



Rare Meat

The newsletter of the



March 2026



Serving the citizens of Albany, Troy and environs since 1925

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THIS COULD BE YOU!

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**YOUR SUBMISSIONS
ARE ENCOURAGED!**

Report of the general meeting held on Wed, Feb 4, at Margarita City

Our guest speaker was District Governor Barb Bentley.

1. Lion Batman reports that the Spelling Bee will be held at Love Albany Center (Christ's Church), 8 Kate St (near the corner of Delaware Ave and Whitehall Rd) on Saturday, March 28.

2. Lions Jodi & Greg just got back (like, yesterday) from Ecuador, where they distributed 1400 pair of glasses in conjunction with the Tosagua Lions Club. They also planted hundreds of trees in the Amazon.

3. DG Barb inducted our two newest members, Carrie Love (sponsored by Lion Queen) and Melissa Milton (sponsored by Lion Greg). As part of LCI's Project 1.5, an initiative to grow our international membership to 1.5 million, DG Barb is personally aiming for two new members from each club in our district; she appreciates our help.

She announced that at the International Convention in Hong Kong this summer, we'll be voting on a potential dues increase of \$2/year for each of the next 5 years.

Report of the board meeting held online on Monday, Feb 16

1. Lion Batman confirmed that the Spelling Bee will be held at Love Albany Center (formerly Christ's Church), 8 Kate St (near the corner of Delaware Ave and Whitehall Rd) on Saturday, March 28 at 9 AM. We're expecting 40-50 participants. WNYT-TV (among others) will be doing publicity.

2. At our Feb 4 meeting, Lions Jodi & Greg had just returned from Ecuador, where they distributed 1400 pair of glasses in conjunction with the Tosagua Lions Club. They also transplanted seedlings, adding about 500 trees in the coastal section of the country and perhaps 2000 in the Amazon, as a community reforestation project with local kids.

In addition, they are involved with making a much better grade of chocolate from ancestral cacao beans. We'll be hearing more about this in the future.

3. Late last year, Greg was able to bring in some professional help to dig up our blueberry orchard and add the sulfur required for deep-soil conditioning. Come spring, we'll be discussing resurrecting this project.

4. We will have an Earth Day event, as we do every April. We'll be thematically coupling the location (The Hive) with the honey-

MEMBERSHIP

VICKI ADLER
MICHELLE BAKER
EVA BASS
JOANN BEACH LOVER-
IDGE
DR. ROB BRASS
PAUL "BATMAN" COLLINS
-HACKETT
DOUG DAVIS
DENNIS FAGAN
DR. STEFAN FOSCO
DAVIA GADDY
QUEEN GHAFFAR-ADJEI
JERRY GORDON
MARYANNE GORDON
KHALEL "NIGHTWING"
HAMLIN
DR. VICI HARRIS
CHRIS HORAN
LARRY KRUG
DR. DAVID LEVINE
CARRIE LOVE
KRISTIN McVEIGH
MELISSA MILTON
NIKKI MILTON
SHAWN NEWTON
MICHAEL O'BRIEN
RUTH SANO
RICH SCHMIDT
GREG SHELTON
JODI SHELTON
SUE SHIPE
ERIC THOMPSON
DR. ALLEN ZIEKER



production of AVG's bees and our Spelling Bee project. The work group for this is Queen, Batman, Jodi, Melissa and Carrie.

5. Starting with our March 4 general meeting, we're going to be meeting at The Hub, 498 1st St (corner of Quail), in Albany, at 5:30PM. Members are welcome to bring their own food & drink; there is a microwave available if anything needs heating. However, since there is no janitorial staff, please bring out whatever you bring in.

Our March meetings



Our next general membership meeting is **Wednesday, March 4 at 5:30 PM**. As noted above, we'll be at The Hub, headquarters for the Sheldons' various enterprises. It's a long building and you'll enter thru the white door in the middle. It's dinnertime, so feel free to bring something for yourself, but be prepared to clean up after yourself, too. There's a microwave available (along with a full commercial kitchen). [Note that 1st Street is one-way, from Ontario St down to Quail St]



Monday, March 16 at 7:30 PM is our on-line board meeting. Watch for the link.

Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, **or for any friends or family members who are willing to help us out**, contact Lion Jerry at 518-235-8232 or jerrygordon@juno.com for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account. **This project earned us \$177 last year, but with greater participation, it could be a lot more.**

Queen and the Leos



On March 13, Queen and the Leos will be celebrating her birthday by again providing food and personal-care items to the homeless and addicted of our community. The event will be in the old DMV parking lot across from the Capital City Rescue Mission.

Got Yarn? Or extra fleece fabric?

If you don't need it anymore, we will turn it into hats, mittens and scarves for the needy

Warm Woolen Wishes Project

Unites people with yarn or fabric so they can help us reach our goal of 500 items by the end of 2025.

This helps us help everyone. Someone stuck at home will have materials to make cozy items. We will have those items to give to the needy. Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at ALBANYTROYLIONS@GMAIL.COM or Lion Ruth Sano at 518-859-3796



Helping Hands



Creating Comfort





Bring a potential member to a meeting.

Happy Birthday!

Happy **March** birthday to these A&T Lions:

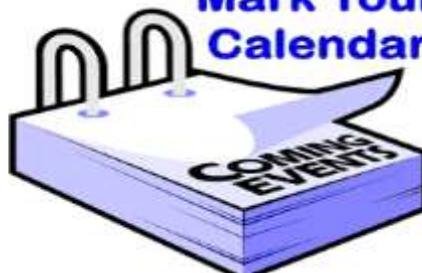
4th: Eric Thompson
 9th: Stefan Fosco
 13th: Queen Ghaffar-Adjei
 16th: Ruth Sano
 19th: Joann Beach Loveridge
 21st: Greg Sheldon



Happy Anniversary!

Happy Lions Anniversary to these **March** inductees:

Queen Ghaffar-Adjei: 3 years
 Dave Levine: 47 years



Mark Your Calendar

Wed, Mar 4: Lions meeting, see page 2

Sun, Mar 8: Turn your clock ahead one hour

Mon, Mar 16: Lions Board meeting, see page 2.

Tue, Mar 17: St Patrick;'s Day

Fri, Mar 20: First day of spring

For other events around the district, visit 20WLions.org

**Lion Eva Bass's Bridge Tha Gap
Chocolate Bunny Give-Away**

To register your children, go to
gforms.app/r/KgTBOF



CHOCOLATE BUNNY GIVE AWAY!

Pick Up:
MARCH 31ST - APRIL 3RD, 2026
★ 2PM - 8PM ★

Location:
1215 BROADWAY
ALBANY, NY 12204

SIGN UP NOW
SUPPLIES LIMITED!

Powered By:  In Partnership With: 
<https://gforms.app/r/KgTBQCF>

The poster features a central illustration of a chocolate bunny surrounded by colorful Easter eggs and a basket of eggs. The background is a bright, sunny sky with clouds and falling confetti.



ST. CATHERINE'S
CENTER FOR CHILDREN
PRESENTS

CASINO ROYALE

Thursday, May 28, 2026
5:30 PM
Franklin Plaza | Troy, NY

The poster features a background image of a roulette wheel and a roulette croupier in a red dress. The text is overlaid on the right side of the image.

Save the date! St Catherine's will be honoring Broadview Federal Credit Union, Northwestern Mutual's Alexander & Gina Tronco, and for the Albany & Troy Lions Club, Jerry & Maryanne Gordon, Queen Ghaffar-Adjei and Ruth Sano.