
ARE ENCOURAGED!



Next meeting

We had hoped to be back to in-person meetings by now, but I'm afraid the contagion of the Omicron variant means we'll be on Zoom for our next meeting. **DG Michele O'Hare** will be our guest speaker, so please make every effort to attend. Date & time: **Wednesday, Jan 5, 2022 at 6:00 PM**

Meeting link: <https://us02web.zoom.us/j/82817846155?pwd=YXBMU01kN2RuRitwSIM2ZWxpa3RLQT09>

Dial in (phone only): 646 558 8656 Meeting ID: 828 1784 6155 Passcode: 456852

No December meeting

There was no meeting in December, but your board took action on several items by email:

- ⇒ Voted to donate \$500 to the MD20 Alert Foundation (see stories below and on page 4);
- ⇒ Voted to donate \$250 to LCIF in memory of **Lion Mike Farrell**;
- ⇒ Voted to accept the membership application of **Andy Pitonyak**, who attended our holiday party with his sponsor, Greg Sheldon. He will be installed on Jan 5 on Zoom; be there for him;
- ⇒ Learned that we did not get the grant we requested from United Way, which would have funded the completion of the blueberry orchard over the next two years.

Grateful Villages Hand Sanitizer

As you know, we have distributed almost 11,000 bottles of A&TLC-branded sanitizer made by Grateful Villages under two ACDA grants worth \$15,000 each. We are just completing our third (and final) grant worth \$20,000 with the delivery of another 7600+ bottles. Under the terms of the grants, these had to go to folks living in Albany's West Hill and South End neighborhoods. Our thanks to **Lions Eva, Greg, Jodi and Jordan** for coordinating with and delivering to such groups as A Village, West Hill Refugee Center, Grassroot Givers, Vocal-NY, and several schools in the Albany city system.



20W ALERT Hand Sanitizer



MD20 Alert is an emergency-response project that stores all sorts of supplies at Lions Camp Badger in Spencer, NY. They had a whole bunch of hand sanitizer with an expiration date of next spring that they wanted to put to good use, so IPDG Rick Brisee, the secretary/main contact, asked if we could use it. We ended up with 720 2-oz tubes of gel and 720 2-oz packs of liquid sanitizer. These did not have the demographic restraints we had with the GV sanitizer. **Lion Preem** almost single-handedly got it to such orgs as Troy B & G Club, Albany B & G Club, Unity House, Albany PAL, Watervliet Civic Center and Troy YWCA. You got a tube if you were at the holiday party.

Warm Woolen Wishes



Lion Ruth Sano says, "Dropped off 100 preemie hats to Julie Geisel at Ronald McDonald House today (12/17)." See photo →

Lion Ruth and her team have delivered **859** hats, plus almost 6 dozen scarfs, hat/scarf sets, mittens, blankets, ear-warmers and slippers during 2021.



Leos at work



“Leadership, Experience, Opportunity.” That’s what makes a Leo. Thank you, Leos, for creating powerful partnerships with Lions to serve communities everywhere, every day. Happy International Leo Day (Dec. 5)! And Happy First Anniversary to the Albany Leo Club on Jan 8!

The Leos of District 20W and the Leos of District 20Y partnered together to do a joint service project that focused on hunger relief. Earlier this year, the Leos of MD20 were awarded a service grant by the Lions Clubs International Foundation to complete this service project.

The two Leo districts collaborated with the Utica Food Pantry to carry out this service project and served approximately 300 meals to those in need within the Utica community on Dec 4. The food pantry is located at 729 Broadway, Utica, NY 13502.

Thank you to **Tavion McKenzie-Johnson** and **Christian Simmons**, our 20W district president and vice-president, and Albany Leo Club secretary **Savion McKenzie-Johnson** (L-R in the photo) for attending our first multi-district event. Another big thank you goes to 20W Chairman Lion Joseph Wagner and 20Y Chairwoman Rae Haynes for an awesome event. We would also thank the "Warm Woolen Wishes" project of Albany & Troy Lions Club for providing 25 handmade hats that were donated to the Utica Food Pantry.



Leos at Utica Food Pantry



The Albany Leo Club distributed gifts from the Toys for Tots program and other sources to 85 children whose ages ranged from 4 months to 17 years. 20 of the recipient kids belong to the Lansingburgh Boys & Girls Club. The other 65 were individuals whose parent or guardian applied for them. Photo: Lions Preem, Jerry and Maryanne presenting the toys to LB&GC's Cathy Conroy.



The Albany Leos will be meeting every Sunday in January from 4-5 p.m. on Google.Meet. Here's the link: meet.google.com/msz-otzd-vtw. All Lions are encouraged to attend at least one Leo meeting to meet the kids and see how they operate. Also, if you know of any 12-18 year-old who might be interested in being a Leo, please contact Lion Preem at albanyleoclub20w@gmail.com or 518-331-3976 with their info.

MD20 ALERT helps Kentucky tornado victims



From Immediate Past District Governor Rick Brisee: Pictured is the Kentucky Lions receiving disaster relief supplies donated by the New York State & Bermuda Lions Clubs to help those in Kentucky affected by the recent tornado.

the supplies that are meant for one-time use. The larger items we will need to have replaced or returned by Kentucky when they are able. In response to a district-wide call for assistance, the Albany & Troy Lions Club donated \$500.

MD20 Alert is an emergency-response program that stores all sorts of supplies at Lions Camp Badger in Spencer, NY.

On December 20, they loaded up a truck with supplies and equipment most needed by the people of Kentucky. The next day, **IPDG Rick Brisee** along with another driver drove the truck to Kentucky, unloaded it and returned. Kentucky had requested generators, tents, gas cans, power strips and extension cords, tarps, etc. We had these items in our warehouse and were happy to support our Lions brothers and sisters in Kentucky.

LCIF is doing a great job of sending money to the area and that will continue for some time to come but we were able to send them supplies that are just not even available in the area right now, especially just before the holidays. MD20 is ready, willing and able to send the needed supplies to Kentucky before the holidays, but this effort is not without its own costs. The truck rental, gas, hotels and food will cost us, as will replacement of some of

Seal Campaign

We've been conducting our annual seal campaign for at least the 30 years that I've been a Lion. Basically, it's just a "please donate" letter with a sheet of Lions sight seals. Lately, we've included inserts about diabetes. I've been keeping track of the results since 2005 and this year is very interesting.



For 2005-2020, we had three years when we received less than \$900, and two were over \$1500, but most were in the \$1000-1300 range. This year, thanks to a few very generous donors, not all of whom are Lions, we're up to \$2475, more than twice the average of the last 16 years!

Our deepest thanks to all who contributed. If you haven't donated yet, it's not too late. Mail your check to our PO box (see page 1), or you can e-pay to paypal.me/jazzfanlion.

Conventions

The winter solstice is behind us and the days are getting longer, so it's time to start planning for our two spring conventions:

MD-20 New York State & Bermuda Convention is in Niagara Falls May 20-23. Info at niagarafallsusa.com/md20lions/.

Lions International Convention is in Montreal June 24-28. Info at licon.lionsclubs.org/.

State conventions can be fun and educational, but there's nothing like an international convention to broaden your Lions horizon. They're almost never this close to us (except 2023, when it will be in Boston). It's even more fun if we can get a group together.

Happy Birthday!

Happy **January** birthday these
A&T Lions:

6th: John Collins
7th: Jeff Bennett
14th: Davia Gaddy
23rd: Chris Burke
25th: Rob Brass

**Happy Anniversary!**

We have no **January** inductees.

January 2022						
	Mon	Tue	Wed	Thu	Fri	Sat
2 LEO meeting; see page 3	3	4		6	7	8
9 LEO meeting; see page 3	10	11	12		14	15
16 20-W Convention; see page 6. LEO meeting; see page 3		18	19	20	21	22
23 LEO meeting; see page 3	24	25	26	27	28	29
30 LEO meeting; see page 3	31	For other events around the district, visit 20WLions.org				



*Bring a potential member
to a meeting.*

Visit your club's web site: **ALBANYTROYLIONS.ORG**,
your district web site: **20WLIONS.ORG**,
your multiple-district web sites: **MD20Lions.com**
and **NewYorkLionsClubs.org**
and International's new web site: **LIONSCLUBS.ORG**.



District 20 W Convention

Sunday, January 16, 2022

Courtyard by Marriott Lake George

365 Canada Street, Lake George NY 12845

Voting Electronically 7:30 am – 11:00 am

Program 11:00 am (Includes Lunch) \$30

Please use the section below to register for the upcoming 20W District Convention or email Cabinet Secretary Barbara Bentley at bbentley@SaratogaSpringsLions.com to register.

YOU MUST PRE-REGISTER WHETHER YOU ARE ATTENDING IN PERSON OR VIA ZOOM !

Please remember, if you are a chosen voting delegate for your club, you **MUST** be registered, either for attending via Zoom or in person.
More information regarding club delegates will be received in a separate email.

If attending via Zoom there is no cost.

If attending in person, you must send an email to CS Barbara Bentley and pay \$30 at the door or send your check for \$30 with this form to CS Barbara Bentley to:
P.O. Box 1031, Guilderland NY 12084

You MUST RSVP with your registration (either by email or mail with this form) whether attending via Zoom or in person no later than Friday, January 7, 2022.

You will receive a confirmation email acknowledging that your registration was received.

Please Complete ALL Information - One Form Per Person

ATTENDING: (please check one)

Name: _____

Via ZOOM: _____

Club: _____

IN PERSON: _____

Email: _____

Phone Number: _____

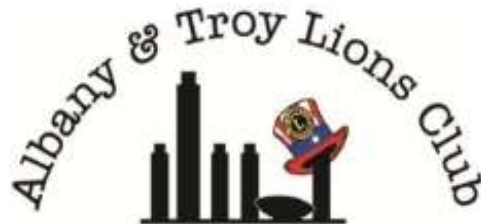


Instead of shopping at **amazon.com**, please shop at smile.amazon.com/ch/22-3255679. You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.



Got Yarn? Or extra fleece fabric?

If you don't need it anymore,
we can find someone who will use it to make hats,
mittens and scarves for the needy.



Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach
our goal of 350 items by the end of 2021

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com

or

Lion Ruth Sano at 518-859-3796



"Nature abhors a vacuum," it is said, and YrEd abhors a blank page, so here's some timely filler.



"I HAVE TO HANG UP NOW, I HAVE ONLY AN HOUR TO GET THESE REPORTS DONE."



"Either cheer up or take off the hat."



"Before you go inside, give me a chance to explain the mess..."

