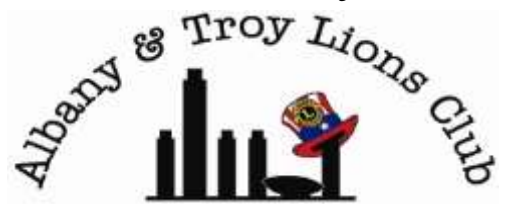




Rare Meat

The newsletter of the



February 2025



Serving the citizens of Albany, Troy and environs since 1925

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YOUR SUBMISSIONS
ARE ENCOURAGED!

Report of the general and board meeting held on Jan 8 at Margarita City

Our guest speaker was Dr Anshu Chandra, an optometrist who practices in Albany and Schenectady when she isn't in Haiti, where she has been running a clinic for almost 15 years. She's losing her space and is looking for \$300,000 to build a new clinic. Because of the magnitude of her "ask," we suggested an appeal to DG Holly for district-based grant requests from B-M, NYS&BLF and LCIF, as well as appeals to each club.

Lion Greg introduced potential Lion Mike King and Lion Chloe introduced her sister Cailee as a potential Lion.

Lions Greg and Jodi's Eden's Rose Foundation has been working diligently to find housing, clothing and furnishings for several migrant families. Their immediate need is for a \$1500-boiler repair so they can have heat. We voted to donate \$500 towards it.

Under Lion Queen's guidance, the new Leos have a "Love Letter to the Earth" event coming up the weekend after next.

Lion Jerry reported that our seal campaign has returned about \$1300 so far; additional funds continue to trickle in.

As reported in the last Rare Meat, our second Little Free Library was installed in the park across the street from the Lansingburgh Boys & Girls Club.

On Jan 23, there will be an eye screening at Turnpike Elementary School in Lansingburgh. PDG Patricia will bring Chazy LC's camera and Lion Jerry will assist, along with anyone else who shows up.

This was our first meeting at this new location, and everyone was quite satisfied, so we'll be back. Next meeting will be an on-line board meeting on Mon, 1/20, at 5:30 PM.

Report of the board meetings held on Jan 20 on line

After some discussion, we increased our order to 19 cases of 12 milk chocolate, 10 cases of 12 dark chocolate and 2 cases of 24 white chocolate bunnies. Some will be sold to the public, but most are being purchased by individual Lions to be given away.

Lion Mike Suske has been keeping our Albany Little Library full.

For a while, it seemed that LensCrafters was rejuvenating their One-Sight program to provide glasses, but it turns out that they have very restrictive requirements (Medicare and Medicaid patients aren't eligible). Ruth is still trying to work with VisionWorks for our patients who can't afford glasses.

MEMBERSHIP

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RUTHANN RICHARDS

RUTH SANO

GREG SHELTON

JODI SHELTON

SUE SHIPE

MIKE SUSKE

CHLOE TARLEN

DR. ALLEN ZIEKER



We've got about 50 kids who have won local spelling bees. They will participate in a regional event that we're sponsoring, to be held some time in March. We're expecting around 130 attendees.

Lions Greg and Allen will consider our possible relationship with Anshu Chandra, who spoke to us at our last meeting regarding her Haiti project.

The family that the Sheldons have been working with (see minutes of Jan 8 meeting) has been successfully moved in.

Our next meetings and our new home:



Our next meeting will be on **Wed, Feb 5** at our new home: Margarita City! **We want to start the meeting promptly at 5:30 PM, so try to get there by 5:15!** Because Jerry will be away, Please let Lion Jodi know (518-331-0992 or jodisheldon492@gmail.com) whether you'll be there.



Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or jerrygordon@juno.com for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account.

Happy Birthday!

Happy **February** birthday to these A&T Lions:

3rd: Eva Bass
5th: Dave Levine



Happy Anniversary!

Happy Lions Anniversary to these **February** inductees:

Greg Sheldon: 6 years (+ 6 yrs with Tosagua LC)



February is Childhood Cancer Awareness Month

Tue, Jan 7: Orthodox Christmas

Thur, Jan 30: Member orientation; see page 4

Wed, Feb 5: Meeting at Margarita City; see page 2

Thur, Feb 6: KidSight Screening; see page 3

Sat, Feb 8: District cabinet meeting; see page 5 (note zoom link at bottom of page)

Fri, Feb 14: Valentine's Day

Mon, Feb 17: Presidents' Day

For other events around the district, visit 20WLions.org

Lions Seal Campaign



Seal campaign letters went out early in December, and you all got one. As of this writing, we've added \$1535 to our charitable fund! This is the second-largest amount in 15 years of record-keeping, exceeded only by \$1540 in 2019. It's not too late to be a contributor (and bring us over the top).

Vision Screening



On Jan 23, Lion Jerry participated in a vision screening of 26 first-graders at Turnpike Elementary School in Lansingburgh. PDGs Ricky and Priscilla brought their club's camera and printer down from Chazy. Says Jerry, "Even though this was my first time, the whole thing took less than an hour. It's pretty simple—the camera does all the work." This is a very worthwhile, fairly simple project. It does require 3 Lions per screening, with the other two guiding kids in and out and giving them stickers. I'd like to see us

doing more of these.

Late-breaking! I just found out that PDGs Priscilla and Ricky will be doing another screening on Thurs, Feb 6, at Rensselaer Park Elementary School, 70 110th St, Lansingburgh. We really should have 1 or 2 Lions there to assist and learn. NO PREVIOUS TRAINING IS NEEDED! Please be there at 9:15 AM.

What is Mission 1.5?

Mission 1.5 is the drive to grow to a minimum of 1.5 million Lion members worldwide on July 1, 2027, so we can meet the growing needs of our communities and serve more than 1 billion people annually.



ORLANDO 2025
107th LIONS INTERNATIONAL CONVENTION

The Lions International Convention is **Sunday, July 13-Thursaday, July 17, 2025.**

If you've never been to an international convention, you're missing one of the highlights of the Lions year. You can connect with Lions and Leos from all over the world and build friendships that last a lifetime. You will hear from hundreds of Lion leaders and speakers who will present their ideas and inspire you to even greater levels of service to help you make the most of your Lion experience. Convention is where we celebrate the incredible work of Lions and Leos around the globe. And you can enjoy fantastic attractions, lively cuisine, trendy shopping and iconic theme parks in one of America's truly magical cities.

Here's why you should sign up now: If you register by March 1, the registration fee is \$190 (reg only; doesn't include lodging).

If you wait until March 2-July 10, it's \$265.

And if you wait until the last minute (July 10-July 17), it's \$340.

Visit this website for answers to all your questions: <https://lionscon.lionsclubs.org/>

Lions Member Orientation

Presenter: PDG Lorri E. Rieger

Date/Time

- January 30, 2025
- 7:00 PM

Location

- Zoom Meeting, information will be sent when RSVP is received

Questions?

- GLT Phyllis O'Leary
529 Shade Street North Babylon, NY 11703
Email: Phyllisconsulting@gmail.com
Phone: 631-901-4295

Secure Your Seat Here!



<https://forms.gle/4BTxKcSQyu469D9x8>

Visit this link or Scan the QR Code to Register via the Google Form





Lions Clubs of MD~20W 3rd Cabinet Meeting~ 2024/2025

Saturday, February 8th, 2024

Holiday Inn Saratoga Springs
232 Broadway, Saratoga Springs, NY 12866
9:30am-10am Registration

Traditional Morning Break:
Homemade Scones with Sweet Cream Dip
Whole Fruit & Berries
Fresh Brewed Coffee, Decaf, Tazo Tea Collection, Hot Cocoa
10am Cabinet Meeting

12pm Lunch

The Deli Bar Buffet:
Fresh Fruit Salad and Deli Salad
Homemade Bookmakers Potato Chips
Tossed Garden Salad with choice of dressings and condiments
Chef's Deli Sandwich Wraps and Subs (3)
Roast Beef & Cheddar ~ Turkey & American ~ Chicken Salad
Assorted Dessert Bars, Coffee, Decaf, Tazo Tea Collection, Iced Tea & Lemonade Station

Meal Price: \$50 Per Person

RSVP no later than Saturday 2/1/2025 to District Secretary Alexander Guilmette at:
APG200@gmail.com

Make checks payable to District 20W Lions. They can be mailed to Alexander Guilmette at:
P.O. Box 2454 Ballston Spa, NY 12020

Overnight Room Block

Holiday Inn has a discounted \$159 rate for the Lions Club event, this is a very busy weekend in Saratoga with Chowderfest, please make reservations ASAP.

Click Link for Booking: [Holiday Inn Booking Link](#)

(Reservations are to be called in to (518) 584-4550 | reference 'Lions Club' and date)

District 20W is inviting you to a scheduled Zoom meeting.

Topic: Lions Clubs of MD~20W 3rd Cabinet Meeting~ 2024/2025
Time: Feb 8, 2025 10:00 AM Eastern Time (US and Canada)
Join Zoom Meeting

<https://us06web.zoom.us/j/81610838803?pwd=gJahiabNMI9avucRwRYKqhi2uJWRTA.1>

Meeting ID: 816 1083 8803
Passcode: 421647



Got Yarn? Or extra fleece fabric?

If you don't need it anymore, we will turn it into hats, mittens and scarves for the needy



Warm Woolen Wishes Project

Helping Hands



Creating Comfort



Unites people with yarn or fabric so they can help us reach our goal of 1000 items by the end of 2024.

This helps us help everyone.



Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at ALBANYTROYLIONS@GMAIL.COM or Lion Ruth Sano at 518-859-3796

