



# Rare Meat

March 2025



Serving the citizens of Albany, Troy and environs since 1925

## OFFICERS 2024-2025

President:

JODI SHELDON

1st Vice-President:

QUEEN GHAFFAR-ADJEI

2nd Vice-President

GREG SHELDON

3rd Vice-President

Secretary:

JERRY GORDON

Treasurer:

RUTH SANO, Club

LARRY KRUG, Char Fund

Tail Twister:

SHAWN NEWTON

Lion Tamer:

SHAWN NEWTON

Directors, 1st year of 2:

DAVIA GADDY

DR. ALLEN ZIEKER

Directors, 2nd year of 2:

MARYANNE GORDON

MIKE O'BRIEN

Membership Chair:

CHRIS HORAN

Marketing Comm Chair

Immediate Past Pres:

EVA BASS

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YOUR SUBMISSIONS  
ARE ENCOURAGED!

## Report of the board meetings held on Feb 19 on line

We had called a general meeting on Feb 5 at Margarita City, but Lion Ruth was the only one who showed up. Jerry left a voice-message for Leah the next day to apologize for our absence. If we want to continue to meet there, we've got to be much more dependable about showing up.

On March 13, Queen's Guardians of AL-Fitrah and the A&T Leos will be holding an event to feed about 50-60 homeless men from Cap City Rescue Mission and the shelter on Sheridan Ave. She's planning to supply them with toiletries and clothing items. We approved donating \$200 or \$300, depending on whether she is able to get Bombas socks and underwear from the Interfaith Partnership. [See page 2]

Queen will continue to try to reach the Sheldons to locate the Leo T-shirts.

Lion Ruth requested a \$500 grant from Price Chopper to purchase Spanish books for our Little Free Libraries. We don't have the money yet, but they have approved it.

In an email vote after the meeting, we approved the membership application of Paul "Batman" Collins-Hackett. You may remember him from our holiday party.

## Our next meeting:

Our next meeting will be on **Wed, March 5** on line because a number of Lions are snow birding. Watch for the link coming soon.

## Helping the Hearing-Impaired

I got a call from Srikar Ganapathiraju, a 1st -year otolaryngology student at AMC. He is involved with their Coffee-for-a-Cause project, where they will be selling coffee and baked goods on Feb 28. They would like to donate their profits to us to go towards our buying hearing aids for the needy. Their result: \$1062 added to our coffers!

## MEMBERSHIP

VICKI ADLER

MICHELLE BAKER

EVA BASS

JOANN BEACH

DR. ROB BRASS

PAUL "BATMAN" COLLINS

-HACKETT

DOUG DAVIS

DENNIS FAGAN

DR. STEFAN FOSCO

DAVIA GADDY

QUEEN GHAFFAR-ADJEI

JERRY GORDON

MARYANNE GORDON

DR. VICI HARRIS

CHRIS HORAN

LARRY KRUG

DR. DAVID LEVINE

KRISTIN McVEIGH

NIKKI MILTON

SHAWN NEWTON

MICHAEL O'BRIEN

RUTHANN RICHARDS

RUTH SANO

GREG SHELDON

JODI SHELDON

SUE SHIPE

MIKE SUSKE

CHLOE TARLEN

DR. ALLEN ZIEKER

## What is Mission 1.5?

Mission 1.5 is the drive to grow to a minimum of 1.5 million Lion members worldwide on July 1, 2027, so we can meet the growing needs of our communities and serve more than 1 billion people annually.



### Upcoming event

On Thursday March 13th, at 3:30pm, in the streets of Albany as well as in the old DMV parking lot across the street from the Capital rescue mission, Leos & the Guardians of AL-Fitrah will be feeding and supplying personal care items for the homeless, people battling substance abuse, and the hurt & broken souls in our community. Thank you, Queen, for putting this together.



### Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or [jerrygordon@juno.com](mailto:jerrygordon@juno.com) for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account.



Easter is right around the corner!  
Get your solid milk, dark or white chocolate Easter Bunnies to help support  
The Albany and Troy Lions Club,  
The Lions Eye Institute and your sweet tooth!  
Only \$5 each  
Limited supply - we will deliver locally before Easter  
[albanytroylions@gmail.com](mailto:albanytroylions@gmail.com) or call  
Lion Ruth at 518-859-3796



To support the Lions Eye Institute in Albany, NY



## Celebrate Over a Century of Service!

Join us for the 101st Annual MD-20 Lions Clubs Convention as we gather Lions from across New York State and Bermuda to honor our shared legacy and inspire future acts of kindness. This is more than a convention – it’s a moment to reflect, connect, and empower each other to serve our communities with greater impact.

- Collection of small Lego kits for Roswell Park Cancer Institute: Each kit will be given to a child waiting for and during their treatments.
- Workshops & Panels: Tools and strategies to elevate your impact as a Lion.
- Networking Opportunities: Build meaningful connections with Lions who share your commitment.
- Hands-on Service Project
- Explore Niagara Falls: Be inspired by one of the world’s natural wonders!

## Register Today – Together, We Can Achieve Even More!

- Early Bird Registration Deadline: April 15, 2025
- Registration Fee: \$50 in advance (\$60 at the door)
- Secure Your Spot Now: <https://md20lionsconvention.org>



**Happy Birthday!**

Happy **March** birthday to these A&T Lions:

- 9th: Stefan Fosco
- 13th: Queen Ghaffar-Adjei
- 16th: Ruth Sano
- 19th: Joann Beach
- 21st: Greg Sheldon



**Happy Anniversary!**

Happy Lions Anniversary to these **March** inductees:

- Queen Ghaffar-Adjei: 2 years
- Dave Levine: 46 years



Mark Your Calendar

**Wed, Mar 5: On-line meeting; see page 1**

Sun, Mar 10: Turn your clock ahead

Sun, Mar 17: St Patrick's Day

Mar 19: Start of spring

"Never iron a four-leaf clover, because you don't want to press your luck."  
—ERIK PADOVER

*For other events around the district, visit [20WLions.org](http://20WLions.org)*



# ORLANDO

2025

107th LIONS INTERNATIONAL CONVENTION

The Lions International Convention is **Sunday, July 13-Thursday, July 17, 2025.**

If you've never been to an international convention, you're missing one of the highlights of the Lions year. You can connect with Lions and Leos from all over the world and build friendships that last a lifetime. You will hear from hundreds of Lion leaders and speakers who will present their ideas and inspire you to even greater levels of service to help you make the most of your Lion experience. Convention is where we celebrate the incredible work of Lions and Leos around the globe. And you can enjoy fantastic attractions, lively cuisine, trendy shopping and iconic theme parks in one of America's truly magical cities.

Here's why you should sign up now: If you register by March 1, the registration fee is \$190 (registration only; doesn't include lodging).

If you wait until March 2-July 10, it's \$265.

And if you wait until the last minute (July 10-July 17), it's \$340.

Visit this website for answers to all your questions: <https://lionscon.lionsclubs.org/>



# Albany County Historical Association

Preserving, presenting, promoting and interpreting the stories of the rich and diverse history and culture of Albany County since 1942.



## Ten Broeck Mansion



### Lend a hand for history!

Give back to your community by volunteering at the Ten Broeck Mansion. Give back and beautify your community by volunteering at the Ten Broeck Mansion. Join us for Community Days and Garden Days, or schedule a special volunteer day for your club, business, or organization. We provide tools, gloves, and refreshments. Enjoy the four acres of gardens at the historic 1798 Ten Broeck Mansion, and help make a better place for all.

Contact us to learn more today!

#### Gardening



Assist removing invasive species from our historic gardens.

#### Education



Volunteer with our 100% free children's education programs.

#### Community Days



Help clean up litter at a community day.



Contact us to join us for a Community Volunteer Day or schedule a special volunteer day for your club, business, or organization today.

Contact us: phone at 518-436-9826 or email: [info@tenbroeckmansion.org](mailto:info@tenbroeckmansion.org)

To learn more, visit [www.tenbroeckmansion.org](http://www.tenbroeckmansion.org)



# Got Yarn? Or extra fleece fabric?



**If you don't need it anymore, we will turn it into hats, mittens and scarves for the needy**



## Warm Woolen Wishes Project

**Helping Hands**



**Creating Comfort**



Unites people with yarn or fabric so they can help us reach our goal of 1000 items by the end of 2024.

This helps us help everyone.



Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at [ALBANYTROYLIONS@GMAIL.COM](mailto:ALBANYTROYLIONS@GMAIL.COM)  
or Lion Ruth Sano at 518-859-3796

