



# Rare Meat

October 2022



The newsletter of the  
Albany & Troy Lions Club

Serving the citizens of Albany, Troy and environs since 1925

## OFFICERS 2022-2023

President:

EVA BASS

1st Vice-President:

JODI SHELTON

2nd Vice-President

GREG SHELTON

3rd Vice-President

IRV ACKERMAN

Secretary:

JERRY GORDON

Treasurer:

RUTH SANO, Club

LARRY KRUG, Char Fund

Tail Twister:

ANDY PITONYAK

Lion Tamer:

JOHN BIANCO

Directors, 1st year of 2:

DAVIA GADDY

SHAWN NEWTON

Directors, 2nd year of 2:

MARYANNE GORDON

MIKE O'BRIEN

Membership Chair:

CHRIS HORAN

Marketing Comm Chair

JORDAN ALEXANDER

Immediate Past Pres:

CAROL QUANTOCK

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YOUR SUBMISSIONS  
ARE ENCOURAGED!

Minutes of the meetings held on Sept 7 at the Red Front

**To start the general meeting,** DG Ricky Laurin spoke about the importance of setting club goals, but not being overly ambitious – perhaps 3 or 4 goals per year. We should be working in the local community with schools, churches and other orgs. He made many references to Stephen Covey's *7 Habits of Highly Effective People*, a book DG has clearly taken to heart and benefitted from. It includes such pearls as "Begin with the end in mind" and "Seek first to understand, then to be understood."

He also spoke about a plastic recycling program that the district will be involved with – stay tuned for more info.



DG Ricky Laurin, Lions Greg & Jodi Sheldon, Jerry Gordon

Shawn reminded everyone that our VIP Bike Rides will be on 9/25 from noon-3 with a 10/2 rain date. Registration will begin at 10:30. He's been in touch with Jim Edwards from Saratoga Springs LC and they're all set to bring us the tandem bikes. [see page 3]

Jerry explained our new CLYNK bottle-collection project and gave out collection bags.

Jerry also explained Boscov's Friends Helping Friends project and gave out shopping passes for members to sell. [see page 2]

Wearing his 20W Environment Chair hat, Greg told us about a project to increase habitat for Monarch butterflies, an important pollinator. Our tasks will include providing information and distributing literature and seeds. More info to come

At the **club & charitable fund board meetings**, Greg explained that we had Summer Youth Employment kids, who were paid by the City of Albany, working at the blueberry orchard. In addition, three community members also cleaned, raked and weeded. We paid them out of the Van Alen grant funds.

In an email vote the next day, the board approved the membership application from Marilyn Bradley, a friend of Davia's.

In an email vote on 9/26 & 27, the board approved the expenditure of up to \$200 for special polarized sunglasses.

## MEMBERSHIP

IRVIN ACKERMAN

VICKI ADLER

JORDAN ALEXANDER

MICHELLE BAKER

EVA BASS

JOANN BEACH

BOBBY BEARD

JEFF BENNETT

JOHN BIANCO

MARILYN BRADLEY

DR. ROB BRASS

JANE CHOUINIÈRE

DOUG DAVIS

KATHY DORN

DENNIS FAGAN

ROBIN FORD

DR. STEFAN FOSCO

DAVIA GADDY

JERRY GORDON

MARYANNE GORDON

DR. VICI HARRIS

DIANE BURKE HART

TOM HART

CHRIS HORAN

MARTIN KEARY

LARRY KRUG

DR. DAVID LEVINE

KRISTIN McVEIGH

SHAWN NEWTON

MICHAEL O'BRIEN

ANDY PITONYAK

RUTHANN RICHARDS

RUTH SANO

GREG SHELTON

JODI SHELTON

SUE SHIPE

DR. ALLEN ZIEKER



Our next meeting ...



... will be at the **Red Front** on **Wed, Oct 5 at 6 PM**. IPDG Michele O'Hare will be speaking about St Catherine's Center for Children and she will be inducting two new members. The restaurant likes a head count, so **please** let me know whether or not you'll be joining us. H: 518-235-8232, C: 518-366-5299, [jerrygordon@juno.com](mailto:jerrygordon@juno.com)

### Earning Some Green by Going Green

You've all got your CLYNK bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at [jerrygordon@juno.com](mailto:jerrygordon@juno.com) or 518-235-8232 for more bags.



We're selling Bosco's passes again this year. Each pass entitles the bearer to 25% off on almost everything they buy on Wednesday, October 19, plus they get a chance to win a \$100 Bosco's gift card. The passes are only \$5 each and we get to keep the whole \$5. Passes were mailed to everyone not at the September meeting and will be available at the October meeting. Many other non-profits also participate in this program, so do your selling early before your family, friends, neighbors and co-workers buy them elsewhere. **If you need more, reach out to Lion Jerry at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com).**



Visit your club's web site: **ALBANYTROYLIONS.ORG**,  
your district web site: **20WLIONS.ORG**,  
your multiple-district web sites: **MD20Lions.com**  
and **NewYorkLionsClubs.org**  
and International's web site: **LIONSCLUBS.ORG**.



Bring a potential member to a meeting.





On Sunday, Sept 25, members of the Albany & Troy Lions Club, Saratoga Springs Lions Club, Camp Abilities Saratoga, Albany Police Dept, Albany Fire Dept and the local biking community gathered at the Mohawk Hudson Bike Trail at the Corning Preserve for their first Annual **V.I.P. (Visually Impaired Pedalers) Tandem Bike Rides**. Unfortunately, the threatening weather kept some people away. Overall, it was a successful venture and I suspect we'll do it again, perhaps in the spring.

Our thanks to Lion Shawn Newton for bringing us this great idea and for chairing this project.





## Warm Woolen Wishes

Lion Ruth has been busy. Warm Woolen Wishes project will deliver 25 blankets to Jo Ann Marcario of Project Linus tomorrow (9/23). Blankets are collected locally and distributed to children in hospitals, shelters, social service agencies, or anywhere that a child might be in need of a big hug. All blankets were made with yarn generously donated by members of our club and our district.



## Lions Service Areas



Diabetes



Environment



Hunger Relief



Childhood  
Cancer



Vision

**Happy Birthday!**

Happy **October** birthday to these A&T Lions:

6th: Dennis Fagan  
28th: John Bianco

**Happy Anniversary!**

Happy Lions Anniversary to these **October** inductees:

Irv Ackerman: 3 years  
Jerry Gordon: 31 years  
Larry Krug: 43 years



Tuesday, Oct 4: Yom Kippur starts at sundown

**Wednesday, Oct 5, 6 PM: Lions general meeting; see page 2**

Monday, Oct 10: Columbus Day & Indigenous People's Day

Thursday, Oct 13: World Sight Day

Monday, Oct 31: Halloween - drive carefully

*For other events around the district, visit [20Wlions.org](http://20Wlions.org)*



# Save The Date



## LIONS DISTRICT 20W CONVENTION

**Saturday, November 5, 2022**

Information regarding  
registration will be  
provided soon.

**Courtyard by Marriott  
Lake George**

Room block available for \$189/night +tax

To make reservations, contract Jennifer at 518-761-1150 ext. 3  
Room block is under 'District 20W Lions' - Cut off is October 5th

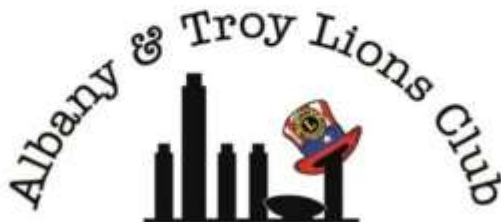


Instead of shopping at **amazon.com**, please shop at [smile.amazon.com/ch/22-3255679](https://smile.amazon.com/ch/22-3255679). You'll get the same great deals, plus a percentage of your purchases will be donated to the **Albany & Troy Lions Charitable Fund**.



## Got Yarn? Or extra fleece fabric?

If you don't need it anymore,  
we can find someone who will use it to make hats,  
mittens and scarves for the needy.



## Warm Woolen Wishes Project

Helping Hands ~  ~ Creating Comfort

Unites people with yarn or fabric so they can help us reach our  
goal of 500 items by the end of 2022

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know.  
We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at [albanytroylions@gmail.com](mailto:albanytroylions@gmail.com)

or

Lion Ruth Sano at 518-859-3796

