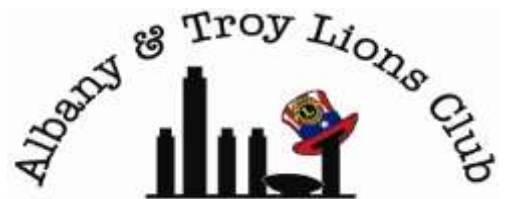




Rare Meat

The newsletter of the



September 2024



Serving the citizens of Albany, Troy and environs since 1925

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YOUR SUBMISSIONS
ARE ENCOURAGED!

Report of the board meetings held Aug 19 at Metro 7 Diner

We decided that next spring, we will repeat the VIP (Visually Impaired Pedalers) tandem-bike-ride project that we did in Sept of '22. We will join forces with Wheels Up (Lion Greg's program that repairs and distributes bikes to West Hill youngsters), Albany Bike Rescue and Troy Bike Rescue.

Lions Queen and Jodi met with DG Holly and PDGs Priscilla and Ricky to reconstitute our Leos club. (We had established one back in 2021 but it fell apart when Lion Preem resigned.) They are well on their way to getting it back up and running, which is good! They will be meeting at the Hub, a community space at 1st and Quail Sts.



After some discussion, we decided we will meet once per month, on the first Wednesday at 7:00 PM. This will be a board meeting, with occasional speakers. We'll discuss general issues, but leave the details for committee meetings, which will be held as required, either live or on Zoom.

For a meeting location, Jodi proposed The Eleven at Lark Hall, a coffee house, bar and restaurant at street level within Lark Hall's performing arts venue. The address is 351 Hudson Ave in Albany's Center Square neighborhood. We'll be trying it out on Sept 4.

We're working on two Little Lions Library stations, one for the HIVE area and one for Lansingburgh Boys & Girls Club. [See page 2]

As they did last year, St Catherine's is sponsoring a hockey tournament Sep 5-8 at the Frear Park Ice Rink to benefit Lansingburgh Connects, a collaboration between the Lansingburgh Central School District, St Catherine's Center for Children and Rensselaer County Children's Mental Health. The goal is to link students and their families to vital mental health, medical and social supports needed to bolster student educational achievement and improve the overall health and well-being of students and their families. We voted to be silver sponsors (\$500) and we will have a table at the tournament to distribute Lions info and diabetes info. [See pages 2, 4-5]

Our next general meeting will be on Wed, Sep 4.

Our next meetings:

Our next **board & general meeting** will be on **Wednesday, Sept 4 at 7:00 PM at The Eleven, 262 Lark St** (corner of Hudson Ave), Albany. See above for a description.

MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

EVA BASS

JOANN BEACH

DR. ROB BRASS

JANE CHOUINIÈRE

DOUG DAVIS

DENNIS FAGAN

DR. STEFAN FOSCO

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LARRY KRUG

DR. DAVID LEVINE

KRISTIN McVEIGH

SHAWN NEWTON

MICHAEL O'BRIEN

RUTHANN RICHARDS

RUTH SANO

GREG SHELDON

JODI SHELDON

SUE SHIPE

DR. ALLEN ZIEKER



Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or jerrygordon@juno.com for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account.

Albany HIVE

The formal opening ceremony has been postponed again. Watch for the announcement and read about the space on the next page.

Lansingburgh Hockey

On page 1, you read about the hockey tournament to benefit Lansingburgh Connects. See pages 4 and 5 for the schedule and the "price" of admission. You're welcome at any of the games, And if you can sit at our info table during any game, please let Lion Jerry know.

Little Free Library

This is what our first libraries look like. We thank Lion Ruth for collecting books, and special thanks to PIS Bob for his carpentry skills.



<p>Happy Birthday!</p> <p>Happy September birthday to only one A&T Lion:</p> <p>10th: Vicki Adler</p>		<p>Happy Anniversary!</p> <p>Happy Lions Anniversary to these September inductees:</p> <p>Sue Shipe: 11 years + 20 with Guilderland & Saratoga Springs Ruth Sano: 28 years Kristin McVeigh: 34 years</p>
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	<p>September is Vision Awareness Month and Membership Growth Month</p> <p>Mon, Sep 2; Labor Day</p> <p>Wed, Sep 4: Board meetings; see page 2.</p> <p>Sep 5-8: Lansingburgh Hockey; see pages 4 & 5.</p> <p><i>For other events around the district, visit 20WLions.org</i></p>
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ALBANY HIVE

A NEW COMMUNITY SPACE IN WEST HILL

About Albany Hive

Local organizations, designers, city leaders, and residents joined forces to transform this alley into a welcoming community space. This coalition welcomes everyone – may The Hive buzz with activity for years to come!

Supporters
Albany Community Development Agency, Bender Family Foundation, Mayors' Institute on City Design, National Endowment for the Arts, New York State Council on the Arts, Van Alen Institute



RENSSELAER | ARCHITECTURE



Contact Us

Stay tuned for upcoming events! For questions or ways to get involved, contact **Aisha Stasack**, Community Outreach Coordinator at 518-764-8358.



VAN ALEN INSTITUTE



LANSINGBURGH



HOCKEY TOURNAMENT

SEPT. 5 - 8 FREAR PARK ICE RINK

NO ENTRY FEE!

SUGGESTED DONATION:

See back for suggested items list

- 50/50 at all games
- Drawing on SUNDAY
- Need not be present to win
- Raffle Baskets
- All donations will benefit St. Catherine's programming

GAME SCHEDULE:

Thursday 9/5
9:30 PM - 11:00 PM

Friday 9/6
7:50 PM - 9:20 PM

Saturday 9/7
11:00 AM - 12:20 PM
12:30 PM - 1:50 PM
5:00 PM - 6:20 PM
6:30 PM - 7:50 PM

Championship Game
Sunday 9/8
12:30 PM - 1:50 PM

FOR MORE INFORMATION:

(518) 641-6802
doneal@st-cath.org

(518) 410-5941
mpuleohare@st-cath.org





Suggested Donation Items:

Cleaning Supplies

- All Surface Cleaners
- Dish Soap
- Disinfectant Wipes
- Dryer Sheets
- Floor Cleaner
- Laundry Detergent
- Paper Towels
- Rags/Micro-cloths
- Sponges

Toiletries

- Baby Wipes
- Body Wash/Bar Soap
- Brushes/Combs/Picks
- Deodorant (Female & Male)
- Diapers
- Shampoo
- Toilet Paper
- Toothpaste

Food Supplies

- Boxed Macaroni & Cheese
- Canned Fruit
- Canned Meats
- Canned Vegetables
- Can Openers
- Peanut Butter & Jelly
- Ravioli
- SpaghettiOs
- Soup
- Vegetable Oil

Birthdays

- Birthday Candles
- Cake Frosting
- Cake Mix

This list reflects our most requested items.

However, we will accept any new items you are able to donate.

THANK YOU!



Got Yarn? Or extra fleece fabric?



If you don't need it anymore, we will turn it into hats, mittens and scarves for the needy



Warm Woolen Wishes Project

Helping Hands



Creating Comfort



Unites people with yarn or fabric so they can help us reach our goal of 1000 items by the end of 2024.

This helps us help everyone.



Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at ALBANYTROYLIONS@GMAIL.COM
or Lion Ruth Sano at 518-859-3796

