

# Rare Meat







Serving the citizens of Albany, Troy and environs since 1925

OFFICERS 2021-2022

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2nd Vice-President JODI SHELDON

3rd Vice-President GREG SHELDON

Secretary: JERRY GORDON

Treasurer: RUTH SANO, Club LARRY KRUG, Char Fund

Tail Twister: Tom Hart

Lion Tamer: JORDAN ALEXANDER

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Directors, 2nd year of 2: IRV ACKERMAN JODI SHELDON

Membership Chair: Chris Horan

Immediate Past Pres: Carol Quantock

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### Rare Meat editor:

JERRY GORDON JERRYGORDON@JUNO.COM 518-235-8232

YOUR SUBMISSIONS ARE ENCOURAGED!

Minutes of the Zoom meetings held on March 2

### General membership meeting:

Our guest speakers were Lions Jim Edwards and Jim Flynn from the Saratoga Springs Lions Club, who gave us a nice presentation on Camp Abilities Saratoga, which has been in operation since 2014. Because of Covid, they have operated remotely for the last two years. They sent equipment and video instructions to all the campers at their homes and conducted supervised sessions on Zoom. Skidmore still hasn't decided whether they will be able to conduct a live camp this year. The camp is free for 10-16 year-olds who are blind or deaf-blind, but each camper costs CAS about \$3500. They have 26campers and an operating budget of \$105K, which is raised from individual Lions, Lions clubs, and grants from various Lions orgs and others.

## Club and Charitable Fund board meetings:

KL Eva announced that Preem has resigned from the club and she (Eva) will ensure that the Leos will continue to function. She may try to get some parents involved.

Greg spoke about the desirability of having the Leos working at the orchard.

He also mentioned that ACDA has been slow in paying us for the sanitizer we gave out last year, but that Jordan (Grateful Villages) is well aware of their tardiness and hasn't been pushing us for payment for the product.

KL Eva is starting a Grant Review committee, whose job it will be not to apply for grants, but to review the grant wording and our applications to ensure they are consistent with both the grant requirements and our club's best interests. We will not apply for any more grants until the committee is in place and functioning. So far, Eva and Mike are on the committee; other Lions are welcome.

KL Eva would like to go to two meetings a month, one general and one board. There weren't enough members in attendance tonight to vote on it, but it will be discussed further.

Our April speaker will be talk to us about Big Brothers/Big Sisters. Eva would like to have a live meeting, if not in April, then certainly in May.

In an email vote on Feb 23-24, we voted to accept the membership application of Bobby Beard, who was sponsored by Greg Sheldon.

We discussed whether we should collect the tabs from soda and beer cans for Ronald McDonald House. Apparently, they can turn them into cash. We'll probably do it, but it needs a little more discussion.

MEMBERSHIP

IRVIN ACKERMAN VICKI ADLER JORDAN ALEXANDER MICHELLE BAKER Eva Bass JOANN BEACH BOBBY BEARD JEFF BENNETT JOHN BIANCO DR ROB BRASS CHRISTOPHER BURKE JANE CHOUINIERE JOHN COLLINS Doug Davis KATHY DORN DENNIS FAGAN ROBIN FORD DR. STEFAN FOSCO DAVIA GADDY JERRY GORDON MARYANNE GORDON DR. VICI HARRIS DIANE BURKE HART TOM HART CHRIS HORAN MARTIN KEARY LARRY KRUG DR. DAVID LEVINE KRISTIN McVEIGH SHAWN NEWTON MICHAEL O'BRIEN ANDY PITONYAK CAROL QUANTOCK **RUTH SANO GREG SHELDON** JODI SHELDON SUE SHIPE DR. ALLEN ZIEKER





Next meeting: Live and in person!

Date & time: Wednesday, April 6, 2022 at 6:00 p.m. We're meeting again at the Red Front, 72 Division St in Troy, in case you forgot where it is. We will have a presentation from Big Brothers/Big Sisters.

Unfortunately, like most other costs these days, you can expect higher prices on their menu. Most items have gone up about \$3.

#### Chocolate Easter bunnies ...

...are here! Lion Ruth (<a href="mailto:rmsano@gmail.com">rmsano@gmail.com</a> or 518-869-5669) has both milk and dark chocolate, so it's time for you to buy some for yourself (they're still only \$5 each) and sell some to your friends, family, neighbors and co-workers.



### Conventions

Spring is officially here, so it's time to start planning for our two spring conventions:

MD-20 New York State & Bermuda Convention is in Niagara Falls May 20-23. Info at <u>niagara-fallsusa.com/md20lions/</u>. I understand that they're having some family-oriented events so you can bring your kids.

**Lions International Convention** is in Montreal June 24-28. See page 5. Info at <u>lcicon.lionsclubs.org/</u>. Register before March 31 to save \$75. See page 6.

State conventions can be fun and educational, but there's nothing like an international convention to broaden your Lions horizon. They're almost never this close to us (except 2023, when it will be in Boston). It's even more fun if we can get a group together.

#### We Serve ...

The next two pages do not relate specifically to Lionism, but they do show how individual Lions serve their communities and the wider world. Page 3 is Albany Mayor Kathy Sheehan's proclamation recognizing the the many achievements of King Lion Eva Bass.

There has been much concern in the scientific community about the demise of vast colonies of honey bees, an important pollinator and a vital ecological link. Page 4 describes the efforts of Lion Greg Sheldon and his teams at Albany Victory Gardens and Eden's Rose Foundation to contribute to a solution to this existential problem.

### On a personal note ...

Lions Maryanne and Jerry enjoyed their 7 weeks in Florida and Myrtle Beach. Normally, they would try to visit a few local Lions clubs, but they were trying to be more careful this year because of Covid. This is as close as they could come to a Lions meeting.





I can't print this big enough for you to read it, but here's what it says:

## Proclamation

City of Albany, New York Office of the Mayor

WHEREAS: Eva Bass has worked with the City of Albany for five years as the Community Outreach Coordinator. In this capacity, Eva helped maintain communications between the City and its neighborhoods as well as host a variety of events for residents to attend all while staying true to the pillars of her life's work: equity, social justice and advocacy; and

Whereas: During her time with the City, Eva led the Mayor's Equity Agenda Commission. Among the changes that were implemented during her tenure in this role were: creating a language access portal for non-English speaking residents to have access to various City information, a Summer Program Resource Map that helped residents easily identify and connect with opportunities for programming for both young people and adults, and hosted a variety of unique Rotunda Events that celebrated holidays including Black History Month, celebrated the accomplishments of middle and high school students in Albany, and drew attention to important issues including health disparities and the social determinates of health; and

WHEREAS: Eva organized the internship program in the Community Outreach Office and was committed to getting our youth involved in City government, includ-

ing by having the interns assist in organizing the 2021City of Albany Youth Speak-Out; and

Whereas: Eva is leaving City service to take a position as Director of AVillage. She is determined to personify and expand the mission of AVillage: to be a just community where empowered people have eqitable access to opportunities and resources. Identifying inequities and confronting their root causes by galvanizing the community and leveraging resources to create transformational change in Albany's South End. Prioritizing marginalized voices. Fighting systemic racism and oppression. Delivering strategic solutions. They are stronger together; and

Whereas: In addition to taking on this new role. Eva will continue her work with the Albany & Troy Lions Club, Albany Leos Club 20W and Bridge Tha Gap Community Resource & Outreach. In all of these roles she will be working alongside community stakeholders in the Capital Region to create equity through a social justice lens; and

WHEREAS: As always, Eva will also continue to cook, providing meals at community events, catering and feeding the community in the South End and beyond.

THEREFORE, I, Kathy M. Sheehan, Mayor of the City of Albany, New York, do hereby proclaim Friday, March 18, 2022, to be

## "Eva Bass Day"

in the City of Albany and ask residents to join me in recognizing Eva's years of distinguished service to the City of Albany and its residents and wish her continued success in future endeavors.



This it is our experimental Russian Queen breeding apiary. This is at a remote tree farm in Glenmont, a little farther away from people as these bees tend to be on the aggressive side.

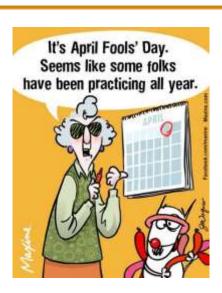
The so-called Russian bees are a rare and special honey bee that were brought to the United States through a research and breeding program in the '80s to monitor their resilience to Varroa mite infestation.

Varroa mite is a tic-like parasitic insect that attaches itself to the honey bees and reproduces in their brood cells. Coupled with rain production and agrochemical usage, they were a principal contribute to the rapid decrease of hive health. While most beekeepers utilize chemical pesticides in an attempt to reduce the Varroa population, there is a small sect of beekeepers who are opting for chemical-treatment-free but management-intensive practices.

The Russian honey bee show increased hygienic behavior and more aggressive self-managing and resilience towards the Varroa mite.

We use this apiary as a control group and for Queen breeding to help strengthen the populations of local honeybees we work with at the Normanskill farm apiary and the Albany Victory Gardens urban apiary.







# **Calling All Lions**

On May 2, 2022, Lions Lend An Ear Foundation along with Let's Amplify NY will be traveling to the Capitol in Albany to speak with lawmakers and legislators regarding Hearing Aid Awareness and Legislation Bill A5035/S533. This is all part of a legislative lobbying initiative that we are undertaking in our mission to expand hearing aid-related healthcare coverage across New York State beginning with child mandated coverage with this Bill and followed up next year with adult coverage.

If you were asked to name a medical device that could change the lives and improve the quality of millions of people, but that isn't generally covered by insurance companies, could you do it? Most people can't. The answer is hearing aids. Most private insurance companies do not cover them, and at a cost from \$1000 to \$4000 a piece (80 percent of people need two) this basic necessity is not easily afforded by many people throughout our state.

http://evite.me/NpJ9JAcnTw is the link to RSVP for the lobby day on May 2, 2022.
If you are interested in attending, please RSVP through the link for more details.

Please support our efforts; let's help make a change to a child's life.

Debbie Meyfohrt Legislation Chair Lions Lend An Ear Foundation

## Please Be Advised:

- There are metal detectors to pass through, those attendees with any metal parts in body will need medical documentation. The building is handicap accessible.
- Proof of vaccine or a negative Covid test within 48 hours will be required prior to entering the Capitol Building.

## Happy Birthday!

Happy **April** birthday these A&T

Lions:

1st: Michelle Baker 18th: Sue Shipe 19th: Larry Krug 19th: Jodi Sheldon 20th: Kathy Dorn



## Happy Anniversary!

Happy Lions Anniversary to these April inductees:

Davia Gaddy: 1 year Jeff Bennett: 9 years Vicki Adler: 18 years

Maryanne Gordon: 23 years

Rob Brass: 24 years Mike O'Brien: 24 years Allen Zieker: 24 years

April 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
For o	ther events aroun	d the district, visit	20Wilons.org	April is JA22 Appreciation How	G april	Ramadan starts at sundown & runs until sundown on May 1
Y .	4	5	General membership meeting; see page 2	7	8	9
0	11	12	13	14	Passover starts at sundown & runs until sundown on April 22. Good Friday	16
ESTA	18	19	20	21	22	23
24	25	26	27	28	29	JAZZ JAZZ OH



Bring a potential member to a meeting.

> Visit your club's web site: ALBANYTROYLIONS.ORG, your district web site: 20WLIONS.ORG, your multiple-district web sites: MD20Lions.com and NewYorkLionsClubs.org

and International's new web site: LIONSCLUBS.ORG.



# MD-20 Lions

Join International President Douglas X. Alexander And Lions From Around the World At The 104th Lions Clubs International Convention

June 24-28, 2022 In Montreal, Canada At the Palais des Congrès and the Bell Centre

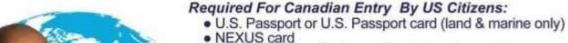
The beautiful Palais des Congrès is one of North America's most renowned convention and exhibition centres. Near historic and cultural areas...Old Montréal, Chinatown and the arts and entertainment district!

# Registration is now open online at - Icicon.lionsclubs.org

- · Enjoy music and live entertainment acts featuring top performers from all over the world.
- Celebrate cultural diversity by marching in the Parade of Nations with fellow Lions and Leos.
- Learn and grow your skills in expert-lead seminars.
- Hear from world-renowned speakers.
- Meet and chat with Lion Clubs International staff about how to enhance your service, create new opportunities, access key resources and more.
- Participate in the exciting conclusion of Campaign 100, our Foundation's historic effort to ensure our future of service.
- If you're a delegate for your Lions club, and your club is in good standing, you'll be able to cast a vote in the International Election.

Special Note:

MD-20 has been assigned to the Sheraton Centre Hotel (Headquarters). Rooms are assigned first come first served...Please Register Early.



Enhanced Driver's License (land & marine only)

## Covid-19 Protocol: Click Here

Currently, Canada requires that travelers provide proof of full vaccination. Refer to the Government of Canada website to check if you qualify for the fully vaccinated traveler exemption as well as which COVID-19 vaccines are accepted in Canada. The website also provides steps to follow for your trip and what to do if you test positive within 14 days of your entry to Canada.





Instead of shopping at amazon.com, please shop at <a href="mailto:smile.amazon.com/ch/22-3255679">smile.amazon.com/ch/22-3255679</a>. You'll get the same great deals, plus a percentage of your purchases will be donated to the Albany & Troy Lions Charitable Fund.



# Got Yarn? Or extra fleece fabric?

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If you don't need it anymore, we can find someone who will use it to make hats, mittens and scarves for the needy.



# Warm Woolen Wishes Project



Unites people with yarn or fabric so they can help us reach our goal of 500 items by the end of 2022

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know. We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com or Lion Ruth Sano at 518-859-3796









